

# Apex Sports Chiltern League Mob Match 2011/2012 Round 3

Held at St. Albans (Verulam Park) on 03 December 2011

## Senior/Junior/Veteran Men

1	D. WOODGATE (LUTON)	30.35	M	1	99	S. LONG (TRING)	37.57	M40	20	199	S. BUCKINGHAM (WATFORD)	42.22	M20	25
2	M. BERGIN (BEDFORD & C)	31.16	M20	1	100	G. WEST (ST. ALBANS STR)	38.16	M40	21	200	S. DEARMAN (WATFORD)	42.23	M40	60
3	T. COMERFORD (MILTON K)	31.20	M	2	101	O. BYRNE (BEARBROOK)	38.18	M40	22	201	C. DIMMOCK (LEIGHTON B)	42.24	M40	61
4	D. BELLINGER (OXFORD)	31.46	M	3	102	E. THUNN (MILTON K)	38.19	M	53	202	I. MARKWELL (STAL)	42.28	M40	62
5	J. PARSLOW (DACORUM)	31.50	M	4	103	S. DORN (OXFORD)	38.20	M50	6	203	A. GLEESON (OXFORD)	42.30	M40	63
6	S. TUTTLE (MILTON K)	31.52	M	5	104	A. WHELAN (TRING)	38.25	M40	23	204	R. FREEMAN (LEIGHTON B)	42.37	M	86
7	M. SALT (DACORUM)	32.10	M20	2	105	K. HEBLOU (SILSON)	38.27	M40	24	205	S. JAMES (MILTON K)	42.40	M40	64
8	J. DRINKWATER (BED)	32.16	M	6	106	T. INCHLEY (LEIGHTON B)	38.27	M	54	206	I. LICHIETIS (MILTON K)	42.47	M50	27
9	D. NEVINS (HARROW)	32.25	M	7	107	J. GRIFFITHS (HEADINGTON)	38.28	M50	7	207	C. WILLIAMS (LEIGHTON B)	42.50	M	87
10	C. LAMBERT (MILTON K)	32.30	M20	3	108	F. HARPER (ST. ALBANS) N/S	38.30	M20	1	208	S. NEWING (GADE VALLEY)	42.52	M	88
11	J. COOPER (HARROW)	32.30	M	8	109	J. SKELTON (MILTON K)	38.31	M60	1	209	A. NORTON (GADE VALLEY)	43.01	M40	65
12	S. BROOKES (LHTH) N/S	32.31	M	1	110	D. TAYLOR (SILSON)	38.32	M	55	210	G. LINNELL (SILSON)	43.03	M50	28
13	W. LANGLEY (WYCOMBE)	32.32	M	9	111	M. BLACKWELL (BEDFORD & C)	38.33	M40	25	211	G. STRATFORD (LEIGHTON B)	43.05	M40	66
14	F. DOWNS (CHILTERN H.)	32.33	M	10	112	L. MURPHY (LUTON)	38.34	M	56	212	B. HENDRIE (BANBURY)	43.16	M60	5
15	A. CRACKNELL (DACORUM)	32.39	M	11	113	A. COX (MILTON K)	38.35	M40	26	213	N. WASHINGTON (MILTON K)	43.20	M	89
16	K. AL-ABAIDY (WINDSOR)	33.03	M20	4	114	B. GILBERT (HANDY CROSS)	38.40	M	57	214	F. HANSEN (MILTON K)	43.24	M40	67
17	P. ADAMS (ST. ALBANS STR)	33.04	M	12	115	S. WILSON (BEARBROOK)	38.50	M	58	215	M. HERD (HEADINGTON)	43.26	M40	68
18	P. NORRIS (HARROW)	33.05	M	13	116	M. TURNAY (CHILTERN H.)	38.53	M40	27	216	I. HIGGINSON (BEARBROOK)	43.36	M40	69
19	A. GOODALL (WINDSOR)	33.08	M20	5	117	C. BRIMACOMBE (GADE)	39.02	M	59	217	P. MASON (MILTON K)	43.38	M50	29
20	C. HILTON (STEVENAGE)	33.10	M20	6	118	J. BLACK (BEDFORD & C)	39.06	M40	28	218	P. CAIRNIE (BEARBROOK)	43.43	M40	70
21	C. DILLTAR (HEADINGTON)	33.12	M40	1	119	Z. MCDONOUGH (WATFORD)	39.07	M	60	219	R. TODD (ST. ALBANS STR)	43.57	M40	71
22	S. MILLETT (WINDSOR)	33.17	M	14	120	M. FIELD (LEIGHTON B)	39.10	M40	29	220	S. HASSALL (BEARBROOK)	43.59	M40	72
23	C. MAY (AYLESBURY)	33.23	M	15	121	R. GRANT (OXFORD)	39.12	M50	8	221	J. SMITH (TRING)	44.03	M	90
24	S. COOMBES (LB) N/S	33.28	M	1	122	A. WRAY (HARROW)	39.19	M40	30	222	R. DERRICK (STAL)	44.04	M50	30
25	M. ROBINSON (HEADINGTON)	33.30	M	16	123	R. TREADWELL (OXFORD)	39.22	M60	2	223	P. KING (SILSON)	44.05	M	91
26	A. MCMULKIN (LUTON)	33.35	M	17	124	M. WOOTTON (SILSON)	39.24	M	61	224	M. CHILDS (MILTON K)	44.06	M40	73
27	D. HAMBLYN (AYLESBURY)	33.44	M40	2	125	T. NORTH (GADE VALLEY)	39.24	M40	31	225	J. PEEERLESS (HANDY CROSS)	44.08	M50	31
28	J. HUMPHREYS (RADLEY)	33.51	M20	7	126	A. ROBERTS (CHILTERN H.)	39.27	M40	32	226	S. HILLS (TEAM BALANCISE)	44.16	M40	74
29	B. CORFIELD (LEIGHTON B)	33.55	M	18	127	R. SLATER (THAME)	39.30	M	62	227	M. HOLLIS (HANDY CROSS)	44.24	M60	6
30	E. BLAKE (ST. ALBANS STR)	33.58	M	19	128	J. ROBERTS (GADE VALLEY)	39.31	M	63	228	J. RYAN (MILTON K)	44.27	M50	32
31	C. EMMERSON (BEDFORD & C)	34.02	M20	8	129	J. FAWCETT (CHILTERN H.)	39.32	M	64	229	P. ILLING (WATFORD)	44.35	M40	75
32	R. LARSEN (BRACKNELL)	34.10	M	20	130	S. CRAGGS (WATFORD)	39.34	M	65	230	R. CALCUTT (THAME)	44.37	M40	76
33	J. SCOTT (ST. ALBANS STR)	34.12	M	21	131	D. PARSONS (OXFORD)	39.39	M60	3	231	S. SHAW (DACORUM)	44.38	M40	77
34	J. CRITCHLOW (HARROW)	34.19	M50	1	132	P. SPICER (STEVENAGE)	39.42	M20	23	232	N. CROWTHER (GADE VALLEY)	44.40	M	92
35	S. GREEN (MILTON K)	34.23	M	22	133	R. PALMER (BEARBROOK)	39.45	M	66	233	D. RANDALL (WYCOMBE)	44.41	M40	78
36	F. FULCHER (HANDY CROSS)	34.29	M40	3	134	A. ROBERTS (AYLESBURY)	39.56	M40	33	234	S. WEBSTER (STAL)	44.47	M	93
37	A. TURNBULL (BEDFORD & C)	34.31	M40	4	135	P. MCDERMOTT (STAL)	40.03	M40	34	235	R. DAVIES (Q.P.H.)	44.49	M40	79
38	P. LASTRAS (STAL)	34.33	M	23	136	M. ERASMUS (MILTON K)	40.04	M40	35	236	A. PARRY (THAME)	44.59	M40	80
39	T. WRIGHT (BANBURY)	34.38	M	24	137	N. TAYLOR (CHILTERN H.)	40.05	M	67	237	P. EAMES (STEVENAGE)	45.07	M50	33
40	S. STILL (LUTON)	34.41	M40	5	138	A. DELNEVO (DACORUM)	40.06	M40	36	238	K. SAIDI (GADE VALLEY)	45.14	M40	81
41	S. EARLEY (BEDFORD & C)	34.44	M40	6	139	S. NORTH (WYCOMBE)	40.07	M50	9	239	P. CANNING (MILTON K)	45.17	M40	82
42	D. GURTON (AYLESBURY)	34.48	M20	9	140	D. BREINGAN (CHILTERN H.)	40.09	M40	37	240	S. FIELD (CHILTERN H.)	45.23	M60	7
43	B. KENNARD (LUTON)	34.49	M20	10	141	A. CAMPBELL (STAL)	40.15	M40	38	241	A. HALL (TEAM BALANCISE)	45.24	M	94
44	O. SAVILLE (LUTON)	34.50	M	25	142	I. NEEDLEMAN (DACORUM)	40.16	M50	10	242	B. LAYTON (TRING)	45.25	M60	8
45	R. YEATES (BEARBROOK)	34.51	M	26	143	D. MCCLAUGHLIN (Q.P.H.)	40.16	M40	39	243	M. DONOVAN (STAL)	45.26	M50	34
46	M. NICHOLSON (BEDFORD & C)	34.52	M20	11	144	M. HAMILTON (TBAL)	40.17	M40	40	244	T. BARNES (SILSON)	45.30	M50	35
47	S. HERRING (MILTON K)	34.53	M40	7	145	S. RATCLIFFE (MK) N/S	40.18	M	40	245	T. ROBERTS (BEDFORD & C)	45.41	M	95
48	R. TAYLOR (AYLESBURY)	34.54	M	27	146	R. GRAHAM-WATSON (WINDSOR)	40.22	M	68	246	P. KEANE (LUTON)	45.49	M40	83
49	C. SMART (WINDSOR)	35.03	M	28	147	D. VANNEN (WATFORD)	40.23	M40	41	247	D. STRINGFELLOW (WHH)	45.58	M50	36
50	E. O'GORMAN (CHILTERN H.)	35.08	M	29	148	M. BURLING (MILTON K)	40.29	M50	11	248	D. FINDELL-HAWKINS (MK)	46.09	M60	9
51	A. MOURDIAN (BRACKNELL)	35.08	M	30	149	M. ORTON (WATFORD)	40.30	M50	12	249	F. WATT (LEIGHTON B)	46.10	M60	10
52	I. GRIMSHAW (LEIGHTON B)	35.10	M	31	150	J. POWELL (BEARBROOK)	40.31	M	69	250	R. HARDY (LUTON)	46.17	M50	37
53	T. WRIGHT (HEADINGTON)	35.11	M	32	151	R. HUDSON (LUTON)	40.32	M40	42	251	A. MASKELL (THAME)	46.20	M	96
54	A. PACEY (SILSON)	35.12	M40	8	152	J. RUDGE (BEARBROOK)	40.34	M	70	252	B. THOMPSON (BEDFORD & C)	46.24	M60	11
55	G. WOOLLETT (GADE VALLEY)	35.14	M40	9	153	H. EDWARDS-EVANS (AY)	40.34	M40	43	253	M. FOLKARD (CHILTERN H.)	46.32	M50	38
56	J. COUSINS (WYCOMBE)	35.18	M	33	154	W. ROSE (LEIGHTON B)	40.42	M	71	254	J. MILLER (MILTON K)	46.41	M60	12
57	A. BYERLEY (THAME)	35.20	M40	10	155	I. PHEASEY (MILTON K)	40.45	M	72	255	R. DAVIES (SILSON)	46.46	M	97
58	S. TAVERNER (HEADINGTON)	35.22	M50	2	156	J. COOMBS (MAIDENHEAD)	40.48	M	73	256	P. DANCER (BEDFORD & C)	46.52	M60	13
59	D. MOSELEY (OXFORD) N/S	35.27	M20	1	157	A. MURPHY (BIGGLESWADE)	40.54	M20	24	257	D. GIBSON (TEAM BALANCISE)	46.55	M40	84
60	D. WEBBER (MILTON K)	35.28	M	34	158	A. ANGUS (Q.P.H.)	40.56	M50	13	258	W. WESSELY (WINDSOR)	46.56	M60	14
61	T. ATKINS (AYLESBURY)	35.31	M20	12	159	P. ALLAN (TRING)	41.02	M40	44	259	G. SMITH (BANBURY)	46.57	M60	15
62	T. CHISNALL (WYCOMBE)	35.34	M	35	160	S. POULTON (STEVENAGE)	41.06	M	74	260	A. ALLEN (DACORUM)	46.57	M60	16
63	J. TIDD (WINDSOR)	35.36	M20	13	161	B. HAWES (GADE VALLEY)	41.08	M40	45	261	J. ROOSE (WATFORD)	47.23	M40	85
64	J. DRY (WINDSOR)	35.38	M20	14	162	J. HURLEY (LEIGHTON B)	41.09	M50	14	262	A. BENJAMIN (HANDY CROSS)	47.30	M50	39
65	A. ROLT (AYLESBURY)	35.40	M40	11	163	R. ANSELL (TRING)	41.09	M50	15	263	S. HALL (CHILTERN H.)	48.10	M40	86
66	F. CAMPBELL (HEADINGTON)	35.42	M40	12	164	S. BARTLETT (TBAL)	41.12	M40	46	264	A. BISHOP (GADE VALLEY)	48.25	M	98
67	NO. 131 (WINDSOR)	35.50	M	36	165	P. DINEEN (HANDY CROSS)	41.15	M40	47	265	C. FALLAIZE (AYLESBURY)	48.27	M50	40
68	G. EDWARDS (LUTON)	35.55	M40	13	166	H. HARTMANN (AYLESBURY)	41.18	M	75	266	A. NEWING (GADE VALLEY)	48.45	M40	87
69	R. BURLING (MILTON K)	36.02	M20	15	167	P. WESTROPE (BEDFORD & C)	41.24	M40	48	267	A. BARTLETT (BANBURY)	48.49	M50	41
70	D. MAISEY (AYLESBURY)	36.05	M40	14	168	D. WALKER (WATFORD)	41.24	M50	16	268	M. MURPHY (BIGGLESWADE)	48.50	M	99
71	J. STRANGE (BEDFORD & C)	36.15	M20	16	169	L. HURMAN (HEADINGTON)	41.25	M50	17	269	M. ALLEN (CHILTERN H.)	49.15	M50	42
72	M. CASTLETON (WATFORD)	36.18	M	37	170	F. NOLAN (Q.P.H.)	41.27	M50	18	270	P. HEARN (BEARBROOK)	49.30	M40	88
73	R. FRANCIS (HARROW)	36.18	M50	3	171	D. BRUMBY (MILTON K)	41.28	M	76	271	P. BROOKS (LUTON)	49.35	M40	89
74	G. O'CALLAGHAN (TRING)	36.20	M	38	172	M. TUDOR (CHILTERN H.)	41.30	M40	49	272	J. COOPER (DACORUM)	49.37	M60	17
75	R. SKILBECK (HEADINGTON)	36.22	M	39	173	K. SMITH (MILTON K)	41.32	M60	4	273	J. ADAMS (SILSON)	49.39	M50	43
76	C. WOOD (SILSON)	36.28	M	40	174	R. BENTLEY (STAL)	41.33	M40	50	274	P. COOK (GADE VALLEY)	49.43	M60	18
77	A. METCALFE (BEDFORD & C)	36.31	M	41	175	M. REIDY (WATFORD)	41.34	M	77	275	S. YOUNG (MAIDENHEAD)	49.50	M40	90
78	O. GLYN (DACORUM)	36.46	M20	17	176	M. FALLAIZE (AYLESBURY)	41.36	M	78	276	S. GRAHAM (THAME)	49.58	M60	19
79	M. JUBB (ST. ALBANS STR)	36.52	M40	15	177	M. EMMETT (THAME)	41.38	M40	51	277	P. HIGGINS (STAL)	50.05	M50	44
80	A. HOLLIMAN (HARROW)	36.55	M20	18	178	C. HOBBS (THAME)	41.38	M40	52	278	D. SAWYER (TRING)	50.17	M40	91
81	S. DEATHE (MILTON K)	36.55	M20	19	179	NO. 679 (WYCOMBE)	41.38	M	79	279	J. GULLIVER (THAME)	50.23	M40	92
82	R. MACKENZIE (MILTON K)	36.58	M	42	180	M. LEMON (BEARBROOK)	41.38	M40	53	280	T. MOLESWORTH (CHIL)	50.23	M60	20
83	A. BLAIR (BEDFORD & C)	37.00	M40	16	181	A. KIRK (SILSON)	41.40	M	80	A. COLLIER (METROS) N/S	50.29	M40	1	
84	T. CROUCH (ST. ALBANS STR)	37.02	M	43	182	J. BROOM (GADE VALLEY)	41.44	M40	54	281	D. WALKER (DACORUM)	50.40	M60	21
85	A. PHELPS (HEADINGTON)	37.03	M40	17	183	R. INCHLEY (LEIGHTON B)	41.46	M	81	282	G. GILFEDDER (WYCOMBE)	50.41	M40	93
86	R. COLES (GADE VALLEY)	37.06	M	44	184	A. DARBYSHIRE (HEADINGTON)	41.46	M40	55	283	T. BRAWN (CHILTERN H.)	50.53	M60	22
87	C. NICHOLSON (MILTON K)	37.11	M	45	185	P. RUTLEY (WATFORD)	41.47	M	82	284	M. HICKMAN (HANDY CROSS)	51.07	M60	23
88	A. BOWLLER (CHILTERN H.)	37.16	M	46	186	D. PRESTON (BEARBROOK)	41.47	M40	56	285	T. BYRNE (MILTON K)	51.12	M50	45
89	T. O'DOWD (HARROW)	37.19												

**TEAM RESULT** non scorers excluded

1	MARSHALL MILTON KEYNES	2102	3	6	10	33	45	57	66	78
2	BEDFORD & COUNTY	2101	2	8	29	35	39	44	68	74
3	WINDSOR SE&H	2073	15	18	21	41	47	60	61	64
4	HARROW A.C.	2011	9	11	17	32	70	77	86	87
5	ST. ALBANS STRIDERS	1949	16	28	31	36	76	81	90	93
6	VALE OF AYLESBURY	1947	22	25	40	46	58	62	67	133
7	HEADINGTON R.R.	1926	20	23	51	56	63	72	82	107
8	LUTON A.C.	1785	1	24	38	42	65	111	149	185
9	CHILTERN HARRIERS	1611	13	48	85	115	125	128	136	139
10	SILSON JOGGERS	1572	52	73	92	95	105	109	123	179
11	DACORUM & TRING	1530	5	7	14	75	137	141	231	260
12	LEIGHTON BUZZARD	1509	27	50	96	106	119	152	160	181
13	WATFORD	1364	69	89	118	129	145	147	166	173
14	WYCOMBE PHOENIX	1357	12	54	59	88	138	177	233	282
15	GADE VALLEY	1350	53	83	116	124	127	159	180	208
16	BEARBROOK JOGGERS	1350	43	101	114	132	148	150	178	184
17	TRING RUNNING CLUB	1301	71	94	99	104	157	161	192	221
18	OXFORD CITY	1129	4	103	120	122	130	203	289	
19	HANDY CROSS	899	34	113	163	193	225	227	262	284
20	THAME RUNNERS	875	55	126	175	176	230	236	251	276
21	TEAM BALANCISE	673	98	143	162	226	241	257		
22	STEVENAGE & NH	667	19	131	158	237	288			
23	BRACKNELL	521	30	49						
24	QUEENS PARK H.	499	142	156	168	235				
25	BANBURY	425	37	212	259	267				
26	RADLEY A.C.	274	26							
27	BIGGLESWADE	177	155	268						
28	MAIDENHEAD	171	154	275						
29	PURPLE PATCH RUNNERS	109	191							
30	WHITE HORSE	53	247							

**Veteran Mens Race**

1	HEADINGTON R.R.	979	20	56	63	82				
2	BEDFORD & COUNTY	936	35	39	80	110				
3	VALE OF AYLESBURY	913	25	62	67	133				
4	ST. ALBANS STRIDERS	800	76	90	100	134				
5	MARSHALL MILTON KEYNES	800	45	108	112	135				
6	HARROW A.C.	791	32	70	121	186				
7	LUTON A.C.	763	38	65	149	185				
8	TRING RUNNING CLUB	746	94	99	104	157				
9	OXFORD CITY	725	103	120	122	130				
10	GADE VALLEY	684	53	124	159	180				
11	WATFORD	653	89	145	147	166				
12	CHILTERN HARRIERS	651	115	125	139	170				
13	SILSON JOGGERS	636	52	105	197	210				
14	HANDY CROSS	585	34	163	193	225				

15	TEAM BALANCISE	571	98	143	162	226				
16	THAME RUNNERS	564	55	175	176	230				
17	BEARBROOK JOGGERS	548	101	178	184	189				
18	LEIGHTON BUZZARD	509	119	160	201	211				
19	QUEENS PARK H.	499	142	156	168	235				
20	DACORUM & TRING	431	137	141	231	260				
21	WYCOMBE PHOENIX	247	138	233	282					
22	BANBURY	162	212	259	267					
23	PURPLE PATCH RUNNERS	109	191							
24	STEVENAGE & NH	63	237							
25	WHITE HORSE	53	247							
26	WINDSOR SE&H	42	258							
27	MAIDENHEAD	25	275							

**Junior Men**

1	WINDSOR SE&H	826	15	18	41					
2	BEDFORD & COUNTY	825	2	29	44					
3	MARSHALL MILTON KEYNES	746	10	66	78					
4	HARROW A.C.	650	77	86	87					
5	DACORUM & TRING	518	7	75						

6	VALE OF AYLESBURY	502	40	58						
7	STEVENAGE & NH	462	19	131	288					
8	RADLEY A.C.	274	26							
9	BIGGLESWADE	145	155							
10	WATFORD	101	199							

**Under 17 Men**

1	S. HALSTEAD (BRACKNELL)	20.48	M17	1						
	L. DEE (HERTS P) N/S	21.03	M17							
2	J. MCMURRAY (ST. ALBANS)	21.12	M17	2						
3	M. AXE (WYCOMBE)	21.36	M17	3						
4	B. ROCHFORD (WATFORD)	21.38	M17	4						
5	J. ROWE (WINDSOR)	21.50	M17	5						
6	M. SEDDON (BRACKNELL)	21.58	M17	6						
7	K. WYE (WINDSOR)	22.01	M17	7						
8	P. TAYLOR (AYLESBURY)	22.03	M17	8						
9	J. CHAPMAN (WINDSOR)	22.06	M17	9						
10	G. GILLINGWATER (CHIL)	22.20	M17	10						
11	J. DAVIS (AYLESBURY)	22.28	M17	11						
12	C. HEWITT (RADLEY)	22.39	M17	12						
13	M. GODDARD (CHILTERN H.)	22.42	M17	13						
14	J. DOUGLAS (BEDFORD & C)	22.48	M17	14						
15	R. MALIK (HARROW)	22.50	M17	15						
16	B. WHITNEY (CHILTERN H.)	22.53	M17	16						
17	G. LANGSTON (AYLESBURY)	22.58	M17	17						

18	M. BRAY (BEDFORD & C)	23.05	M17	18						
19	B. JAMES (MILTON K)	23.09	M17	19						
20	A. VESSEY (ABINGDON)	23.17	M17	20						
21	S. KNEE-ROBINSON (BED)	23.20	M17	21						
22	K. GILFEDDER (WYCOMBE)	23.26	M17	22						
23	J. RAINIER (WINDSOR)	23.31	M17	23						
24	M. SLIWINSKI (WYCOMBE)	23.32	M17	24						
25	G. WARD (LUTON)	23.37	M17	25						
26	J. COLLIER (HARROW)	23.40	M17	26						
27	J. WALKER (CHILTERN H.)	23.43	M17	27						
28	C. STRONG (CHILTERN H.)	23.44	M17	28						
29	G. BAYNHAM (WINDSOR)	23.47	M17	29						
30	B. MEAD (LEIGHTON B)	23.48	M17	30						
31	J. TACK (OXFORD)	23.54	M17	31						
32	J. BENEDICTER (BED)	23.56	M17	32						
33	O. POULAIN (ST. ALBANS)	24.01	M17	33						
34	J. DAVIES (CHILTERN H.)	24.04	M17	34						
35	B. FOULGER (LEIGHTON B)	24.05	M17	35						

36	R. LEWIS (LUTON)	24.05	M17	36						
37	L. McDONALD (CHILTERN H.)	24.11	M17	37						
38	J. OLJENIK (SILSON)	24.42	M17	38						
39	J. ROBERTS (WYCOMBE)	24.47	M17	39						
40	R. HALL (WINDSOR)	24.59	M17	40						
41	G. SMITH (HARROW)	25.02	M17	41						
42	E. BOU-GHARIOS (CHIL)	25.03	M17	42						
43	S. COX (MILTON K)	25.15	M17	43						
44	L. BARTHOLOMEW (BRACKNELL)	25.24	M17	44						
45	R. ALLAN (ST. ALBANS)	25.30	M17	45						
46	L. DORMAN (BANBURY)	25.31	M17	46						
47	T. COX (MILTON K)	25.40	M17	47						
48	P. D'ATH (STEVENAGE)	25.52	M17	48						
49	L. HEAD (DACORUM)	26.11	M17	49						
50	J. QUORELL (DACORUM)	26.27	M17	50						
51	T. HUDSON (LUTON)	26.55	M17	51						
52	J. SIMPSON (ST. ALBANS)	27.33	M17	52						
53	J. FRANCIS (HARROW)	29.48	M17	53						

**TEAM RESULT** non scorers excluded

1	WINDSOR SE&H	141	5	7	9					
2	VALE OF AYLESBURY	126	8	11	17					
3	CHILTERN HARRIERS	123	10	13	16					
4	WYCOMBE PHOENIX	113	3	22	24					
5	BRACKNELL	111	1	6	44					
6	BEDFORD & COUNTY	109	14	18	21					
7	ST. ALBANS A.C.	82	2	33	45					
8	HARROW A.C.	80	15	26	41					
9	MARSHALL MILTON KEYNES	53	19	43	47					
10	WATFORD	50	4							

11	LUTON A.C.	50	25	36	51					
12	LEIGHTON BUZZARD	43	30	35						
13	RADLEY A.C.	42	12							
14	ABINGDON AMBLERS	34	20							
15	OXFORD CITY	23	31							
16	SILSON JOGGERS	16	38							
17	DACORUM & TRING	9	49	50						
18	BANBURY	8	46							
19	STEVENAGE & NH	6	48							

**Under 15 Boys**

1	J. BARRACLOUGH (BED)	15.39	M15	1						
2	J. MCCARTHY (CHILTERN H.)	15.46	M15	2						
3	C. VON EITZEN (RADLEY)	15.50	M15	3						
4	J. JAMES (BEDFORD & C)	15.56	M15	4						
5	D. RIDINGTON (BRACKNELL)	16.07	M15	5						
6	B. HUGHES (CHILTERN H.)	16.24	M15	6						
7	T. VERBENA (WATFORD)	16.25	M15	7						
8	H. O'BRIEN (WATFORD)	16.29	M15	8						
9	K. HAMMOND (HARROW)	16.38	M15	9						
10	B. LAWRENCE (WYCOMBE)	16.41	M15	10						
11	K. LINDARS (AYLESBURY)	16.47	M15	11						
12	L. CLARKE (MILTON K)	16.51	M15	12						
13	S. BUTCHER (CHILTERN H.)	16.54	M15	13						
14	J. DOWN (ST. ALBANS)	17.03	M15	14						
15	J. THOMAS (BIGGLESWADE)	17.06	M15	15						
16	S. CHERRY (LUTON)	17.08	M15	16						
17	F. JENKINS (BEDFORD & C)	17.15	M15</							

**TEAM RESULT**

1	CHILTERN HARRIERS	168	2	6	13
2	BEDFORD & COUNTY	167	1	4	17
3	WATFORD	140	7	8	34
4	BRACKNELL	131	5	20	33
5	HARROW A.C.	114	9	30	36
6	MARSHALL MILTON KEYNES	111	12	25	41
7	BIGGLESWADE	95	15	26	53
8	ST. ALBANS A.C.	90	14	22	
9	LEIGHTON BUZZARD	84	21	40	44
10	VALE OF AYLESBURY	80	11	35	

11	WINDSOR SE&H	77	32	37	43
12	WYCOMBE PHOENIX	76	10	48	55
13	STEVENAGE & NH	75	28	29	57
14	LUTON A.C.	73	16	49	51
15	DACORUM & TRING	63	19	47	60
16	RADLEY A.C.	60	3		
17	QUEENS PARK H.	45	18		
18	SILSON JOGGERS	13	50		
19	MAIDENHEAD	7	56		

**Under 13 Boys**

1	A. YABSLEY (MILTON K)	9.54	M13	1
2	D. MURPHY (MILTON K)	10.04	M13	2
3	W. MULLINS (BEDFORD & C)	10.06	M13	3
4	A. DENISON-SMITH (CHIL)	10.07	M13	4
5	S. BARTON (BIGGLESWADE)	10.16	M13	5
6	T. CONWAY (CHILTERN H.)	10.18	M13	6
7	A. TREMLETT (HARROW)	10.20	M13	7
8	S. NICHOLAS (LEIGHTON B)	10.21	M13	8
9	T. FITCH (WINDSOR)	10.22	M13	9
10	M. O'NEILL (WINDSOR)	10.27	M13	10
11	N. BANGS (LUTON)	10.27	M13	11
12	H. KANE (AYLESBURY)	10.30	M13	12
13	I. WRIGHT (BEDFORD & C)	10.32	M13	13
14	T. KONTOS (CHILTERN H.)	10.33	M13	14
15	A. WILMSHURST (ST. ALBANS)	10.38	M13	15
16	B. CLARKE (ST. ALBANS)	10.43	M13	16
17	C. BEAZLEY-CLARKE (MK)	10.48	M13	17
18	T. SWINDLEHURST (AY)	10.51	M13	18
19	C. MULLINS (BEDFORD & C)	10.53	M13	19
20	D. PEACHEY (BEDFORD & C)	10.54	M13	20
21	F. AYRE (BEDFORD & C)	10.55	M13	21
22	C. STEER (CHILTERN H.)	11.01	M13	22
23	D. WEATHERS (WYCOMBE)	11.02	M13	23

24	A. MASON (STEVENAGE)	11.03	M13	24
25	R. JAMES (ST. ALBANS)	11.04	M13	25
26	E. JENNINGS (MILTON K)	11.08	M13	26
27	J. MOSKZAL (WINDSOR)	11.08	M13	27
28	W. RALSTON (AYLESBURY)	11.08	M13	28
29	D. BOAKYE (LUTON)	11.09	M13	29
30	T. RAYNER (DACORUM)	11.13	M13	30
31	D. DUKE (STEVENAGE)	11.15	M13	31
32	J. TAYLOR (WYCOMBE)	11.18	M13	32
33	T. MADDOCK (WINDSOR)	11.21	M13	33
34	M. ANSELL (TRING)	11.21	M13	34
35	J. COHEN (HARROW)	11.23	M13	35
36	B. JOHAL (WATFORD)	11.25	M13	36
37	R. SLADE (CHILTERN H.)	11.25	M13	37
38	J. TRESHAM (MILTON K)	11.30	M13	38
39	A. SHAW (ST. ALBANS)	11.31	M13	39
40	D. LINDARS (AYLESBURY)	11.32	M13	40
41	B. MITCHELL (ST. ALBANS)	11.35	M13	41
42	F. LUM (MILTON K)	11.40	M13	42
43	J. ANDERSON (ST. ALBANS)	11.42	M13	43
44	J. DAVIES (WINDSOR)	11.44	M13	44
45	S. HOWELL (DACORUM)	11.46	M13	45
46	C. MCLEOD (WINDSOR)	11.51	M13	46
47	E. TATTERSALL (BRACKNELL)	11.52	M13	47

48	J. MILLS (LUTON)	11.52	M13	48
49	A. READ (BRACKNELL)	11.54	M13	49
50	D. JOHAL (WATFORD)	11.58	M13	50
51	W. BUTLER (DACORUM)	11.59	M13	51
52	O. DAYKIN (BEDFORD & C)	12.03	M13	52
53	P. CLAY (LEIGHTON B)	12.09	M13	53
54	J. ROGERS (AMPTHILL & F)	12.11	M13	54
55	C. STEVENS (CHILTERN H.)	12.19	M13	55
56	H. MEAD (LEIGHTON B)	12.25	M13	56
57	S. TAYLOR (WYCOMBE)	12.31	M13	57
58	D. VERBANA (WATFORD)	12.32	M13	58
59	O. TRUDGILL (BIGGLESWADE)	12.36	M13	59
60	A. ROSE-SENIOR (HARROW)	12.42	M13	60
61	H. THOMAS (ST. ALBANS)	12.56	M13	61
62	L. JENKINS (LUTON)	13.18	M13	62
63	H. GOOKEY (LUTON)	13.19	M13	63
64	D. STANTON (BEDFORD & C)	13.19	M13	64
65	S. PHILPOTT (WYCOMBE)	13.46	M13	65
66	M. PROCTOR (AYLESBURY)	13.50	M13	66
67	B. HANSON (SILSON)	14.00	M13	67
68	O. DEARMAN (WATFORD)	14.04	M13	68
69	A. KOWLING (AMPTHILL & F)	14.09	M13	69
70	W. FRASER (SILSON)	14.11	M13	70

**TEAM RESULT**

1	MARSHALL MILTON KEYNES	193	1	2	17
2	CHILTERN HARRIERS	189	4	6	14
3	BEDFORD & COUNTY	178	3	13	19
4	WINDSOR SE&H	167	9	10	27
5	ST. ALBANS A.C.	157	15	16	25
6	VALE OF AYLESBURY	155	12	18	28
7	LUTON A.C.	125	11	29	48
8	HARROW A.C.	111	7	35	60
9	WYCOMBE PHOENIX	101	23	32	57

10	LEIGHTON BUZZARD	96	8	53	56
11	STEVENAGE & NH	87	24	31	
12	DACORUM & TRING	87	30	45	51
13	BIGGLESWADE	78	5	59	
14	WATFORD	69	36	50	58
15	BRACKNELL	46	47	49	
16	TRING RUNNING CLUB	37	34		
17	AMPTHILL & FLITWICK	19	54	69	
18	SILSON JOGGERS	5	67	70	

**Under 11 Boys**

1	S. HUDSON (BRACKNELL)	5.01	M11	1
2	D. BROOKLING (WINDSOR)	5.08	M11	2
3	P. PHILLIPS (WYCOMBE)	5.10	M11	3
4	C. HODSON (CHILTERN H.)	5.11	M11	4
5	C. REID (CHILTERN H.)	5.12	M11	5
6	E. KIDD (CHILTERN H.)	5.13	M11	6
7	B. SMITH (CHILTERN H.)	5.13	M11	7
8	T. PATRICK (ST. ALBANS)	5.18	M11	8
9	O. WATHEN (BIGGLESWADE)	5.23	M11	9
10	C. WALSH (ST. ALBANS)	5.24	M11	10
11	O. DAVIES (BEDFORD & C)	5.24	M11	11
12	M. MARONEY (LUTON)	5.25	M11	12
13	F. STEWART (BRACKNELL)	5.27	M11	13
14	J. GLYN (DACORUM)	5.28	M11	14
15	F. DAVIS (CHILTERN H.)	5.28	M11	15
16	B. ILINDARS (AYLESBURY)	5.30	M11	16

17	N. WILTSHIRE (ABINGDON)	5.31	M11	17
18	M. DAINES (WINDSOR)	5.34	M11	18
19	J. STYLES (WYCOMBE)	5.35	M11	19
20	O. POWELL (CHILTERN H.)	5.36	M11	20
21	H. BRANDON (CHILTERN H.)	5.36	M11	21
22	L. BUNN (HARROW)	5.36	M11	22
23	R. DENSON (CHILTERN H.)	5.37	M11	23
	O. DAVIS (ST. ALBANS) N/S	5.38	M11	
24	D. MCDUGALL (WYCOMBE)	5.39	M11	24
25	P. EVERISS (CHILTERN H.)	5.42	M11	25
26	L. JONES (ST. ALBANS)	5.46	M11	26
27	F. VINE (CHILTERN H.)	5.48	M11	27
28	A. ROWLANDS (HARROW)	5.49	M11	28
29	B. HOWELL (DACORUM)	5.51	M11	29
30	O. JACKSON (CHILTERN H.)	5.51	M11	30
31	M. PERRY (AYLESBURY)	5.53	M11	31
32	A. DUNN-LOWES (HARROW)	5.55	M11	32

33	T. HALL (CHILTERN H.)	5.55	M11	33
34	B. ROSE-SENIOR (HARROW)	6.01	M11	34
35	A. BOYD (CHILTERN H.)	6.02	M11	35
36	E. WATSON (CHILTERN H.)	6.04	M11	36
37	R. DUNN-LOWES (HARROW)	6.11	M11	37
38	K. CURRAN (DACORUM)	6.14	M11	38
39	R. O'GOAN (HARROW)	6.26	M11	39
40	K. EVERISS (CHILTERN H.)	6.28	M11	40
41	C. CLARK (WATFORD)	6.29	M11	41
42	A. MIAH AMAMI (LUTON)	6.30	M11	42
43	T. BARRY (HARROW)	6.34	M11	43
44	R. GULLIVER (THAME)	6.35	M11	44
45	H. REYNER (DACORUM)	6.36	M11	45
46	J. MITCHELL (LUTON)	6.37	M11	46
47	J. BYERLEY (THAME)	6.40	M11	47
48	B. DOUGLAS (BEDFORD & C)	6.45	M11	48
49	NO. 460 (MAIDENHEAD)	9.09	M11	49

**TEAM RESULT non scorers excluded**

1	CHILTERN HARRIERS	135	4	5	6
2	ST. ALBANS A.C.	106	8	10	26
3	WYCOMBE PHOENIX	104	3	19	24
4	BRACKNELL	86	1	13	24
5	WINDSOR SE&H	80	2	18	28
6	DACORUM & TRING	69	14	29	38
7	HARROW A.C.	68	22	28	32
8	VALE OF AYLESBURY	53	16	31	
9	LUTON A.C.	50	12	42	46
10	BIGGLESWADE	41	9		
11	BEDFORD & COUNTY	41	11	48	
12	ABINGDON AMBLERS	33	17		
13	WATFORD	9	41		
14	THAME RUNNERS	9	44	47	
15	MAIDENHEAD	1	49		

**DIVISION RESULT**

1	CHILTERN HARRIERS	436	142	159	135
2	BRACKNELL	324	135	103	86
3	WINDSOR SE&H	301	98	123	80
4	LUTON A.C.	286	90	146	50
5	WYCOMBE PHOENIX	265	72	89	104
6	ST. ALBANS A.C.	257	67	84	106
7	DACORUM & TRING	240	88	83	69
8	HARROW A.C.	224	87	69	68
9	VALE OF AYLESBURY	167	37	77	53
10	BEDFORD & COUNTY	120	45	34	41
11	BIGGLESWADE	118	38	39	41
12	ABINGDON AMBLERS	116	34	49	33
13	STEVENAGE & NH	94	59	35	
14	WATFORD	66	14	43	9
15	MARSHALL MILTON KEYNES	54		54	
16	OXFORD CITY	41		41	
17	THAME RUNNERS	38	9	20	9
18	MAIDENHEAD	1			1
19	AMPTHILL & FLITWICK	1		1	

**Senior/Veteran Ladies**

1	C. BOOSEY (AYLESBURY)	23.40	F	1
2	L. ROGERS (WYCOMBE)	24.09	F	2
3	D. BARNES (WINDSOR)	24.20	F	3
4	R. NEWSTEAD (BEDFORD & C)	24.25	F	4
	E. MOSS (WOODFORD) N/S	24.36	F	
5	L. BROMLOW (MILTON K)	24.45	F	5
6	S. THOMAS (CHILTERN H.)	25.08	F	6
7	E. ANTCLIFFE (HARROW)	25.16	F	7
8	C. MCMAHON (LUTON)	25.28	F	8
9	D. STEER (ST. ALBANS STR)	25.29	F45	1
10	C. LATHWELL (LUTON)	25.36	F35	1
11	M. STEDMAN (WINDSOR)	25.48	F45	2
12	E. ROCHE (MILTON K)	25.52	F	9
13	J. AUSTIN (AYLESBURY)	25.57	F45	3
14	C. HARRIS (HEADINGTON)	26.00	F	10
15	E. CURTIS-SMITH (BEAR)	26.04	F	11
16	C. OLDFIELD (AYLESBURY)	26.07	F	12
17	S. ONN (ST. ALBANS STR)	26.13	F	13
18	M. BARTLETT (BANBURY)	26.25	F35	2
19	G. DUCKWORTH (LEIGHTON B)	26.30	F55	1
20	L. JAMES (WINDSOR)	26.40	F	14
21	M. ALLEN (WYCOMBE)	26.52	F35	3
22	V. CURTIS-SMITH (BEAR)	27.00	F	15
23	A. YOUNG (CHILTERN H.)	27.05	F35	4
24	Z. LOWE (ST. ALBANS STR)	27.08	F45	4

25	J. CRAFT (HEADINGTON)	27.10	F35	5
26	L. MAYER (BEARBROOK)	27.14	F35	6
27	A. HOPKINS (HEADINGTON)	27.25	F35	7
28	A. CONCANNON (HARROW)	27.42	F	16
29	NO. 676 (WYCOMBE)	28.07	F	17
30	F. MALIN (MILTON K)	28.15	F45	5
31	H. JOHAL (WATFORD)	28.18	F35	8
32	C. HOLDEN (CHILTERN H.)	28.23	F35	9
33	T. ENGLISH (GADE VALLEY)	28.34	F35	10
34	M. WARD (TRING)	28.39	F45	6
35	K. ELLIOTT (CHILTERN H.)	28.42	F	18
36	F. BURGE (HEADINGTON)	28.46	F	19
37	H. MULHALL (BEARBROOK)	28.51	F35	11
38	N. CHANDLER (AYLESBURY)	28.53	F	20
39	C. KRAMER (ST. ALBANS STR)	29.06	F	21
40	E. ROBERTS (DACORUM)	29.09	F	22
41	C. MCDONNELL (GADE VALLEY)	29.15	F35	12
42	J. COULCHER (THAME)	29.19	F45	7
43	G. HUETER (OXFORD)	29.21	F45	8

77	E. LOCKE (SILSON)	31.35	F35	21	98	P. COOK (GADE VALLEY)	33.13	F45	29	119	J. LINDARS (AYLESBURY)	35.55	F45	38
78	J. DREW (WATFORD)	31.35	F35	22	99	E. COOMBES (BEDFORD & C)	33.24	F	37	120	S. SMITH (BANBURY)	36.22	F55	9
79	B. RALPH (CHILTERN H.)	31.39	F55	4	100	S. BUX (HANDY CROSS)	33.26	F	38	121	C. SUMNER (TEAM BALANCISE)	36.26	F35	31
80	A. WALLACE (LEIGHTON B.)	31.44	F	34	101	T. BLACKWELL (BEDFORD & C)	33.28	F35	27	122	S. FIRTH (CHILTERN H.)	36.35	F45	39
81	A. BERWICK (GADE VALLEY)	31.47	F35	23	102	C. COOK (BEARBROOK)	33.34	F	39	123	J. BAXTER (DACORUM)	36.59	F45	40
82	L. HUXLEY (BEARBROOK)	31.49	F55	5	103	J. PORTEOUS (TRING)	33.35	F45	30	124	C. DEARMAN (WATFORD)	38.37	F45	41
83	S. CLAYTON-DRABBLE (SILS)	31.52	F45	21	104	K. TINCKNELL (MILTON K)	33.44	F	40	125	E. POWELL (BEARBROOK)	38.46	F	44
84	R. CANHAM (LUTON)	31.53	F35	24	105	G. TAYLOR (HANDY CROSS)	33.52	F	41	126	L. MCLEAN (LEIGHTON B)	39.13	F35	32
85	A. HALFORD (WATFORD)	31.57	F	35	106	L. MERCHANT (DACORUM)	34.00	F	42	127	J. DASHWOOD (LEIGHTON B)	39.15	F35	33
86	N. POULAIN (STAL)	31.59	F45	22	107	H. NEEDLEMAN (DACORUM)	34.01	F45	31	128	C. MACDONALD (TRING)	39.23	F35	34
87	M. BIGNELL (SILSON)	32.02	F45	23	108	H. PARRY (THAME)	34.05	F35	28	129	K. RAPSON (SILSON)	39.24	F35	35
88	M. COOK (TRING)	32.07	F45	24	109	M. BOOTH (HANDY CROSS)	34.08	F45	32	130	D. BOLTON (HANDY CROSS)	39.40	F	45
89	H. TURLEY (HEADINGTON)	32.18	F55	6	110	R. MAHIL (DACORUM)	34.24	F35	29	131	P. CARD (AYLESBURY)	39.43	F55	10
90	L. DAGLISH (LUTON)	32.34	F55	7	111	S. SMEE (SILSON)	34.42	F45	33	132	A. SMITH (BEARBROOK)	40.27	F	46
91	C. FEELY (STEVENAGE)	32.43	F45	25	112	J. TURNLEY (WATFORD)	34.47	F45	34	133	K. PAINE (LEIGHTON B)	40.32	F	47
92	L. POWELL (ST. ALBANS STR)	32.48	F45	26	113	S. CASTRO (THAME)	34.50	F35	30	134	NO. 371 (TEAM BALANCISE)	40.41	F	48
93	C. RANSOM (ST. ALBANS STR)	32.53	F35	25	114	S. PEARSON (STAL)	35.13	F45	35	135	M. CLAY (LEIGHTON B)	40.58	F35	36
94	M. MOUTRIE (SILSON)	32.54	F45	27	115	S. ROBERTSON (HEADINGTON)	35.33	F	43	136	J. RYAN (HANDY CROSS)	44.29	F45	42
95	L. MCDERMOTT (WATFORD)	33.02	F	36	116	M. WRAY (SILSON)	35.38	F45	36	137	C. TERRY (GADE VALLEY)	48.34	F	49
96	A. PARK (TRING)	33.03	F35	26	117	J. ESKDALE (GADE VALLEY)	35.50	F45	37					
97	B. GRUNINGER (CHILTERN H.)	33.04	F45	28	118	A. PEERLESS (HANDY CROSS)	35.51	F55	8					

**TEAM RESULT non scorers excluded**

1	VALE OF AYLESBURY	484	1	13	16	38
2	ST. ALBANS STRIDERS	463	9	17	24	39
3	CHILTERN HARRIERS	456	6	23	32	35
4	MARSHALL MILTON KEYNES	454	5	12	30	51
5	BEARBROOK JOGGERS	452	15	22	26	37
6	HEADINGTON R.R.	450	14	25	27	36
7	LUTON A.C.	387	8	10	63	84
8	WINDSOR SE&H	380	3	11	20	
9	TRING RUNNING CLUB	377	34	46	47	48
10	WYCOMBE PHOENIX	362	2	21	29	
11	WATFORD	313	31	54	76	78
12	GADE VALLEY	299	33	41	81	98

13	BEDFORD & COUNTY	281	4	67	99	101
14	THAME RUNNERS	274	42	59	69	108
15	LEIGHTON BUZZARD	272	19	55	80	126
16	HANDY CROSS	266	53	61	72	100
17	SILSON JOGGERS	265	56	71	77	83
18	HARROW A.C.	241	7	28		
19	DACORUM & TRING	189	40	106	107	110
20	BANBURY	138	18	120		
21	TEAM BALANCISE	115	44	121	134	
22	OXFORD CITY	95	43			
23	QUEENS PARK H.	65	73			
24	STEVENAGE & NH	47	91			

**Veteran Ladies Race**

1	ST. ALBANS STRIDERS	424	9	24	45	50
2	CHILTERN HARRIERS	373	23	32	49	75
3	MARSHALL MILTON KEYNES	347	30	51	60	64
4	TRING RUNNING CLUB	336	34	46	48	88
5	WATFORD	313	31	54	76	78
6	GADE VALLEY	299	33	41	81	98
7	VALE OF AYLESBURY	290	13	62	68	119
8	THAME RUNNERS	274	42	59	69	108
9	HEADINGTON R.R.	273	25	27	89	
10	BEARBROOK JOGGERS	269	26	37	82	
11	SILSON JOGGERS	234	71	77	83	87

12	LUTON A.C.	230	10	84	90	
13	LEIGHTON BUZZARD	225	19	55	126	127
14	BANBURY	138	18	120		
15	HANDY CROSS	136	53	109	118	136
16	WINDSOR SE&H	127	11			
17	WYCOMBE PHOENIX	117	21			
18	TEAM BALANCISE	111	44	121		
19	BEDFORD & COUNTY	108	67	101		
20	OXFORD CITY	95	43			
21	DACORUM & TRING	74	107	110	123	
22	STEVENAGE & NH	47	91			

**Junior/U17 Ladies**

1	R. MURRAY (BEDFORD & C)	16.44	F17	1	13	L. HAWTIN (OXFORD)	18.45	F17	10
2	A. BURGIN (BEDFORD & C)	17.13	F20	1	14	K. MARSHALL (WINDSOR)	18.50	F17	11
3	S. DRAPER (HARROW)	17.33	F17	2	15	R. HARRIS (STEVENAGE)	18.59	F17	12
4	B. BERGER-NORTH (BK)	17.48	F17	3	16	F. YULL (MILTON K)	19.14	F17	13
5	M. HAYNES (WINDSOR)	17.52	F20	2	17	A. WILLS (WINDSOR)	19.22	F17	14
6	F. BRERETON (BRACKNELL)	17.55	F17	4	18	H. FARMER (LUTON)	19.25	F17	15
7	J. LEGGITT (MILTON K)	17.57	F17	5	19	P. CUTTER (CHILTERN H.)	19.28	F17	16
8	R. MCCLAY (BRACKNELL)	18.13	F20	3	20	G. RUSSELL (WYCOMBE)	19.29	F17	17
9	G. CHILDS (MILTON K)	18.18	F17	6	21	E. PEPPER (WINDSOR)	19.31	F20	4
10	R. TURTON (BRACKNELL)	18.30	F17	7	22	R. KEANE (LUTON)	19.40	F20	5
11	R. WALCOTT-NOLAN (LUTON)	18.31	F17	8	23	E. BOUSHFIELD (MILTON K)	19.42	F17	18
12	A. SMITH (ST. ALBANS)	18.37	F17	9	24	H. DEWHURST (STEVENAGE)	19.45	F20	6
	A. RUST (BEDFORD & C) N/S	18.38	F20		25	N. BARBOUR (WINDSOR)	19.49	F20	7
					26	S. WEST (ST. ALBANS)	19.53	F17	19

8	ST. ALBANS A.C.	47	12	26	38	
9	CHILTERN HARRIERS	36	19	27		
10	OXFORD CITY	28	13			
11	WYCOMBE PHOENIX	21	20			
12	DACORUM & TRING	10	31			
13	VALE OF AYLESBURY	9	32			

27	H. WARDLEY (CHILTERN H.)	20.03	F17	20
28	S. BILLINGTON (LUTON)	20.12	F17	21
29	C. WOLF (HARROW)	20.14	F20	8
30	E. WALLIS (WINDSOR)	20.23	F17	22
31	S. NEEDLEMAN (DACORUM)	20.24	F17	23
32	A. MADRY (AYLESBURY)	20.34	F20	9
33	C. WILLIS (STEVENAGE)	20.39	F17	24
34	A. SCHMID (WINDSOR)	20.45	F17	25
35	E. HOOPER (BRACKNELL)	20.53	F17	26
36	L. INNESS (MILTON K)	21.05	F17	27
37	E. ROSE-SENIOR (HARROW)	21.49	F17	28
38	K. BUTLER (ST. ALBANS)	23.28	F17	29
39	N. SMART (HARROW)	24.02	F17	30
40	S. EDWARDS (HARROW)	24.14	F17	31

**TEAM RESULT non scorers excluded**

1	BRACKNELL	105	4	6	8
2	MARSHALL MILTON KEYNES	91	7	9	16
3	WINDSOR SE&H	87	5	14	17
4	BEDFORD & COUNTY	79	1	2	
5	LUTON A.C.	72	11	18	22
6	HARROW A.C.	54	3	29	37
7	STEVENAGE & NH	51	15	24	33

**Under 15 Girls**

1	S. RAYMONT (BRACKNELL)	10.16	F15	1	20	K. DITTON (WINDSOR)	11.27	F15	20
2	L. RUSSELL (BEDFORD & C)	10.19	F15	2	21	G. BINGHAM (CHILTERN H.)	11.33	F15	21
3	K. RODD (BEDFORD & C)	10.23	F15	3	22	A. EDWARDS (LUTON)	11.33	F15	22
4	B. HAWTIN (OXFORD)	10.30	F15	4	23	C. DEARMAN (WATFORD)	11.33	F15	23
5	C. LEWIS (CHILTERN H.)	10.31	F15	5	24	P. BAILEY (ST. ALBANS)	11.34	F15	24
6	M. HUMPHREYS (RADLEY)	10.39	F15	6	25	H. MCCLAY (BRACKNELL)	11.35	F15	25
7	H. RIDLEY (BIGGLESWADE)	10.40	F15	7	26	L. HACKING (MILTON K)	11.40	F15	26
8	S. KERR (BEDFORD & C)	10.41	F15	8	27	L. EDWARDS (ST. ALBANS)	11.41	F15	27
9	S. DEEGAN (BEDFORD & C)	10.41	F15	9	28	L. ECKLEY (ST. ALBANS)	11.42	F15	28
10	E. DAVISON (WINDSOR)	10.43	F15	10	29	J. LATCHFORD (STEVENAGE)	11.42	F15	29
11	A. EDWARDS (LUTON)	10.43	F15	11	30	C. KELLY (LUTON)	11.44	F15	30
12	A. RADFORD (MILTON K)	10.47	F15	12	31	L. MILLER (WINDSOR)	11.45	F15	31
13	A. BOTHAM (MILTON K)	10.57	F15	13	32	A. FAWCETT (CHILTERN H.)	11.46	F15	32
14	M. DORAN (STEVENAGE)	11.05	F15	14	33	E. BARRACLOUGH (CHIL)	11.55	F15	33
15	A. WEST (ST. ALBANS)	11.08	F15	15	34	S. BIGMORE (WINDSOR)	12.00	F15	34
16	A. WRIGHT (AYLESBURY)	11.09	F15	16	35	L. ECONOMU (WATFORD)	12.01	F15	35
17	E. REEVES (WINDSOR)	11.11	F15	17	36	C. STANGROOM (WINDSOR)	12.02	F15	36
18	S. MARAIS (BRACKNELL)	11.21	F15	18	37	K. WATKINS (HARROW)	12.08	F15	37
	E. BAKER (HERTS P) N/S	11.24	F15		38	M. LATHWELL (LUTON)	12.09	F15	38
19	T. COMPTON-STEWART (WD)	11.25	F15	19	39	A. MULCAHY (ST. ALBANS)	12.10	F15	39

10	OXFORD CITY	56	4			
11	RADLEY A.C.	54	6			
12	BIGGLESWADE	53	7			
13	HARROW A.C.	53	37	44	46	
14	VALE OF AYLESBURY	44	16			
15	DACORUM & TRING	19	41			
16	WYCOMBE PHOENIX	8	52			
17	SILSON JOGGERS	3	57			

40	N. BAKER (ST. ALBANS)	12.11	F15	40
41	C. BAXTER (DACORUM)	12.11	F15	41
42	K. LATHWELL (LUTON)	12.16	F15	42
43	P. SMITH (WATFORD)	12.17	F15	43
44	A. DRAPER (HARROW)	12.21	F15	44
45	P. CASSON-GREEN (BK)	12.23	F15	45
46	M. HILL (HARROW)	12.26	F15	46
47	L. NEWTON (WINDSOR)	12.31	F15	47
48	M. JENNINGS (MILTON K)	12.33	F15	48
49	S. FEELY (STEVENAGE)	12.36	F15	49
50	J. WATSON (LUTON)	12.43	F15	50
51	E. CERVI (STEVENAGE)	12.50	F15	51
52	A. CLARKE (WYCOMBE)	12.58	F15	52
53	S. KEEBLE (STEVENAGE)	13.01	F15	53
54	M. HOBBS (ST. ALBANS)	13.14	F15	54
55	F. VAFALARI (LUTON)	13.39	F15	55
56	C. MCINTYRE (HARROW)	14.03	F15	56
57	M. SMEE (SILSON)	14.23	F15	57
58	A. LERECULEY (HARROW)	14.40	F15	58
59	R. THOMSON (LUTON)	16.02	F15	59

**TEAM RESULT non scorers excluded**

1	BEDFORD & COUNTY	167	2	3	8
2	BRACKNELL	136	1	18	25
3	WINDSOR SE&H	134	10	17	19
4	MARSHALL MILTON KEYNES	129	12	13	26
5	CHILTERN HARRIERS	122	5	21	

**Under 13 Girls**

1	H. GODDARD (BRACKNELL).....	10.00	F13	1
2	G. GODDARD (BRACKNELL).....	10.13	F13	2
3	A. BOWERS (BRACKNELL).....	10.29	F13	3
4	E. COCKLE (WINDSOR).....	10.46	F13	4
5	S. DAVIES (WINDSOR).....	10.48	F13	5
6	M. WHITFIELD (HARROW).....	10.51	F13	6
7	E. MCCAFFRAY (BEDFORD & C).....	10.53	F13	7
8	E. HIGTON (WINDSOR).....	10.54	F13	8
9	N. SCOTT (WINDSOR).....	11.08	F13	9
10	E. READ (BRACKNELL).....	11.10	F13	10
11	L. MURPHY (MILTON K).....	11.20	F13	11
12	H. THEAR (CHILTERN H.).....	11.21	F13	12
13	B. WARD (BEDFORD & C).....	11.22	F13	13
14	S. BOTHAM (MILTON K).....	11.24	F13	14
15	M. STYLES (WYCOMBE).....	11.29	F13	15
16	C. DUKE (STEVENAGE).....	11.30	F13	16
17	L. PRESSWELL (MILTON K).....	11.32	F13	17
18	S. BONNY (WINDSOR).....	11.33	F13	18
19	O. COLL (ST. ALBANS).....	11.36	F13	19
20	E. HOBBS (ST. ALBANS).....	11.41	F13	20
21	G. SHARP (BEDFORD & C).....	11.44	F13	21
22	L. BARRACLOUGH (CHIL).....	11.45	F13	22
23	J. EDWARDS (ST. ALBANS).....	11.45	F13	23
24	K. SUTHERLAND (WINDSOR).....	11.48	F13	24
25	A. JONES (CHILTERN H.).....	11.49	F13	25
26	T. HART (WINDSOR).....	11.50	F13	26
27	R. PADWICK (CHILTERN H.).....	11.55	F13	27
28	S. COLL (ST. ALBANS).....	11.56	F13	28

**TEAM RESULT**

1	BRACKNELL	249	1	2	3
2	WINDSOR SE&H	238	4	5	8
3	BEDFORD & COUNTY	214	7	13	21
4	MARSHALL MILTON KEYNES	213	11	14	17
5	CHILTERN HARRIERS	196	12	22	25
6	ST. ALBANS A.C.	193	19	20	23
7	HARROW A.C.	132	6	41	76
8	STEVENAGE & NH	126	16	54	59
9	WYCOMBE PHOENIX	122	15	45	73

29	K. MCCARTNEY (CHILTERN H.).....	12.02	F13	29
30	O. SMYTH (WINDSOR).....	12.03	F13	30
31	M. HOULIHAN-BURNE (CHIL).....	12.05	F13	31
32	N. FINDLAY (MILTON K).....	12.06	F13	32
33	P. ADDISON (BEDFORD & C).....	12.06	F13	33
34	E. BANNISTER (DACORUM).....	12.07	F13	34
35	C. ECKLEY (ST. ALBANS).....	12.08	F13	35
36	M. LACEY (CHILTERN H.).....	12.10	F13	36
37	L. MARKWELL (ST. ALBANS).....	12.12	F13	37
38	E. CAREY (BRACKNELL).....	12.13	F13	38
39	E. SHEEN (BEDFORD & C).....	12.17	F13	39
40	K. CANHAM (LUTON).....	12.20	F13	40
41	R. HADDOW (HARROW).....	12.21	F13	41
42	B. DAINES (WINDSOR).....	12.24	F13	42
43	K. BILLINGTON (LUTON).....	12.29	F13	43
44	A. HUGHES-MORGAN (CHIL).....	12.38	F13	44
45	N. TAYLOR (WYCOMBE).....	12.40	F13	45
46	J. BROWN (MILTON K).....	12.42	F13	46
47	S. WAGER-LEIGH (DACORUM).....	12.44	F13	47
48	M. ADAMS (MILTON K).....	12.45	F13	48
49	I. BICKNELL (ST. ALBANS).....	12.51	F13	49
50	E. ECONOMU (WATFORD).....	12.52	F13	50
51	I. LEGG (WINDSOR).....	12.53	F13	51
52	M. PRITCHARD (BEDFORD & C).....	12.55	F13	52
53	R. WORD (WINDSOR).....	12.57	F13	53
54	B. HARLEY (STEVENAGE).....	12.59	F13	54
55	M. WILKINS (ST. ALBANS).....	13.02	F13	55
56	A. HUNT (DACORUM).....	13.04	F13	56

57	N. WRAY (SILSON).....	13.05	F13	57
58	E. BROOKES (ST. ALBANS).....	13.06	F13	58
59	M. HERRIDGE (STEVENAGE).....	13.07	F13	59
60	S. PLUMMER (LEIGHTON B).....	13.09	F13	60
61	J. BREW (CHILTERN H.).....	13.11	F13	61
62	S. MCCULLOUGH (ST. ALBANS).....	13.16	F13	62
63	C. CELLA (DACORUM).....	13.28	F13	63
64	L. NICHOLS (AMPTHILL & F).....	13.33	F13	64
65	K. THORNTON (CHILTERN H.).....	13.42	F13	65
66	A. NONTGOMERY (ST. ALBANS).....	13.45	F13	66
67	K. WOFFINDEN (WINDSOR).....	13.51	F13	67
68	B. O'BRIEN (WINDSOR).....	13.52	F13	68
69	L. MASDIN (BIGGLESWADE).....	13.57	F13	69
70	G. COLLINS (AYLESBURY).....	14.10	F13	70
71	L. BARBER (STEVENAGE).....	14.18	F13	71
72	A. O'REILLY (SILSON).....	14.21	F13	72
73	G. HALEY (WYCOMBE).....	14.21	F13	73
74	I. BASQUILLE-TATLOW (AMPT).....	14.27	F13	74
75	A. JELLEY (SILSON).....	14.30	F13	75
76	A. MCGRATH (HARROW).....	14.48	F13	76
77	M. RANAGHAN (HARROW).....	14.50	F13	77
78	E. REES (SILSON).....	14.53	F13	78
79	O. PHILLIPS (AMPTHILL & F).....	15.39	F13	79
80	B. MEAD (LEIGHTON B).....	15.41	F13	80
81	G. REID (STEVENAGE).....	16.05	F13	81
82	T. DIBLEY (MAIDENHEAD).....	16.18	F13	82
83	S. GRAY (SILSON).....	16.19	F13	83
84	A. SILK (WATFORD).....	16.21	F13	84

10	DACORUM & TRING	118	34	47	56
11	LUTON A.C.	87	40	43	
12	SILSON JOGGERS	51	57	72	75
13	AMPTHILL & FLITWICK	38	64	74	79
14	WATFORD	36	50	84	
15	LEIGHTON BUZZARD	30	60	80	
16	BIGGLESWADE	16	69		
17	VALE OF AYLESBURY	15	70		
18	MAIDENHEAD	3	82		

**Under 11 Girls**

1	S. MORTON (CHILTERN H.).....	5.22	F11	1
2	M. RELTON (BEDFORD & C).....	5.33	F11	2
3	E. BENTHAM (LUTON).....	5.36	F11	3
4	N. HUDSON (BRACKNELL).....	5.38	F11	4
5	K. SHEPHERD-CROSS (AY).....	5.38	F11	5
6	S. POHLMAN (CHILTERN H.).....	5.44	F11	6
7	L. AYLWIN (DACORUM).....	5.45	F11	7
8	S. POOLE (BRACKNELL).....	5.50	F11	8
9	M. COLE (BRACKNELL).....	5.50	F11	9
10	R. WATKINS (CHILTERN H.).....	5.50	F11	10
11	M. MITCHELL (ST. ALBANS).....	5.52	F11	11
12	M. PENNANT (WYCOMBE).....	5.53	F11	12
13	J. LAITNER (ST. ALBANS).....	5.54	F11	13
14	F. JOHNSON (BEDFORD & C).....	5.55	F11	14
15	K. JONES (AYLESBURY).....	5.58	F11	15
16	S. TREMLETT (HARROW).....	5.58	F11	16
17	A. JONES (MAIDENHEAD).....	6.00	F11	17
18	NO. 267 (DACORUM).....	6.01	F11	18
19	L. HERDMAN-SMITH (MK).....	6.05	F11	19
20	M. ROSPEDZIHOWSKA (CHIL).....	6.06	F11	20
21	E. ANDERS (ST. ALBANS).....	6.07	F11	21
22	A. WHITE (WINDSOR).....	6.10	F11	22

**TEAM RESULT**

1	CHILTERN HARRIERS	187	1	6	10
2	BRACKNELL	183	4	8	9
3	VALE OF AYLESBURY	161	5	15	23
4	ST. ALBANS A.C.	159	11	13	21
5	DACORUM & TRING	147	7	18	32
6	BEDFORD & COUNTY	144	2	14	44
7	LUTON A.C.	132	3	24	45
8	MARSHALL MILTON KEYNES	113	19	29	43
9	WYCOMBE PHOENIX	108	12	30	54
10	STEVENAGE & NH	107	25	26	46
11	WINDSOR SE&H	75	22	39	
12	HARROW A.C.	64	16	56	
13	MAIDENHEAD	51	17		
14	LEIGHTON BUZZARD	30	52	57	65
15	WATFORD	21	55	61	67
16	AMPTHILL & FLITWICK	15	53		

23	J. TASWELL-FRYER (AY).....	6.12	F11	23
24	N. HAYMAN (LUTON).....	6.13	F11	24
25	E. BOLTON (STEVENAGE).....	6.14	F11	25
26	S. PYBUS (STEVENAGE).....	6.15	F11	26
27	L. KENNEDY (BRACKNELL).....	6.16	F11	27
28	H. READ (BRACKNELL).....	6.16	F11	28
29	J. NUTTALL (MILTON K).....	6.17	F11	29
30	E. STILLWELL (WYCOMBE).....	6.18	F11	30
31	O. HOULIHAN-BURNE (CHIL).....	6.19	F11	31
32	L. MCNULTY (DACORUM).....	6.20	F11	32
33	B. JONES (CHILTERN H.).....	6.20	F11	33
34	S. POOLE (BRACKNELL).....	6.22	F11	34
35	K. KENNEDY (BRACKNELL).....	6.23	F11	35
36	A. WEIR (CHILTERN H.).....	6.24	F11	36
37	F. WEDDELL (ST. ALBANS).....	6.25	F11	37
38	A. MAISEY (AYLESBURY).....	6.28	F11	38
39	A. REEVES (WINDSOR).....	6.29	F11	39
40	E. NORWOOD (ST. ALBANS).....	6.31	F11	40
41	Z. STEWART (BRACKNELL).....	6.32	F11	41
42	F. ROSE (ST. ALBANS).....	6.34	F11	42
43	A. HARMAN (MILTON K).....	6.35	F11	43
44	M. RELTON (BEDFORD & C).....	6.35	F11	44
45	C. HARVEY (LUTON).....	6.43	F11	45

46	A. PICKARD (STEVENAGE).....	6.44	F11	46
47	E. BOWLES (BEDFORD & C).....	6.45	F11	47
48	I. WALKER (BEDFORD & C).....	6.45	F11	48
49	L. GUNSON (AYLESBURY).....	6.48	F11	49
50	K. LEWIS (LUTON).....	6.50	F11	50
51	G. TARRANT (BEDFORD & C).....	6.51	F11	51
52	C. MAY (LEIGHTON B).....	6.53	F11	52
53	A. KIRBY (AMPTHILL & F).....	6.54	F11	53
54	E. STYLES (WYCOMBE).....	6.54	F11	54
55	H. TROTMAN (WATFORD).....	6.54	F11	55
56	J. SPENCER-SMITH (HARROW).....	6.58	F11	56
57	M. CHAPMAN (LEIGHTON B).....	7.00	F11	57
58	C. BLACKWELL (BEDFORD & C).....	7.03	F11	58
59	C. FULFORD (CHILTERN H.).....	7.09	F11	59
60	I. WEST (ST. ALBANS).....	7.11	F11	60
61	C. JOHAL (WATFORD).....	7.12	F11	61
62	N. LEWIS (LUTON).....	7.16	F11	62
63	I. TAYLOR (WYCOMBE).....	7.17	F11	63
64	B. BANGS (LUTON).....	7.21	F11	64
65	S. TOWELL (LEIGHTON B).....	7.22	F11	65
66	E. EDWARDS (ST. ALBANS).....	7.58	F11	66
67	A. BEASLEY (WATFORD).....	8.10	F11	67

**DIVISION RESULT**

1	CHILTERN HARRIERS	574	192	195	187
2	BRACKNELL	562	179	200	183
3	ST. ALBANS A.C.	473	124	190	159
4	VALE OF AYLESBURY	458	161	136	161
5	BEDFORD & COUNTY	422	115	163	144
6	LUTON A.C.	413	143	138	132
7	DACORUM & TRING	413	129	137	147
8	WYCOMBE PHOENIX	404	141	155	108
9	HARROW A.C.	357	171	122	64
10	MARSHALL MILTON KEYNES	293	114	66	113
11	STEVENAGE & NH	290	94	89	107
12	WINDSOR SE&H	217	51	91	75
13	MAIDENHEAD	177	70	56	51
14	WATFORD	170	53	96	21
15	LEIGHTON BUZZARD	72	42		30
16	AMPTHILL & FLITWICK	62		47	15
17	QUEENS PARK H.	34		34	

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**Total Overall Score**

1	MARSHALL MILTON KEYNES	3346	2459	887
2	WINDSOR SE&H	3297	2458	839
3	BEDFORD & COUNTY	3296	2555	741
4	CHILTERN HARRIERS	2901	2091	810
5	VALE OF AYLESBURY	2860	2308	552
6	HARROW A.C.	2796	2316	480
7	LUTON A.C.	2696	2033	663
8	ST. ALBANS STRIDERS	2412	1949	463
9	HEADINGTON R.R.	2376	1926	450
10	WYCOMBE PHOENIX	2160	1647	513
11	WATFORD	2051	1623	428
12	LEIGHTON BUZZARD	2034	1732	302
13	DACORUM & TRING	2025	1689	336
14	SILSON JOGGERS	1925	1606	319
15	BEARBROOK JOGGERS	1802	1350	452
16	TRING RUNNING CLUB	1715	1338	377
17	GADE VALLEY	1649	1350	299
18	OXFORD CITY	1331	1152	179
19	BRACKNELL	1299	809	490
20	HANDY CROSS	1165	899	266
21	THAME RUNNERS	1149	875	274
22	STEVENAGE & NH	1147	835	312
23	TEAM BALANCISE	788	673	115
24	ST. ALBANS A.C.	683	329	354
25	QUEENS PARK H.	609	544	65
26	BANBURY	571	433	138
27	RADLEY A.C.	430	376	54
28	BIGGLESWADE	419	350	69
29	MAIDENHEAD	181	178	3
30	PURPLE PATCH RUNNERS	109	109	
31	AMPTHILL & FLITWICK	57	19	38
32	WHITE HORSE	53	53	
33	ABINGDON AMBLERS	34	34	

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**Male Overall Score**

1	BEDFORD & COUNTY	2555	2101	109	167	178
2	MARSHALL MILTON KEYNES	2459	2102	53	111	193
3	WINDSOR SE&H	2458	2073	141	77	167
4	HARROW A.C.	2316	2011	80	114	111
5	VALE OF AYLESBURY	2308	1947	126	80	155
6	CHILTERN HARRIERS	2091	1611	123	168	189
7	LUTON A.C.	2033	1785	50	73	125
8	ST. ALBANS STRIDERS	1949	1949			
9	HEADINGTON R.R.	1926	1926			
10	LEIGHTON BUZZARD	1732	1509	43	84	96
11	DACORUM & TRING	1689	1530	9	63	87
12	WYCOMBE PHOENIX	1647	1357	113	76	101
13	WATFORD	1623	1364	50	140	69
14	SILSON JOGGERS	1606	1572	16	13	5
15	BEARBROOK JOGGERS	1350	1350			
16	GADE VALLEY	1350	1350			
17	TRING RUNNING CLUB	1338	1301			37
18	OXFORD CITY	1152	1129	23		
19	HANDY CROSS	899	899			
20	THAME RUNNERS	875	875			
21	STEVENAGE & NH	835	667	6	75	87
22	BRACKNELL	809	521	111	131	46
23	TEAM BALANCISE	673	673			
24	QUEENS PARK H.	544	499		45	
25	BANBURY	433	425	8		
26	RADLEY A.C.	376	274	42	60	
27	BIGGLESWADE	350	177		95	78
28	ST. ALBANS A.C.	329		82	90	157
29	MAIDENHEAD	178	171		7	
30	PURPLE PATCH RUNNERS	109	109			
31	WHITE HORSE	53	53			
32	ABINGDON AMBLERS	34		34		
33	AMPTHILL & FLITWICK	19				19

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**Female Overall Score**

1	MARSHALL MILTON KEYNES	887	454	91	129	213
2	WINDSOR SE&H	839	380	87	134	238
3	CHILTERN HARRIERS	810	456	36	122	196
4	BEDFORD & COUNTY	741	281	79	167	214
5	LUTON A.C.	663	387	72	117	87
6	VALE OF AYLESBURY	552	484	9	44	15
7	WYCOMBE PHOENIX	513	362	21	8	122
8	BRACKNELL	490		105	136	249
9	HARROW A.C.	480	241	54	53	132
10	ST. ALBANS STRIDERS	463	463			
11	BEARBROOK JOGGERS	452	452			
12	HEADINGTON R.R.	450	450			
13	WATFORD	428	313		79	36
14	TRING RUNNING CLUB	377	377			
15	ST. ALBANS A.C.	354		47	114	193
16	DACORUM & TRING	336	189	10	19	118
17	SILSON JOGGERS	319	265		3	51
18	STEVENAGE & NH	312	47	51	88	126
19	LEIGHTON BUZZARD	302	272			30
20	GADE VALLEY	299	299			
21	THAME RUNNERS	274	274			
22	HANDY CROSS	266	266			
23	OXFORD CITY	179	95	28	56	
24	BANBURY	138	138			
25	TEAM BALANCISE	115	115			
26	BIGGLESWADE	69			53	16
27	QUEENS PARK H.	65	65			
28	RADLEY A.C.	54			54	
29	AMPTHILL & FLITWICK	38				38
30	MAIDENHEAD	3				3

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