

# UKA: National Young Athletes League 2008

<http://www.natyal.co.uk>



<u>Northern Premier Witton Park, Blackburn</u>				Perf	Wind	Records	Grades	<u>Sunday, May 03 2009</u>				Perf	Grades
T32	U17M 100m 'A'				<i>Wind=</i>			U17M 100m 'B'					
1	17 Michael Bennett	Herne Hill Harriers	11.7			G3*		1	18 Rorie Robinson	Herne Hill Harriers	12.0		G4
2	32 Kieran Moss	St Albans AC	12.4					2	31 Mitchell Russell	St Albans AC	12.8		
3	10 Billy Pearson	Eastbourne Rovers AC	12.7					3	9 Laurance Ackary	Eastbourne Rovers AC	12.9		
4								4					
T8	U17M 200m 'A'				<i>Wind=</i>			U17M 200m 'B'			<i>Wind=</i>		
1	17 Rorie Robinson	Herne Hill Harriers	24.1			G4		1	18 Silvester Akpalara	Herne Hill Harriers	25.1		
2	31 Carl Palin	St Albans AC	25.6					2	32 Joel Trounce	St Albans AC	25.6		
3	9 Laurance Ackary	Eastbourne Rovers AC	26.1					3	10 Billy Pearson	Eastbourne Rovers AC	26.2		
4								4					
T25	U17M 400m 'A'							U17M 400m 'B'					
1	9 Jono Ketley	Eastbourne Rovers AC	54.3			G3		1	18 Jonathan Clarke	Herne Hill Harriers	56.9		
2	31 Carl Palin	St Albans AC	54.5			G4		2	10 Tyler North	Eastbourne Rovers AC	58.6		
3	17 Alex Moislely	Herne Hill Harriers	55.6			G4		3	32 Joseph Romain	St Albans AC	60.2		
4	23 Ben Pepler	Lewes AC	65.0					4					
T14	U17M 800m 'A'							U17M 800m 'B'					
1	17 Silvester Akpalara	Herne Hill Harriers	02:07.5			G4		1	18 Lewis Lloyd	Herne Hill Harriers	02:12.8		
2	31 Khalid Al Abaidy	St Albans AC	02:08.1			G4		2	32 Joseph Romain	St Albans AC	02:18.6		
3	23 Ben Pepler	Lewes AC	02:26.5					3					
4								4					
T37	U17M 1500m 'A'							U17M 1500m 'B'					
1	17 Lewis Lloyd	Herne Hill Harriers	04:25.6			G40		1	18 Billy Holmes	Herne Hill Harriers	04:53.7	00	
2	31 Khalid Al Abaidy	St Albans AC	04:50.9			00		2	32 Joseph Romain	St Albans AC	05:14.2	00	
3								3					
4								4					
T16	U17M 3000m 'A'							U17M 3000m 'B'					
1	31 Elliot Poulain	St Albans AC	10:52.2			00		1	18 Jamal Langley	Herne Hill Harriers	dnf	00	
2	17 Daniel Willmott	Herne Hill Harriers	11:10.3			00		2					
3								3					
4								4					
T2	U17M 400mH 'A'							U17M 400mH 'B'					
1	9 Jono Ketley	Eastbourne Rovers AC	66.4					1					
2								2					
3								3					
4								4					
T23	U17M 100mH 'A'				<i>Wind=</i>			U17M 100mH 'B'			<i>Wind=</i>		
1	17 Blade Ashby	Herne Hill Harriers	14.2			G2*		1	18 Rorie Robinson	Herne Hill Harriers	20.3		
2	31 Joel Trounce	St Albans AC	16.8					2					
3								3					
4								4					
T44	U17M 1500m S/Chase 'A'							U17M 1500m S/Chase 'B'					
1	17 Jamal Langley	Herne Hill Harriers	08:20.3			00		1	18 Daniel Willmott	Herne Hill Harriers	09:36.8	00	
2								2					
3								3					
4								4					
F2	U17M 5k Hammer 'A'							U17M 5k Hammer 'B'					
1	17 Khalil Njoya	Herne Hill Harriers	25.77			G4		1	18 Marlon Douglin	Herne Hill Harriers	13.58		
2								2					
3								3					
4								4					
F9	U17M 1.5k Discus 'A'							U17M 1.5k Discus 'B'					

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1	17	Khalil Njoya	Herne Hill Harriers	32.20		G3		1	18	Marlon Douglin	Herne Hill Harriers	18.88	
2								2					
3								3					
4								4					
F22 U17M 5k Shot 'A'								U17M 5k Shot 'B'					
1	17	Khalil Njoya	Herne Hill Harriers	10.10		G4		1	18	Marlon Douglin	Herne Hill Harriers	9.39	
2	31	Jonathan Howarth	St Albans AC	7.86				2					
3	23	Ben Pepler	Lewes AC	5.72				3					
4								4					
F32 U17M 700g Javelin 'A'								U17M 700g Javelin 'B'					
1	31	Jonathan Howarth	St Albans AC	33.90		G4		1					
2	9	Jono Ketley	Eastbourne Rovers AC	30.31				2					
3	18	Blade Ashby	Herne Hill Harriers	25.10				3					
4								4					
F13 U17M Pole Vault 'A'								U17M Pole Vault 'B'					
1	96	No Competitors Declared											
F29 U17M High Jump 'A'								U17M High Jump 'B'					
1	31	Carl Palin	St Albans AC	1.55				1	32	Joel Trounce	St Albans AC	1.40	
F17 U17M Long Jump 'A'								U17M Long Jump 'B'					
1	18	Blade Ashby	Herne Hill Harriers	6.34		G1*		1	17	Jonathan Grant	Herne Hill Harriers	6.30	G1*
2	31	Kieran Moss	St Albans AC	6.26		G1*		2	32	Mitchell Russell	St Albans AC	5.09	
3	9	Laurance Ackary	Eastbourne Rovers AC	4.78				3	10	Tyler North	Eastbourne Rovers AC	4.75	
4								4					
F34 U17M Triple Jump 'A'								U17M Triple Jump 'B'					
1	31	Kieran Moss	St Albans AC	12.69		G2*		1					
2	18	Jonathan Clarke	Herne Hill Harriers	12.25		G2		2					
3	9	Tyler North	Eastbourne Rovers AC	10.52				3					
4								4					
T30 U15B 100m 'A'					Wind=			U15B 100m 'B'					Wind=
1	17	Taj Johnson	Herne Hill Harriers	12.2		G3*		1	32	William Dean	St Albans AC	12.7	G4*
2	31	Jake Awe	St Albans AC	12.2		G3*		2	18	Chad Briscoe	Herne Hill Harriers	13.3	*
3	23	Evan Carter	Lewes AC	13.6				3	10	Barney Cornford	Eastbourne Rovers AC	15.1	
4	9	Jordan Surridge	Eastbourne Rovers AC	13.7				4					
T6 U15B 200m 'A'					Wind=			U15B 200m 'B'					Wind=
1	17	Taj Johnson	Herne Hill Harriers	24.8		G2*		1	32	William Dean	St Albans AC	25.3	G3*
2	31	Luke Yaxley	St Albans AC	25.7		G4		2	18	Joshua Reid	Herne Hill Harriers	25.8	G4
3	9	Alex Voss Hillier	Eastbourne Rovers AC	26.5		G4		3	10	Jordan Surridge	Eastbourne Rovers AC	26.9	G4
4	23	Evan Carter	Lewes AC	27.8				4	24	Aaron Guilford	Lewes AC	27.6	
T24 U15B 400m 'A'								U15B 400m 'B'					
1	31	Chris Hilton	St Albans AC	57.8		G3		1	32	James McMurray	St Albans AC	57.4	G3
2	9	Alex Voss Hillier	Eastbourne Rovers AC	58.5		G4		2	18	Luis DaSilva	Herne Hill Harriers	62.3	
3	17	Emmanuel Okwera	Herne Hill Harriers	58.7		G4		3	24	Aaron Guilford	Lewes AC	63.1	
4	23	Harrison Reaveley	Lewes AC	66.2				4	10	Jonny White	Eastbourne Rovers AC	63.9	
T12 U15B 800m 'A'								U15B 800m 'B'					
1	32	James McMurray	St Albans AC	02:04.5		G1*		1	31	Chris Hilton	St Albans AC	02:10.6	G2*

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2	17	Zac Weller Davies	Herne Hill Harriers	02:19.3		G4		2	9	Luke McWilton	Eastbourne Rovers AC	02:21.2	G4		
3	10	Jonny White	Eastbourne Rovers AC	02:21.1		G4		3	18	Michael Brown	Herne Hill Harriers	02:38.3			
4	23	James Shackleton	Lewes AC	02:45.5				4							
T35 U15B 1500m 'A'								U15B 1500m 'B'							
1	10	Keith Alger	Eastbourne Rovers AC	04:43.5		G30		1	31	Oliver Poulin	St Albans AC	04:57.5	G40		
2	32	Harry Whiteman	St Albans AC	04:52.1		G40		2	9	Joe Russell	Eastbourne Rovers AC	05:00.6	00		
3	17	James Allen	Herne Hill Harriers	04:54.7		G40		3	18	John Tayleur	Herne Hill Harriers	05:19.1	00		
4	23	Harrison Reaveley	Lewes AC	05:28.9		00		4	24	Aaron Guilford	Lewes AC	05:29.2	00		
T21 U15B 80mh 'A' <i>Wind=</i>								U15B 80mh 'B' <i>Wind=</i>							
1	31	Christian Geddes	St Albans AC	12.0		G1*		1	32	Luke Yaxley	St Albans AC	12.8	G3*		
2	9	Alex Voss Hillier	Eastbourne Rovers AC	12.6		G3*		2	18	Temidayo Abdullahi	Herne Hill Harriers	15.3			
3	17	Chad Briscoe	Herne Hill Harriers	13.9		G4		3	10	Keith Alger	Eastbourne Rovers AC	17.0			
4	23	James Shackleton	Lewes AC	17.0				4							
F1 U15B 4k Hammer 'A'								U15B 4k Hammer 'B'							
1	18	Daniel St Aubyn	Herne Hill Harriers	26.17		G4		1	17	Louis Keen	Herne Hill Harriers	18.44			
2	9	Isaac Francis	Eastbourne Rovers AC	22.21		G4		2	32	Frankie Smith	St Albans AC	13.63			
3	31	Chris Hilton	St Albans AC	20.40				3	10	Barney Cornford	Eastbourne Rovers AC	10.54			
4	23	Remi McDonald	Lewes AC	16.41				4							
F8 U15B 1.25k Discus 'A'								U15B 1.25k Discus 'B'							
1	32	Billy Sach	St Albans AC	26.15		G3		1	18	Daniel Badejo	Herne Hill Harriers	18.78			
2	17	Louis Keen	Herne Hill Harriers	21.83		G4		2	31	Frankie Smith	St Albans AC	16.12			
3	23	Remi McDonald	Lewes AC	13.16				3	9	Josh Bennett-Tomlin	Eastbourne Rovers AC	12.61			
4								4							
F23 U15B 4.00k Shot 'A'								U15B 4.00k Shot 'B'							
1	31	Christian Geddes	St Albans AC	11.37		G3*		1	32	Jason Tang	St Albans AC	8.82			
2	17	Louis Keen	Herne Hill Harriers	10.43		G4		2	18	Daniel St Aubyn	Herne Hill Harriers	8.37			
3	9	Isaac Francis	Eastbourne Rovers AC	8.93		G4		3	10	Josh Bennett-Tomlin	Eastbourne Rovers AC	6.50			
4	23	Remi McDonald	Lewes AC	5.93				4							
F33 U15B 600g Javelin 'A'								U15B 600g Javelin 'B'							
1	18	Zac Weller Davies	Herne Hill Harriers	23.44				1	17	Nicholas Grant	Herne Hill Harriers	19.86			
2	23	Ashley Derrick	Lewes AC	21.37				2	32	James McMurray	St Albans AC	17.15			
3	31	Frankie Smith	St Albans AC	20.30				3	10	Jonny White	Eastbourne Rovers AC	4.54			
4	9	Josh Bennett-Tomlin	Eastbourne Rovers AC	7.36				4							
F16 U15B Long Jump 'A'								U15B Long Jump 'B'							
1	31	Jake Awe	St Albans AC	5.51		G2*		1	18	Nicholas Grant	Herne Hill Harriers	4.92	G4		
2	17	Taj Johnson	Herne Hill Harriers	5.49		G2		2	32	William Dean	St Albans AC	4.89	G4		
3	9	Luke McWilton	Eastbourne Rovers AC	4.49				3	24	Harrison Reaveley	Lewes AC	4.19			
4	23	Evan Carter	Lewes AC	4.40				4	10	Keith Alger	Eastbourne Rovers AC	4.04			
F28 U15B High Jump 'A'								U15B High Jump 'B'							
1	31	Christian Geddes	St Albans AC	1.65		G2*		1	32	Jason Tang	St Albans AC	1.45	G4		
2	23	Ashley Derrick	Lewes AC	1.40											
3	18	Temidayo Abdullahi	Herne Hill Harriers	1.35											
4	9	Luke McWilton	Eastbourne Rovers AC	1.25											
F12 U15B Pole Vault 'A'								U15B Pole Vault 'B'							
1=	31	Oliver Poulin	St Albans AC	2.00				1	32	Chris Gillespie	St Albans AC	1.80			
1=	23	Ashley Derrick	Lewes AC	2.00											
3	9	Isaac Francis	Eastbourne Rovers AC	2.00											
4	17	Frazer Hay	Herne Hill Harriers	1.70											
T28 U13B 100m 'A' <i>Wind=</i>								U13B 100m 'B' <i>Wind=</i>							
1	24	James Kemp	Lewes AC	13.7		G3		1	23	Chris Hutchins	Lewes AC	14.8			
2	17	Usher Wrightman = AW Standards	Herne Hill Harriers	14.4		G4		2	31	Alex Port	St Albans AC	15.3			

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3	32	Marius Bell	St Albans AC	15.0			3	18	Ibrahim Belal	Herne Hill Harriers	15.5				
4							4								
T4 U13B 200m 'A'				<i>Wind=</i>				U13B 200m 'B'				<i>Wind=</i>			
1	17	Ursher Wrightman	Herne Hill Harriers	29.8		G4	1	18	Lascelles Hussey	Herne Hill Harriers	30.4	G4			
2	23	Chris Hutchins	Lewes AC	30.8			2	24	David Thomas	Lewes AC	32.8				
3	31	Marius Bell	St Albans AC	30.8			3	32	Annas Al Abady	St Albans AC	35.5				
4							4								
T10 U13B 800m 'A'								U13B 800m 'B'							
1	17	Ibrahim Belal	Herne Hill Harriers	02:46.3			1	24	Sam Heinzl	Lewes AC	03:07.8				
2	23	Alex Stillwell	Lewes AC	02:51.8			2	32	Alex Walters	St Albans AC	03:40.4				
3	31	Daniel Hull	St Albans AC	03:13.8			3								
4							4								
T33 U13B 1500m 'A'								U13B 1500m 'B'							
1	17	Lascelles Hussey	Herne Hill Harriers	04:48.9		G1*	1	24	Sam Jackson	Lewes AC	05:57.4	00			
2	9	Jake Alger	Eastbourne Rovers AC	04:51.4		G1*	2								
3	31	Luke Dee	St Albans AC	05:27.7		00	3								
4	23	George Smith	Lewes AC	05:46.8		00	4								
T17 U13B 75m 'A'				<i>Wind=</i>				U13B 75m 'B'				<i>Wind=</i>			
1	17	Chideraa Ojemere	Herne Hill Harriers	14.7		G3	1	18	Garfield Francis	Herne Hill Harriers	15.3	G4			
2	23	Alex Stillwell	Lewes AC	17.5			2	24	Sam Heinzl	Lewes AC	17.2				
3	31	Thomas Giles	St Albans AC	21.1			3	32	Daniel Hull	St Albans AC	dnf				
4							4								
F15 U13B 3.25k Shot 'A'								U13B 3.25k Shot 'B'							
1	23	James Kemp	Lewes AC	6.35		G4	1	17	Chideraa Ojemere	Herne Hill Harriers	4.19				
2	18	Garfield Francis	Herne Hill Harriers	4.44			2	24	Alex Stillwell	Lewes AC	3.28				
3	32	Alex Walters	St Albans AC	3.30			3	31	Daniel Hull	St Albans AC	3.18				
4							4								
F25 U13B Long Jump 'A'								U13B Long Jump 'B'							
1	9	Jake Alger	Eastbourne Rovers AC	3.87		G4	1	31	Alex Port	St Albans AC	3.48				
2	17	Ursher Wrightman	Herne Hill Harriers	3.68			2	23	Todd Cotterill	Lewes AC	3.13				
3	32	Marius Bell	St Albans AC	3.62			3	18	Ibrahim Belal	Herne Hill Harriers	3.09				
4	24	George Smith	Lewes AC	3.34			4								
F6 U13B High Jump 'A'								U13B High Jump 'B'							
1	9	Jake Alger	Eastbourne Rovers AC	1.29		G4	1	18	Garfield Francis	Herne Hill Harriers	1.15				
2==	17	Chideraa Ojemere	Herne Hill Harriers	1.15			2	23	David Thomas	Lewes AC	1.05				
2==	31	Luke Dee	St Albans AC	1.15											
2==	24	Todd Cotterill	Lewes AC	1.15											
T31 U17W 100m 'A'				<i>Wind=</i>				U17W 100m 'B'				<i>Wind=</i>			
1	17	Funto Fabiumi-Alade	Herne Hill Harriers	12.9		G3*	1	18	Rachel Mayhew	Herne Hill Harriers	13.0	G3*			
2	9	Georgia Ungoed	Eastbourne Rovers AC	13.1		G3	2	10	Joanna Morgan	Eastbourne Rovers AC	13.4	G4			
3	31	Rachael Evans	St Albans AC	14.0			3								
4	23	Adele Woodhams	Lewes AC	14.5			4								
T7 U17W 200m 'A'				<i>Wind=</i>				U17W 200m 'B'				<i>Wind=</i>			
1	17	Funto Fabiumi-Alade	Herne Hill Harriers	26.1		G2*	1	18	Rachel Mayhew	Herne Hill Harriers	27.8				
2	9	Joanna Morgan	Eastbourne Rovers AC	27.2		G4	2	32	Abbie Smith	St Albans AC	30.7				
3	31	Abi Holman	St Albans AC	27.3		G4	3								
4							4								
T26 U17W 300m 'A'								U17W 300m 'B'							
1	31	Alice Marshall	St Albans AC	44.6		G4*	1	18	Jessica Quartey-Pigot	Herne Hill Harriers	46.7				
2	17	Aisha Wey-Naibe	Herne Hill Harriers	45.7		G4	2	32	Abbie Smith	St Albans AC	49.6				
3	9	Zara Sasson =AW Standards	Eastbourne Rovers AC	46.3			3								

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Perf Wind Records Grades **Sunday, May 03 2009**

Perf Grades

Event	Grade	Name	Club	Perf	Wind	Records	Grades	Event	Grade	Name	Club	Perf	Wind	Records	Grades
4															
T13	U17W 800m 'A'	1	17	Katie Snowdon	Herne Hill Harriers	02:17.4	G2*	U17W 800m 'B'	1	31	Daisy Yeomans	St Albans AC	02:34.6		
		2	32	Cathrine Mackintosh	St Albans AC	02:30.6	G4		2	18	Jessica Quartey-Pigot	Herne Hill Harriers	02:37.9		
		3							3						
		4							4						
T36	U17W 1500m 'A'	1	17	Katie Snowdon	Herne Hill Harriers	04:55.2	G2*	U17W 1500m 'B'	1	32	Cathrine Mackintosh	St Albans AC	05:29.0	00	
		2	31	Laura Farar	St Albans AC	05:07.3	G40		2	18	Jessica Quartey-Pigot	Herne Hill Harriers	05:39.8	00	
		3							3						
		4							4						
T19	U17W 3000m 'A'	1	31	Laura Farar	St Albans AC	10:58.1	G3*	U17W 3000m 'B'	1	32	Daisy Yeomans	St Albans AC	12:32.7	00	
		2							2						
		3							3						
		4							4						
T20	U17W 80mH 'A'				Wind=			U17W 80mH 'B'					Wind=		
		1	9	Ellie Lambert	Eastbourne Rovers AC	13.5	G4		1	10	Emma Noel	Eastbourne Rovers AC	14.3		
		2	17	-	Herne Hill Harriers	13.9			2	32	Alice Warwick	St Albans AC	18.4		
		3	31	Helena Copley	St Albans AC	18.0			3						
		4							4						
T1	U17W 300mH 'A'	1	9	Emma Noel	Eastbourne Rovers AC	50.1	G4	U17W 300mH 'B'	1	10	Laura Davies	Eastbourne Rovers AC	56.2		
		2	17	Aisha Wey-Naibe	Herne Hill Harriers	50.1	G4		2						
		3							3						
		4							4						
F3	U17W 5k Hammer 'A'	1	23	Megan Thomas	Lewes AC	19.12	G4	U17W 5k Hammer 'B'	1	32	Alice Warwick	St Albans AC	14.06		
		2	31	Alix Smith	St Albans AC	17.71			2						
		3							3						
		4							4						
F20	U17W 1.0k Discus 'A'	1	9	Lauren Allymohammed	Eastbourne Rovers AC	22.69	G3	U17W 1.0k Discus 'B'	1	10	Georgia Ungood	Eastbourne Rovers AC	14.81		
		2	17	Harriet Wedmore	Herne Hill Harriers	20.03	G4		2	18	Sinead Worrell	Herne Hill Harriers	13.49		
		3	23	Megan Thomas	Lewes AC	15.59			3	24	Adele Woodhams	Lewes AC	13.20		
		4	31	Rachael Evans	St Albans AC	15.21			4	32	Daisy Yeomans	St Albans AC	11.20		
F31	U17W 4k Shot 'A'	1	17	Sinead Worrell	Herne Hill Harriers	9.99	G2*	U17W 4k Shot 'B'	1	10	Zara Sasson	Eastbourne Rovers AC	6.44		
		2	31	Alix Smith	St Albans AC	7.80	G4		2	32	Rachael Evans	St Albans AC	5.98		
		3	9	Lauren Allymohammed	Eastbourne Rovers AC	6.98	G4		3	18	Harriet Wedmore	Herne Hill Harriers	5.91		
		4	23	Megan Thomas	Lewes AC	6.60			4						
F26	U17W 600g Javelin 'A'	1	9	Lauren Allymohammed	Eastbourne Rovers AC	31.14	G2*	U17W 600g Javelin 'B'	1	10	Emma Noel	Eastbourne Rovers AC	24.69	G4	
		2	31	Alix Smith	St Albans AC	18.03			2	32	Abbie Smith	St Albans AC	12.65		
		3	18	Katie Snowdon	Herne Hill Harriers	14.32			3	17	Harriet Wedmore	Herne Hill Harriers	10.25		
		4							4						
F5	U17W Long Jump 'A'	1	31	Abi Holman	St Albans AC	4.75	G3	U17W Long Jump 'B'	1	32	Helena Copley	St Albans AC	4.33		
		2	17	Rachel Mayhew	Herne Hill Harriers	4.68	G4		2	9	Joanna Morgan	Eastbourne Rovers AC	4.12		
		3	23	Adele Woodhams	Lewes AC	4.45	G4		3	18	Funto Fabiumi-Alade	Herne Hill Harriers	3.51		
		4	10	Ellie Lambert	Eastbourne Rovers AC	4.44	G4		4						

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## Northern Premier Witton Park, Blackburn

Perf

Wind

Records  
Grades

**Sunday, May 03 2009**

Perf

Grades

### F35 U17W Triple Jump 'A'

1	31	Abi Holman	St Albans AC	11.02	G2*
2	9	Laura Davies	Eastbourne Rovers AC	7.88	
3					
4					

### U17W Triple Jump 'B'

1					
2					
3					
4					

### F19 U17W High Jump 'A'

1	17	Sinead Worrell	Herne Hill Harriers	1.50	G4
2	9	Ellie Lambert	Eastbourne Rovers AC	1.45	G4
3	32	Alice Warwick	St Albans AC	1.40	

### U17W High Jump 'B'

1	10	Laura Davies	Eastbourne Rovers AC	1.40
2	31	Helena Copley	St Albans AC	1.35

### F11 U17W Pole Vault 'A'

1 96 No Competitors Declared

### U17W Pole Vault 'B'

### T29 U15G 100m 'A'

*Wind=*

1	17	Hazel Ashby	Herne Hill Harriers	13.1	G2*
2	9	Gabriella Wilson	Eastbourne Rovers AC	13.4	G3
3	23	Emilie Blackwell	Lewes AC	14.1	
4	31	Stephanie Rukin	St Albans AC	14.2	

### U15G 100m 'B'

*Wind=*

1	18	Zoe Doran	Herne Hill Harriers	14.2
2	32	Laura Owler	St Albans AC	14.9
3	10	Holly Cheshire	Eastbourne Rovers AC	15.1
4	24	Phoebe Smith	Lewes AC	16.7

### T5 U15G 200m 'A'

*Wind=*

1	17	Hazel Ashby	Herne Hill Harriers	27.4	G3*
2	9	Gabriella Wilson	Eastbourne Rovers AC	28.0	G4
3	31	Stephanie Rukin	St Albans AC	28.7	G4
4	23	Emilie Blackwell	Lewes AC	29.2	

### U15G 200m 'B'

*Wind=*

1	18	Malissa Roberts	Herne Hill Harriers	29.5
2	32	Laura Owler	St Albans AC	30.5
3	10	Sophie Dearnley	Eastbourne Rovers AC	31.3
4	24	Maddy Smith	Lewes AC	31.7

### T11 U15G 800m 'A'

1	18	Karin Muya	Herne Hill Harriers	02:25.5	G2*
2	31	Megan Steer	St Albans AC	02:25.5	G2*
3	10	Abigail East	Eastbourne Rovers AC	02:36.5	G4
4	23	Phoebe Smith	Lewes AC	03:00.3	

### U15G 800m 'B'

1	17	Ashleigh Campbell	Herne Hill Harriers	02:38.5	G4
2	9	Sophie Hunnisett	Eastbourne Rovers AC	02:41.6	
3	32	Jess Smith	St Albans AC	03:02.0	
4					

### T34 U15G 1500m 'A'

1	23	Maddy Smith	Lewes AC	05:12.1	G30
2	17	Alex West	Herne Hill Harriers	05:17.5	G40
3	9	Jamey Street	Eastbourne Rovers AC	05:22.8	G40
4	31	Hannah Hull	St Albans AC	05:36.4	00

### U15G 1500m 'B'

1	24	Hannah Jackson	Lewes AC	05:24.8	G40
2	18	Billie Barbour	Herne Hill Harriers	05:46.0	00
3	10	Rachel Noel	Eastbourne Rovers AC	06:00.7	00
4	32	Lauren Dee	St Albans AC	06:04.0	00

### T18 U15G 75mh 'A'

*Wind=*

1	31	Alicia Tymon McKewen	St Albans AC	12.5	G2*
2	18	Zoe Doran	Herne Hill Harriers	14.2	G4
3					
4					

### U15G 75mh 'B'

*Wind=*

1	32	Stephanie Rukin	St Albans AC	12.7	G3*
2	17	Ashleigh Campbell	Herne Hill Harriers	15.5	
3					
4					

### F4 U15G Long Jump 'A'

1	17	Hazel Ashby	Herne Hill Harriers	4.84	G2*
2	31	Alicia Tymon McKewen	St Albans AC	4.29	G4
3	10	Abigail East	Eastbourne Rovers AC	3.94	
4	23	Hannah McDonald	Lewes AC	3.84	

### U15G Long Jump 'B'

1	18	Zoe Doran	Herne Hill Harriers	4.42	G4
2	32	Niamh Lawson	St Albans AC	3.82	
3	9	Holly Cheshire	Eastbourne Rovers AC	3.40	
4					

### F18 U15G High Jump 'A'

1	9	Rachel Noel	Eastbourne Rovers AC	1.45	G3*
2	17	Leila Abandah	Herne Hill Harriers	1.40	G4
3	31	Megan Steer	St Albans AC	1.25	
4	24	Hannah Jackson	Lewes AC	1.15	

### U15G High Jump 'B'

1	10	Sophie Hunnisett	Eastbourne Rovers AC	1.15
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\*= AW Standards

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## Northern Premier Witton Park, Blackburn

				Perf	Wind	Records	Grades	<b>Sunday, May 03 2009</b>				Perf	Wind	Records	Grades	
F10 U15G Pole Vault 'A'						LR MR		U15G Pole Vault 'B'						LR MR		
1	23	Emilie Blackwell	Lewes AC	2.90		FALSE		1	24	Naomi Lee	Lewes AC	2.50		FALSE		
2	31	Rowen Seglah	St Albans AC	1.80		FALSE										
F21 U15G 1.00k Discus 'A'								U15G 1.00k Discus 'B'								
1	17	Lakesha Abrams-Quamina	Herne Hill Harriers	24.70		G2*		1	32	Anna Marner	St Albans AC	15.74		G4		
2	31	Abi Wilde	St Albans AC	18.07		G4		2	23	Phoebe Smith	Lewes AC	10.41				
3	9	Rosie Sharo	Eastbourne Rovers AC	17.19		G4		3	10	Holly Cheshire	Eastbourne Rovers AC	8.57				
4	24	Maddy Smith	Lewes AC	11.79				4	18	Franchesca Mead	Herne Hill Harriers	6.96				
F27 U15G 600g Javelin 'A'								U15G 600g Javelin 'B'								
1	31	Abi Wilde	St Albans AC	30.02		G1*		1	18	-	Herne Hill Harriers	12.85				
2	9	Rosie Sharo	Eastbourne Rovers AC	25.25		G2*		2	32	-	St Albans AC	12.42				
3	23	Naomi Lee	Lewes AC	17.59		G4		3	24	-	Lewes AC	11.06				
4	17	Leila Abandah	Herne Hill Harriers	15.72				4	10	-	Eastbourne Rovers AC	8.63				
F30 U15G 3.25k Shot 'A'								U15G 3.25k Shot 'B'								
1	9	Rosie Sharo	Eastbourne Rovers AC	8.55		G2		1	18	-	Herne Hill Harriers	6.48		G4		
2	17	Lakesha Abrams-Quamina	Herne Hill Harriers	7.89		G3		2	10	Sophie Dearnley	Eastbourne Rovers AC	6.15				
3	23	Naomi Lee	Lewes AC	6.59		G4		3	31	Anna Marner	St Albans AC	5.80				
4	32	Niamh Lawson	St Albans AC	6.15				4	24	Hannah McDonald	Lewes AC	5.05				
T27 U13G 75m 'A'				<i>Wind=</i>				U13G 75m 'B'				<i>Wind=</i>				
1	17	Jessica Barns	Herne Hill Harriers	11.0		G3*		1	18	Rahsaan Williams	Herne Hill Harriers	11.8				
2	23	Olivia Connor	Lewes AC	11.1		G4*		2	10	Chioma Uma	Eastbourne Rovers AC	11.9				
3	9	Georgina Moffat	Eastbourne Rovers AC	11.5		G4		3	32	Joetta James	St Albans AC	12.1				
4	31	Chloe Rutherford Hughes	St Albans AC	11.7				4	24	Ruby Whyte-Wilding	Lewes AC	12.2				
T3 U13G 150m 'A'				<i>Wind=</i>				U13G 150m 'B'				<i>Wind=</i>				
1	31	Emma Clarke	St Albans AC	22.6		G4		1	24	Holly English	Lewes AC	22.0		G4*		
2	9	Alice Walker	Eastbourne Rovers AC	23.3				2	10	Ashleigh Best	Eastbourne Rovers AC	23.0		G4		
3	23	Eve Rothwell	Lewes AC	24.0				3	32	Joetta James	St Albans AC	23.4				
4								4	18	Rachel Nuamay	Herne Hill Harriers	25.2				
T9 U13G 800m 'A'								U13G 800m 'B'								
1	31	Chloe Rutherford Hughes	St Albans AC	02:49.8		G4		1	17	Georgie Hay	Herne Hill Harriers	02:53.4				
2	18	Elena Rodham-Cooke	Herne Hill Harriers	02:50.3		G4		2	23	Adelaide O'Connor	Lewes AC	02:56.6				
3	24	Ruby Whyte-Wilding	Lewes AC	02:55.5				3	32	Charlotte Brooks	St Albans AC	03:00.2				
4								4								
T22 U13G 1200m 'A'								U13G 1200m 'B'								
1	23	Eve Rothwell	Lewes AC	04:15.5		G3*		1	24	Holly English	Lewes AC	04:21.7		G40		
2	17	Cecily Browne	Herne Hill Harriers	04:31.8		G40		2	18	Victoria Picken	Herne Hill Harriers	04:32.8		G40		
3	32	Lauren Eckley	St Albans AC	04:37.1		00		3	31	Clare Wilde	St Albans AC	04:50.9		00		
4								4								
T15 U13G 70mh 'A'				<i>Wind=</i>				U13G 70mh 'B'				<i>Wind=</i>				
1	31	Laura Nofer	St Albans AC	13.6		G3		1	32	Joetta James	St Albans AC	14.3		G4		
2	9	Ashleigh Best	Eastbourne Rovers AC	14.0		G4		2	18	Chantal Banton	Herne Hill Harriers	17.2				
3	17	Georgie Hay	Herne Hill Harriers	14.6		G4		3								
4								4								
F7 U13G High Jump 'A'								U13G High Jump 'B'								
1	23	Olivia Connor	Lewes AC	1.29		G3		1	32	Chloe Downs	St Albans AC	1.15				
2	31	Alice Townend	St Albans AC	1.23		G4		2	10	Chioma Uma	Eastbourne Rovers AC	1.05				
3	9	Georgina Moffat	Eastbourne Rovers AC	1.15												
4	17	Rachel Nuamay	Herne Hill Harriers	1.10												
F24 U13G Long Jump 'A'								U13G Long Jump 'B'								
=AW Standards																

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## Northern Premier Witton Park, Blackburn

Perf

Wind

Records  
Grades

Sunday, May 03 2009

Perf  
Grades

1	17	Jessica Barns	Herne Hill Harriers	4.25	G2*	1	10	Georgina Moffat	Eastbourne Rovers AC	3.54	
2	24	Adelaide O'Connor	Lewes AC	3.95	G3	2	23	Olivia Connor	Lewes AC	3.42	
3	31	Emma Clarke	St Albans AC	3.85	G4	3	32	Chloe Downs	St Albans AC	3.06	
4	9	Alice Walker	Eastbourne Rovers AC	3.71	G4	4	18	Rahsaan Williams	Herne Hill Harriers	2.66	
F14 U13G 2.72k Shot 'A'						U13G 2.72k Shot 'B'					
1	31	Alice Townend	St Albans AC	7.13	G3	1	32	Isabel Copley	St Albans AC	5.87	G4
2	9	Alice Walker	Eastbourne Rovers AC	6.16	G4	2	10	Chioma Uma	Eastbourne Rovers AC	4.99	
3	17	Hannah Wilson	Herne Hill Harriers	4.90		3	24	Holly English	Lewes AC	4.87	
4	23	Eve Rothwell	Lewes AC	4.88		4					

\*= AW Standards