

St Albans Q											
Girls			u15 Girls			u17 Women					
u13 Girls			u15 Girls			u17 Women					
EVENT	Athlete		Performance	EVENT	Athlete		Performance	EVENT	Athlete		Performance
	No.	Name			No.	Name			No.	Name	
70mH	122	Ella Brown	17.7	75mH	102	Hannah Dark	13.8	80mH			
12.0/13.0				11.7/13.0	111	Ailsa McKie	14.1	12.0/13.0			
				100m	110	Ella Dean	15.6	100m			
100m	124	Alicia James	15.3	12.6/13.5				12.4/13.2			
13.2/14.5	136	Amy Hartnup	16.1	200m				200m			
	137	Allis Truscott	17.0	26.0/28.0				25.4/27.5			
	122	Ella Brown	16.0	300m	129	Megan Hobbs	47.4	300m			
					128	Alice Mulachy	46.9	415/45.0			
					130	Niamh Quinn	46.4	800m			
200m	135	Ellen Brookes	31.8					2.18/2.27			
27.6/31.0				800m	116	Naomi Baker	2:42.2	1500m			
800m	131	Isabelle Bicknell		2.19/2.30	111	Ailsa McKie	2:53.9	4.48/5.05			
2.29/2.50	142	Caitlin Eckley	2:44.2	1500m	132	Madeline Geers		High Jump			
	134	Sarah McCollough	3:03.4	4.50/5.10	109	Laura Wonnacott	5:56.7	1.62/1.52			
1500m	123	Jess Barnes	5:55.2		133	Isobel Garaghty	5:30.6	Long Jump			
5.09/5.50				High Jump				5.35/4.80			
HighJump				1.57/1.45				Pole Volt			
1.41/1.30				Long Jump	110	Ella Dean	3.51				
				5.15/4.60	118	Pippa Bailey	3.73	TripleJump			
Long Jump	131	Emily Hack		Pole Volt							
4.60/4.00	122	Ella Brown	3.37					Shot			
	134	Sarah McCollough	2.83	Shot				10.30/9.00			
	137	Allis Truscott	3.15	10.40/9.00				Discus			
				Discus				31.00/27.00			
Shot				29.00/23.00				Javelin			
8.65/6.50				Javelin				35.00/27.00			
Discus				31.00/23.00				Hammer			
22.00/18.00				Hammer							
Relay 56.0/58.0								Relay 50.00/53.00			
				Relay 51.5/54.0							

