

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>

Southern 1 - East Westminster Lodge

Perf

Wind

Records
Grades

Sunday, June 21 2009

Perf

Grades

Southern 1 - East Westminster Lodge				Sunday, June 21 2009							
		Perf	Wind	Records Grades			Perf	Grades			
T32 U17M 100m 'A'				U17M 100m 'B'							
Wind=				Wind=							
1	21	Jordan Kirby	Ilford A C	11.50	G3*	1	16	Jack Edgar-Hill	Havering Mayesbrook	11.80	G4
2	31	Kieran Moss	St Albans AC	11.80	G4	2	32	Conner Archer	St Albans AC	12.10	
3	15	Terry Hughes	Havering Mayesbrook	11.90		3	14	Peter Seach	Hastings AC	14.60	
4	13	Craig Howard	Hastings AC	14.20		4					
T8 U17M 200m 'A'				U17M 200m 'B'							
Wind=				Wind=							
1	21	Jordan Kirby	Ilford A C	23.40	G3*	1	16	Michael Lewis	Havering Mayesbrook	24.40	
2	15	Jordan Brown	Havering Mayesbrook	24.30		2	32	Conner Archer	St Albans AC	24.80	
3	13	Mark West	Hastings AC	24.80		3	14	Peter Seach	Hastings AC	30.70	
4	31	Carl Palin	St Albans AC	25.70		4					
T25 U17M 400m 'A'				U17M 400m 'B'							
1	21	Jordan Kirby	Ilford A C	53.20	G3*	1	16	Michael Lewis	Havering Mayesbrook	55.80	G4
2	13	Mark West	Hastings AC	55.60	G4	2	14	Craig Howard	Hastings AC	57.10	
3	15	Michael Jones	Havering Mayesbrook	56.50	G4	3	32	Jonathan Howarth	St Albans AC	57.50	
4	31	Carl Palin	St Albans AC	57.60		4					
T14 U17M 800m 'A'				U17M 800m 'B'							
1	13	Max Thomas	Hastings AC	02:07.8		1	14	Kris Everitt	Hastings AC	02:09.5	
2	15	Massi Dendani	Havering Mayesbrook	02:10.3		2	16	Dean Lettley	Havering Mayesbrook	02:15.2	
3	31	Ian Miller	St Albans AC	02:18.5		3	32	Joseph Romain	St Albans AC	02:20.3	
4	21	Omar Rashid	Ilford A C	02:27.1		4					
T37 U17M 1500m 'A'				U17M 1500m 'B'							
1	15	Jamie Buckley Stanton	Havering Mayesbrook	04:22.7	G40	1	14	Kris Everitt	Hastings AC	04:37.5	00
2	31	Khalid Al Abaidy	St Albans AC	04:27.5	00	2	16	Ross Barnby	Havering Mayesbrook	05:05.8	00
3	13	Russ Skelton	Hastings AC	04:28.3	00	3	32	Joseph Romain	St Albans AC	05:13.8	00
4	21	Omar Rashid	Ilford A C	05:28.9	00	4					
T16 U17M 3000m 'A'				U17M 3000m 'B'							
1	31	Khalid Al Abaidy	St Albans AC	09:18.5	G2*	1	16	Adam Edwards	Havering Mayesbrook	10:14.3	00
2	13	Russ Skelton	Hastings AC	09:21.6	G2*	2					
3	15	Josheph Waked	Havering Mayesbrook	09:48.5	G30	3					
4						4					
T2 U17M 400mH 'A'				U17M 400mH 'B'							
1	15	Jake Nelson	Havering Mayesbrook	64.90		1	16	Jon Seekings	Havering Mayesbrook	80.70	
2	31	Joel Trounce	St Albans AC	66.10		2					
3	13	Craig Howard	Hastings AC	75.30		3					
4						4					
T23 U17M 100mh 'A'				U17M 100mh 'B'							
Wind=				Wind=							
1	15	Jack Edgar-Hill	Havering Mayesbrook	14.30	G2*	1	16	Jake Nelson	Havering Mayesbrook	16.10	
2	21	Kofi Gibbon Jeffers	Ilford A C	16.50		2	32	Jack Baron	St Albans AC	17.90	
3	31	Joel Trounce	St Albans AC	32.90		3					
4						4					
T44 U17M 1500m S/Chase 'A'				U17M 1500m S/Chase 'B'							
1	13	Max Thomas	Hastings AC	04:52.9	G3*	1	16	Glen Wileman	Havering Mayesbrook	06:12.2	00
2	15	Adam Wileman	Havering Mayesbrook	05:34.5	00	2					
3						3					
4						4					
F2 U17M 5k Hammer 'A'				U17M 5k Hammer 'B'							
1	15	Lewis Williams	Havering Mayesbrook	36.54	G4	1	16	Massi Dendani	Havering Mayesbrook	4.63	
2	31	Jonathan Howarth	St Albans AC	25.61		2					
3						3					
4						4					

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				Perf	Wind	Records	Grades	<u>Sunday, June 21 2009</u>				Perf	Grades
F9 U17M 1.5k Discus 'A'								U17M 1.5k Discus 'B'					
1	16	Bradley Burr	Havering Mayesbrook	34.23		G3*		1	15	Laurence Goodacre	Havering Mayesbrook	27.86	
2	31	Ian Miller	St Albans AC	16.48				2					
3								3					
4								4					
F22 U17M 5k Shot 'A'								U17M 5k Shot 'B'					
1	15	Laurence Goodacre	Havering Mayesbrook	12.82		G2*		1	16	Bradley Burr	Havering Mayesbrook	11.07	G4
2	31	Ian Miller	St Albans AC	7.81				2					
3								3					
4								4					
F32 U17M 700g Javelin 'A'								U17M 700g Javelin 'B'					
1	15	Bradley Burr	Havering Mayesbrook	48.54		G2*		1	16	Jordan Brown	Havering Mayesbrook	30.60	
2	31	Jonathan Howarth	St Albans AC	32.61				2	32	Khalid Al Abaidy	St Albans AC	21.27	
3								3					
4								4					
F13 U17M Pole Vault 'A'								U17M Pole Vault 'B'					
1	32	Jack Baron	St Albans AC	2.80		G4		1	31	Joel Trounce	St Albans AC	2.30	
F29 U17M High Jump 'A'								U17M High Jump 'B'					
1	15	Jake Nelson	Havering Mayesbrook	1.73		G4		1	16	Jack Edgar-Hill	Havering Mayesbrook	1.60	
2	21	Kofi Gibbon Jeffers	Ilford A C	1.70		G4		2	32	Jack Baron	St Albans AC	1.55	
3	31	Carl Palin	St Albans AC	1.60									
4	14	-	Hastings AC	1.55									
F17 U17M Long Jump 'A'								U17M Long Jump 'B'					
1	16	Terry Hughes	Havering Mayesbrook	6.24		G2*		1	15	Jordan Brown	Havering Mayesbrook	5.29	
2	31	Kieran Moss	St Albans AC	6.15		G2*		2	32	Conner Archer	St Albans AC	5.14	
3	21	Kofi Gibbon Jeffers	Ilford A C	5.17				3	22	Omar Rashid	Ilford A C	4.26	
4	13	Russ Skelton	Hastings AC	4.38				4					
F34 U17M Triple Jump 'A'								U17M Triple Jump 'B'					
1	15	Terry Hughes	Havering Mayesbrook	11.06				1	16	Adam Wileman	Havering Mayesbrook	10.06	
2	13	Max Thomas	Hastings AC	10.68				2	14	Kris Everitt	Hastings AC	9.07	
3								3					
4								4					
T30 U15B 100m 'A'				Wind=				U15B 100m 'B'				Wind=	
1	31	Jake Awe	St Albans AC	11.80		G2*		1	32	Luke Yaxley	St Albans AC	12.50	G4*
2	13	Jamie Ellis	Hastings AC	12.30		G4*		2	22	George Hadler	Ilford A C	12.70	*
3	15	Ashley Purnell	Havering Mayesbrook	12.40		G4*		3	14	Adam Nash	Hastings AC	14.00	
4	21	Jordan Akisanja	Ilford A C	13.50		*		4	16	Ryan Blake	Havering Mayesbrook	14.30	
T6 U15B 200m 'A'				Wind=				U15B 200m 'B'				Wind=	
1	13	Jamie Ellis	Hastings AC	24.90		G4*		1	32	Jordan Thomas	St Albans AC	25.90	
2	31	Luke Yaxley	St Albans AC	25.20		G4*		2	16	Ryan Omahony	Havering Mayesbrook	26.50	
3	21	George Hadler	Ilford A C	25.40		G4		3	14	Adam Nash	Hastings AC	27.60	
4	15	Dan Wilson	Havering Mayesbrook	25.70				4					
T24 U15B 400m 'A'								U15B 400m 'B'					
1	31	Joel McNeill	St Albans AC	53.20		G1*		1	14	Tom Watson	Hastings AC	55.70	G2*
2	13	Jamie Ellis	Hastings AC	59.60				2	32	Chris Hilton	St Albans AC	57.30	G4
3	15	Josa Connors	Havering Mayesbrook	64.60				3	16	Finbar Smythe	Havering Mayesbrook	62.50	
4	21	Taschan Peart	Ilford A C	75.20				4					

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	Perf	Wind	Records Grades		Perf	Grades			
T12 U15B 800m 'A'				U15B 800m 'B'					
1	31 James Mc Murray	St Albans AC	02:06.7	G1*	1	32 Chris Hilton	St Albans AC	02:08.5	G2*
2	15 Hoseah Gikungu	Havering Mayesbrook	02:17.3	G4	2	16 Josa Conners	Havering Mayesbrook	02:22.7	
3	13 Tom Watson	Hastings AC	02:20.8		3	14 Sam Garland	Hastings AC	02:34.5	
4	21 Taschan Peart	Ilford A C	02:46.2		4				
T35 U15B 1500m 'A'				U15B 1500m 'B'					
1	15 Ryan Omahony	Havering Mayesbrook	04:22.7	G2*	1	16 Tom Davis	Havering Mayesbrook	04:28.3	G2*
2	31 Oliver Poulain	St Albans AC	04:27.5	G2*	2	32 Sam Jameison West	St Albans AC	04:37.5	G40
3	13 James Weston	Hastings AC	05:05.8	00	3	14 Ryan Higgs	Hastings AC	05:13.8	00
4					4				
T21 U15B 80mh 'A'				U15B 80mh 'B'					
1	31 Christine Gaddes	St Albans AC	11.60	G1*	21	32 Jason Tang	St Albans AC	12.20	G1*
2	21 George Hadler	Ilford A C	12.40	G2*	2	14 Joe Rodriguez	Hastings AC	15.30	
3	13 Luke Alexander	Hastings AC	12.70	G3*	3	16 Finbar Smythe	Havering Mayesbrook	15.90	
4	15 Dan Wilson	Havering Mayesbrook	13.70	G4	4				
F1 U15B 4k Hammer 'A'				U15B 4k Hammer 'B'					
1	13 Rob James	Hastings AC	35.46	G3*	1	32 Josh Pieterse	St Albans AC	24.29	
2	15 Patric Wilson	Havering Mayesbrook	32.67	G3	2	14 Luke Alexander	Hastings AC	9.78	
3	31 Billy Sach	St Albans AC	24.54		3				
4					4				
F8 U15B 1.25k Discus 'A'				U15B 1.25k Discus 'B'					
1	15 Dan Wilson	Havering Mayesbrook	35.32	G2*	1	32 Jason Tang	St Albans AC	25.39	
2	31 Billy Sach	St Albans AC	32.01	G3*	2	16 Lee Jerrold	Havering Mayesbrook	19.76	
3	13 Rob James	Hastings AC	27.65	G4	3	14 Sam Garland	Hastings AC	8.10	
4					4				
F23 U15B 4.00k Shot 'A'				U15B 4.00k Shot 'B'					
1	31 Joel McNeill	St Albans AC	10.49	G4	1	32 Josh Pieterse	St Albans AC	10.28	G4
2	13 Rob James	Hastings AC	7.70		2	16 Patrick Lear	Havering Mayesbrook	6.17	
3	15 Lee Jerrold	Havering Mayesbrook	6.50		3				
4					4				
F33 U15B 600g Javelin 'A'				U15B 600g Javelin 'B'					
1	15 Ashley Purnell	Havering Mayesbrook	36.24	G4	1	16 Patrick Lear	Havering Mayesbrook	30.99	
2	32 Josh Pieterse	St Albans AC	31.18		2	31 Joel McNeill	St Albans AC	28.02	
3	13 Joe Rodriguez	Hastings AC	18.66		3	14 Ryan Higgs	Hastings AC	12.03	
4	21 Thomas King	Ilford A C	15.54		4	22 Taschan Peart	Ilford A C	11.72	
F16 U15B Long Jump 'A'				U15B Long Jump 'B'					
1	32 Christine Gaddes	St Albans AC	5.90	G1*	1	31 Jake Awe	St Albans AC	5.75	G1*
2	15 -	Havering Mayesbrook	5.48	G3	2	14 Sam Garland	Hastings AC	4.29	
3	21 Jordan Akisanja	Ilford A C	4.98		3	16 Ashley Purnell	Havering Mayesbrook	4.29	
4	13 Adam Nash	Hastings AC	4.39		4	22 Thomas King	Ilford A C	3.63	
F28 U15B High Jump 'A'				U15B High Jump 'B'					
1	31 Christine Gaddes	St Albans AC	1.60	G3*	1	32 Jake Awe	St Albans AC	1.45	
2	13 Tom Watson	Hastings AC	1.45		2	14 Luke Alexander	Hastings AC	1.45	
3	15 Lee Jerrold	Havering Mayesbrook	1.40		3	16 Finbar Smythe	Havering Mayesbrook	1.30	
F12 U15B Pole Vault 'A'				U15B Pole Vault 'B'					
1	31 Chris Gillespie	St Albans AC	1.90		1	32 Oliver Poulain	St Albans AC	1.80	

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Event	Grade	Name	Club	Perf	Wind	Records	Grades	Event	Grade	Name	Club	Perf	Wind	Records	Grades
T28	U13B 100m 'A'				Wind=			U13B 100m 'B'					Wind=		
	1	15 Jordan Fox	Havering Mayesbrook	14.20				1	16 Chris Gell	Havering Mayesbrook		14.40			
	2	13 Kobe Griffith	Hastings AC	14.60				2	22 Raeis Mer	Ilford A C		14.90			
	3	21 Harry Kyriacou	Ilford A C	14.60				3	32 Marcus Bell	St Albans AC		15.10			
	4	31 Alex Brown	St Albans AC	15.00				4	14 Luca Pola	Hastings AC		15.70			
T4	U13B 200m 'A'				Wind=			U13B 200m 'B'					Wind=		
	1	15 Alex Law	Havering Mayesbrook	26.60		G1*		1	16 Chris Gell	Havering Mayesbrook		29.80			
	2	21 Harry Kyriacou	Ilford A C	29.30				2	32 Marcus Bell	St Albans AC		30.50			
	3	13 Kobe Griffith	Hastings AC	29.60				3	14 Luca Pola	Hastings AC		31.20			
	4	31 Robert Redshaw	St Albans AC	30.10				4							
T10	U13B 800m 'A'							U13B 800m 'B'							
	1	21 Raeis Mer	Ilford A C	02:31.5		G4		1	16 Sean Wilson	Havering Mayesbrook		02:47.3			
	2	31 Luke Dee	St Albans AC	02:36.8				2	32 Alex Brown	St Albans AC		02:52.3			
	3	15 Jordan Fox	Havering Mayesbrook	02:39.8				3	14 Alex Atkins	Hastings AC		03:33.7			
	4	13 Alfie Jeffery	Hastings AC	02:49.6				4							
T33	U13B 1500m 'A'							U13B 1500m 'B'							
	1	15 Freddy Keefe	Havering Mayesbrook	04:47.8		G1*		1	16 Thomas Pitkin	Havering Mayesbrook		05:42.6	00		
	2	21 Shanjay Sivakumaran	Ilford A C	05:32.3		00		2	32 Charlie Begg	St Albans AC		06:14.9	00		
	3	13 Hanny Reece	Hastings AC	05:37.4		00		3							
	4	31 Robert Redshaw	St Albans AC	05:48.0		00		4							
T17	U13B 75mh 'A'				Wind=			U13B 75mh 'B'					Wind=		
	1	15 Alex Law	Havering Mayesbrook	13.50		G2		1	16 Chris Gell	Havering Mayesbrook		15.10	G4		
	2	31 Simon Smyth	St Albans AC	15.00		G4		2	32 Devon Graham	St Albans AC		17.20			
	3	21 Shanjay Sivakumaran	Ilford A C	16.60				3	14 Alex Atkins	Hastings AC		19.10			
	4	13 Alfie Jeffery	Hastings AC	17.30				4							
F15	U13B 3.25k Shot 'A'							U13B 3.25k Shot 'B'							
	1	21 Harry Kyriacou	Ilford A C	8.32		G3		1	32 James Owler	St Albans AC		5.45			
	2	31 Alex Brown	St Albans AC	6.40				2	16 Sean Wilson	Havering Mayesbrook		4.29			
	3	15 Lewis Middleton	Havering Mayesbrook	5.61				3	13 Alex Atkins	Hastings AC		3.94			
	4	14 Hanny Reece	Hastings AC	4.77				4							
F25	U13B Long Jump 'A'							U13B Long Jump 'B'							
	1	15 Alex Law	Havering Mayesbrook	4.59		G2*		1	16 Lewis Middleton	Havering Mayesbrook		4.01			
	2	13 Kobe Griffith	Hastings AC	4.40		G3*		2	32 James Owler	St Albans AC		3.57			
	3	31 Marcus Bell	St Albans AC	3.84				3	14 Luca Pola	Hastings AC		3.48			
	4							4							
F6	U13B High Jump 'A'							U13B High Jump 'B'							
	1	15 Jordan Fox	Havering Mayesbrook	1.35		G3*		1	16 Sean Wilson	Havering Mayesbrook		1.25			
	2	31 Simon Smyth	St Albans AC	1.30		G4		2	14 Hanny Reece	Hastings AC		1.20			
	3	13 Alfie Jeffery	Hastings AC	1.25				3	22 Shanjay Sivakumaran	Ilford A C		1.15			
	4	21 Raeis Mer	Ilford A C	1.25				4	32 Luke Dee	St Albans AC		1.10			
T31	U17W 100m 'A'				Wind=			U17W 100m 'B'					Wind=		
	1	15 Holly Thomas	Havering Mayesbrook	13.1		G4		1	16 Nicola Peachey	Havering Mayesbrook		14.1			
	2	13 Jamila Smikle	Hastings AC	14.2				2	14 Summer Husble	Hastings AC		14.2			
	3							3							
	4							4							
T7	U17W 200m 'A'				Wind=			U17W 200m 'B'					Wind=		
	1	31 Alice Marshall	St Albans AC	28.8				1	32 Abi Holman	St Albans AC		27.8			
	2	13 Summer Husble	Hastings AC	29.7				2	16 Shelly Wilson	Havering Mayesbrook		30.9			
	3	15 Kelly Jarold	Havering Mayesbrook	31.0				3							
	4							4							

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T26 U17W 300m 'A'

1	31	Alice Marshall	St Albans AC	44.6	*
2	13	Amy McCarthy	Hastings AC	45.5	
3	15	Rebecca O'Neill	Havering Mayesbrook	46.8	
4					

U17W 300m 'B'

1	14	-	Hastings AC	46.9
2	16	-	Havering Mayesbrook	48.2
3	32	Daisy Yeomans	St Albans AC	48.6
4				

T13 U17W 800m 'A'

1	15	Rebecca O'Neill	Havering Mayesbrook	02:24.0	G4*
2	13	Stacy Cluster	Hastings AC	02:24.7	G4*
3	31	Daisy Yeomans	St Albans AC	02:34.8	
4					

U17W 800m 'B'

1	14	April Johns	Hastings AC	02:39.7
2	16	Michelle Lovell	Havering Mayesbrook	03:01.5
3				
4				

T36 U17W 1500m 'A'

1	31	Laura Farrar	St Albans AC	05:13.7	00
2					
3					
4					

U17W 1500m 'B'

1					
2					
3					
4					

T19 U17W 3000m 'A'

1	31	Laura Farrar	St Albans AC	10:51.3	G3*
2	13	Stacy Cluster	Hastings AC	11:04.6	G40
3	15	Patsy Mc Weeney	Havering Mayesbrook	13:03.7	00
4					

U17W 3000m 'B'

1					
2					
3					
4					

T20 U17W 80mh 'A'

1	15	Holly Thomas	Havering Mayesbrook	11.9	G1*
2					
3					
4					

U17W 80mh 'B'

1	16	Nicola Peachey	Havering Mayesbrook	12.9	G3*
2					
3					
4					

T1 U17W 300mH 'A'

1	13	Amy McCarthy	Hastings AC	48.8	G4*
2	15	Nicola Peachey	Havering Mayesbrook	50.0	G4*
3	21	Clare Rodway	Ilford A C	56.7	
4					

U17W 300mH 'B'

1	16	Jess Seekings	Havering Mayesbrook	54.0
2	14	Summer Husble	Hastings AC	62.2
3				
4				

F3 U17W 4k Hammer 'A'

1	13	Louisa James	Hastings AC	45.27	G1*
2	21	Victoria Onyeki	Ilford A C	20.31	
3	15	Katherine Knight	Havering Mayesbrook	19.38	
4					

U17W 4k Hammer 'B'

1	14	Lisa Normoyle	Hastings AC	26.51	G4
2	16	Shelly Wilson	Havering Mayesbrook	18.70	
3					
4					

F20 U17W 1.0k Discus 'A'

1	21	Victoria Onyeki	Ilford A C	32.47	G2*
2	15	Shophie Baggs	Havering Mayesbrook	30.46	G2*
3	13	Louisa James	Hastings AC	29.64	G3*
4	32	Daisy Yeomans	St Albans AC	12.72	

U17W 1.0k Discus 'B'

1	16	Katherine Knight	Havering Mayesbrook	27.14	G4*
2	14	Lisa Normoyle	Hastings AC	25.01	G4
3	31	Aisling Langham	St Albans AC	9.88	
4					

F31 U17W 4k Shot 'A'

1	13	Louisa James	Hastings AC	8.47	G4
2	15	Shophie Baggs	Havering Mayesbrook	7.92	G4
3	21	Victoria Onyeki	Ilford A C	7.03	
4	31	Abibie Smith	St Albans AC	5.02	

U17W 4k Shot 'B'

1	14	Lisa Normoyle	Hastings AC	8.31	G4
2	22	Clare Rodway	Ilford A C	5.15	
3	16	Patsy Mc Weeney	Havering Mayesbrook	4.96	
4	32	Laura Farrar	St Albans AC	4.64	

F26 U17W 600g Javelin 'A'

1	16	Patsy Mc Weeney	Havering Mayesbrook	23.10	
2	13	Stacy Cluster	Hastings AC	21.07	
3	31	Aisling Langham	St Albans AC	17.58	
4					

U17W 600g Javelin 'B'

1	15	Katherine Knight	Havering Mayesbrook	13.88
2	32	Abibie Smith	St Albans AC	13.56
3				
4				

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F5 U17W Long Jump 'A'

1	31	Abi Holman	St Albans AC	5.11	G2*
2	15	Holly Thomas	Havering Mayesbrook	4.87	G4*
3	21	Rochelle Rhodes	Ilford A C	4.28	
4	13	Jamila Smikle	Hastings AC	3.94	

U17W Long Jump 'B'

1	16	Kelly Jarold	Havering Mayesbrook	4.15
2	32	Abibie Smith	St Albans AC	3.67
3				
4				

F35 U17W Triple Jump 'A'

1	31	Abi Holman	St Albans AC	10.87	G1*
2	21	Rochelle Rhodes	Ilford A C	10.23	G3*
3	13	Jamila Smikle	Hastings AC	9.73	G4*
4	15	Kelly Jarold	Havering Mayesbrook	9.36	G4*

U17W Triple Jump 'B'

1				
2				
3				
4				

F19 U17W High Jump 'A'

1	21	Rochelle Rhodes	Ilford A C	1.45
2	13	Amy McCarthy	Hastings AC	1.35

U17W High Jump 'B'

F11 U17W Pole Vault 'A'

1 96 No Competitors Declared

U17W Pole Vault 'B'

T29 U15G 100m 'A'

			<i>Wind=</i>		
1	15	Ricarda Chapman	Havering Mayesbrook	13.4	G4
2	13	Sky Hamilton Brown	Hastings AC	14.0	
3	31	Alica Tymon McEwan	St Albans AC	14.2	
4					

U15G 100m 'B'

			<i>Wind=</i>		
1	16	Lucy Allen	Havering Mayesbrook	13.9	
2	32	Laura Owler	St Albans AC	14.3	
3	14	Grace Baker	Hastings AC	14.9	
4					

T5 U15G 200m 'A'

			<i>Wind=</i>		
1	15	Lucy Allen	Havering Mayesbrook	28.9	
2	31	Stephanie Rukin	St Albans AC	29.0	
3	13	Sky Hamilton Brown	Hastings AC	29.3	
4					

U15G 200m 'B'

			<i>Wind=</i>		
1	16	Henrietta Adewole	Havering Mayesbrook	30.3	
2	32	Laura Owler	St Albans AC	30.6	
3	14	Lauren Ellis	Hastings AC	32.1	
4					

T11 U15G 800m 'A'

1	13	Grace Baker	Hastings AC	02:29.7	G4
2	15	Becky Stanley	Havering Mayesbrook	02:41.4	
3	31	Chloe Beard	St Albans AC	02:58.3	
4					

U15G 800m 'B'

1	16	Jess Fazakerley	Havering Mayesbrook	02:59.5
2	32	Jess Smith	St Albans AC	03:17.7
3	14	Kayling Store	Hastings AC	03:34.8
4				

T34 U15G 1500m 'A'

1	15	Amanda Blaxland	Havering Mayesbrook	05:14.1	G40
2	31	Hanna Hull	St Albans AC	05:16.8	00
3	21	Bethany Hall	Ilford A C	05:20.9	00
4	13	Lauren Ellis	Hastings AC	05:27.8	00

U15G 1500m 'B'

1	16	Avril Loynes	Havering Mayesbrook	05:19.6	00
2	14	Chole Reed	Hastings AC	06:26.6	00
3					
4					

T18 U15G 75mh 'A'

			<i>Wind=</i>		
1	31	Alica Tymon McEwan	St Albans AC	12.4	G3*
2	15	Rylie Trott	Havering Mayesbrook	12.8	G3*
3	13	Kayling Store	Hastings AC	18.0	
4					

U15G 75mh 'B'

			<i>Wind=</i>		
1	32	Stephanie Rukin	St Albans AC	12.3	G2*
2	16	Jess Fazakerley	Havering Mayesbrook	15.8	
3	14	Chole Reed	Hastings AC	17.5	
4					

F4 U15G Long Jump 'A'

1	31	Alica Tymon McEwan	St Albans AC	4.44	G4
2	15	Ricarda Chapman	Havering Mayesbrook	4.22	
3	13	Sky Hamilton Brown	Hastings AC	3.29	
4	21	Bethany Hall	Ilford A C	2.85	

U15G Long Jump 'B'

1	32	Niamh Lawson	St Albans AC	4.16
2	16	Becky Stanley	Havering Mayesbrook	2.77
3				
4				

* = AW Standards

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Perf

Wind

Records
Grades

Sunday, June 21 2009

Perf

Grades

Southern 1 - East Westminster Lodge				Sunday, June 21 2009			
Event	Perf	Wind	Records Grades	Event	Perf	Grades	Perf
F18 U15G High Jump 'A'				U15G High Jump 'B'			
1 15 Becky Lawrence	Havering Mayesbrook	1.38		1= 16 Jess Fazakerley	Havering Mayesbrook		1.15
2 31 Stephanie Rukin	St Albans AC	1.20		1= 32 Hanna Hull	St Albans AC		1.15
F10 U15G Pole Vault 'A'			LR MR	U15G Pole Vault 'B'			
1 31 Rowen Seglah	St Albans AC	1.90	FALSE				
2 13 Grace Baker	Hastings AC	1.80	FALSE				
F21 U15G 1.00k Discus 'A'				U15G 1.00k Discus 'B'			
1 31 Abi Wilde	St Albans AC	20.08	G4	1 16 Avril Loynes	Havering Mayesbrook		14.11
2 15 Erin Baggs	Havering Mayesbrook	19.40		2 32 Jess Smith	St Albans AC		11.80
3				3			
4				4			
F27 U15G 600g Javelin 'A'				U15G 600g Javelin 'B'			
1 31 Abi Wilde	St Albans AC	29.26	G2*	1 32 Niamh Lawson	St Albans AC		11.95
2 15 Rylie Trott	Havering Mayesbrook	12.11		2 14 Chole Reed	Hastings AC		9.78
3 13 Lauren Ellis	Hastings AC	10.83		3 16 Becky Lawrence	Havering Mayesbrook		8.56
4				4			
F30 U15G 3.25k Shot 'A'				U15G 3.25k Shot 'B'			
1 15 Henrietta Adewole	Havering Mayesbrook	8.30	G4	1 32 Laura Owler	St Albans AC		6.14
2 31 Niamh Lawson	St Albans AC	6.93		2 16 Erin Baggs	Havering Mayesbrook		5.80
3				3			
4				4			
T27 U13G 75m 'A'		Wind=		U13G 75m 'B'		Wind=	
1 13 Robyn Mackay	Hastings AC	11.0	G4*	1 14 Betsy Haggart	Hastings AC	11.8	
2 31 Emma Clarke	St Albans AC	11.2	G4*	2 32 Laura Nofer	St Albans AC	12.0	
3 15 Phoebe Maloney	Havering Mayesbrook	11.7		3 16 Thiziri Dendani	Havering Mayesbrook	12.4	
4 21 Ellie Atkinson	Ilford A C	13.1		4			
T3 U13G 150m 'A'		Wind=		U13G 150m 'B'		Wind=	
1 31 Emma Clarke	St Albans AC	22.4	G4	1 32 Joetta James	St Albans AC	24.7	
2 13 Robyn Mackay	Hastings AC	22.5		2 16 Becky Fox	Havering Mayesbrook	25.7	
3 15 Phoebe Maloney	Havering Mayesbrook	23.6		3 14 Zoe Botting	Hastings AC	27.3	
4				4			
T9 U13G 800m 'A'				U13G 800m 'B'			
1 13 -	Hastings AC	02:39.4	G3*	1 14 Katie Garland	Hastings AC	03:04.3	
2 31 Chloe Rutherford Hughes	St Albans AC	02:46.6		2 32 Grace Hull	St Albans AC	03:09.0	
3 15 Abigail Spink	Havering Mayesbrook	02:49.6		3			
4 21 Ellie Atkinson	Ilford A C	02:58.6		4			
T22 U13G 1200m 'A'				U13G 1200m 'B'			
1 13 Louise Nash	Hastings AC	04:16.8	G4*	1 32 Charlotte Brookes	St Albans AC	04:51.1	00
2 31 Pippa Bailey	St Albans AC	04:26.7	G40	2 14 Zoe Botting	Hastings AC	05:05.8	00
3				3			
4				4			
T15 U13G 70mh 'A'		Wind=		U13G 70mh 'B'		Wind=	
1 31 Laura Nofer	St Albans AC	13.2	G4	1 32 Joetta James	St Albans AC	13.0	G3*
2 13 Betsy Haggart	Hastings AC	16.6		2 14 Louise Nash	Hastings AC	17.9	
3				3			
4				4			

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Grades

F7 U13G High Jump 'A'

1	31	Lucy Dicks	St Albans AC	1.43	G1*
2	13	-	Hastings AC	1.41	G1*
3	15	Georgie Taylor	Havering Mayesbrook	1.15	

U13G High Jump 'B'

1	32	Alice Townend	St Albans AC	1.30	G3
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F24 U13G Long Jump 'A'

1	13	-	Hastings AC	4.30	G2*
2	31	Chloe Rutherford Hughes	St Albans AC	3.81	G4
3	21	Ellie Atkinson	Ilford A C	2.79	
4	16	Becky Fox	Havering Mayesbrook	2.40	

U13G Long Jump 'B'

1	32	Emma Clarke	St Albans AC	3.78	G4
2	14	Katie Garland	Hastings AC	3.50	
3	15	Thiziri Dendani	Havering Mayesbrook	2.34	
4					

F14 U13G 2.72k Shot 'A'

1	31	Alice Townend	St Albans AC	8.04	G1*
2	15	Georgie Taylor	Havering Mayesbrook	7.60	G2*
3	14	Katie Garland	Hastings AC	4.56	
4					

U13G 2.72k Shot 'B'

1	32	Cate Brooks	St Albans AC	5.33	
2	16	Becky Fox	Havering Mayesbrook	5.32	
3	13	Zoe Botting	Hastings AC	4.19	
4					

*= AW Standards