

[HOME](#)

EVENT and string	1ST 67 points		2ND 6 points		3RD 5 points		4TH 4 points		5TH 3 points		6TH 2 points		Q	H	N	W	T	I	waste	
	Name	Record	Name	Record	Name	Record	Name	Record	Name	Record	Name	Record								
80mH 12.0/13.0	A N	E Evans	13.20	H	Jess Seekings	16.30	T	Megan Gleenon	18.40		0		0	6	7	0	5	0	10	
	B N	N Woodhouse	14.00			0			0		0		0	0	7	0	0	0	21	
100m 12.4/13.2	A N	A McDonald	13.00	Q	Alice Marshall	14.00	W	Siobhan Meikle	14.20	T	Emma Beckwith	15.40		0						
	B Q	Helena Copley	14.20	N	L McCrory	14.30			0		0		7	0	6	0	0	0	15	
200m 25.4/27.5	A N	S McCrory	29.10	Q	Abbie Smith	31.60	H	Shelly Wilson	32.20	T	Jessica McCormick	33.90		0						
	B Q	Helena Copley	28.60	N	A Dean	28.90	H	Jess Seekings	31.40	T	Jessica McCormick	32.10		0						
300m 41.5/45.0	A N	A McDonald	43.40	Q	Alice Marshall	45.70	T	Jessica McCormick	49.70	W	Robyn Dormer	50.90	H	Sharmila Golan	53.00					
	B N	B Ashbrook	46.80	Q	Daisy Yomans	48.10	H	Michelle Lovell	51.90	T	Emma Beckwith	53.80		0						
800m 2.18/2.27	A N	N Woodhouse	2.30.5	Q	Daisy Yomans	2.32.6	T	Jessica McCormick	2.38.6	W	Martha Omar	2.40.9	H	Sharmila Golan	2.50.1					
	B Q	Catherine Mackintosh	2.32.8	W	Robyn Dormer	2.41.8	H	Michelle Lovell	2.49.3	N	B Ashbrook	2.51.3	T	Kaitlin Gleenon	3.08.4					
1500m 4.48/5.05	A N	C Smee	4.54.1	Q	Laura Farrar	4.57.0	W	Victoria Walker	4.57.9	H	Rachel Sadler	5.12.3		0						
	B W	Natalie Wickings	5.23.3	Q	Catherine Mackintosh	5.32.4	N	H Gillard	5.37.2	H	Sharmila Golan	5.52.8		0						
High Jump 1.62/1.52	A N	E Evans	1.50	W	Martha Omar	1.40	H	Kelly Jarrold	1.35	Q	Abbie Smith	1.15		0						
	B N	C Smee	1.45			0			0		0		0	0	7	0	0	0	21	
Long Jump 5.35/4.80	A W	Siobhan Meikle	5.08	N	N Woodhouse	4.55	Q	Helena Copley	4.41	H	Kelly Jarrold	4.31		0						
	B N	S McCrory	4.45	Q	Alice Marshall	4.14	W	Martha Omar	4.06	H	Shelly Wilson	3.49		0						
Pole Volt	A		0			0			0		0		0	0	0	0	0	0	28	
	B		0			0			0		0		0	0	0	0	0	0	28	
TripleJump	A W	Siobhan Meikle	10.69	H	Kelly Jarrold	9.38			0		0		0	6	0	7	0	0	15	
	B		0			0			0		0		0	0	0	0	0	0	28	
Shot 10.30/9.00	A Q	Alix Smith	8.53	N	E Evans	6.03	H	Jess Seekings	5.93	W	Rachel Bentley	5.92		0						
	B Q	Rachael Evans	6.17	W	Leah Dickinson	5.46	H	Michelle Lovell	4.98	N	B Ashbrook	4.95		0						
Discus 31.00/27.00	A W	Toni McManus	32.71	H	Katherine Knight	30.01	N	A Dean	20.79	Q	Daisy Yomans	13.91		0						
	B H	Shelly Wilson	24.05	Q	Laura Farrar	13.44	W	Leah Dickinson	12.72	N	A McDonald	11.92		0						
Javelin 35.00/27.00	A Q	Alix Smith	17.35	W	Rachel Bentley	16.29	H	Katherine Knight	15.18	T	Kaitlin Gleenon	13.11	N	L McCrory	6.62					
	B W	Victoria Walker	14.03	Q	Abbie Smith	13.50			0		0		6	0	0	7	0	0	15	
Hammer	A W	Toni McManus	21.55	H	Katherine Knight	19.83	Q	Alix Smith	18.40		0		5	6	0	7	0	0	10	
	B		0			0			0		0		0	0	0	0	0	0	28	
Relay 50.00/53.00	1 N	S McCrory	53.30	Q	Helena Copley	56.50	W		0	58.70	H	Michelle Lovell	59.40	T	Jessica McCormick	62.60				
	2	A Dean			Abbie Smith				0		Jess Seekings				Kaitlin Gleenon					
	3	L McCrory			Daisy Yomans				0		Kelly Jarrold				Megan Gleenon					
	4	A McDonald			Alice Marshall				0		Shelly Wilson				Emma Beckwith					
total should be 812 carry to summary sheet													812	126	97	133	103	41	0	312