

## UKA: National Young Athletes League 2008

<http://www.natyal.co.uk>

<u>Southern 1 East Westminster Lodge, St Albans</u>				Perf	Wind	Records	Grades	<u>Sunday, May 18 2008</u>				Perf	Grades
T32 U17M 100m 'A'				<i>Wind=</i>				U17M 100m 'B'				<i>Wind=</i>	
1	13	Dewayne Simms	Ealing & Southall	11.3		G2*		1	14	Gbenga Adelana	Ealing & Southall	11.9	G4
2	29	Terry Scott	Thames Valley H	11.9		G4		2	26	Nathan Makuna	Orion	12.4	
3	25	Alvin Bombo	Orion	12.0		G4		3	30	Jivan Macson	Thames Valley H	12.5	
4	27	Kieran Moss	St Albans AC	12.6				4					
T8 U17M 200m 'A'				<i>Wind=</i>				U17M 200m 'B'				<i>Wind=</i>	
1	13	Dewayne Simms	Ealing & Southall	23.2		G2*		1	30	Daniel Mahendrarajan	Thames Valley H	23.9	G3*
2	29	Terry Scott	Thames Valley H	24.1		G4		2	14	Kema Egbunike	Ealing & Southall	24.9	G4
3	25	Ashely Alexis	Orion	25.5				3	25	Ashely Alexis	Orion	26.6	
4								4					
T25 U17M 400m 'A'								U17M 400m 'B'					
1	26	Mark Atkinson	Orion	57.1				1	25	Ashely Alexis	Orion	57.6	
2								2					
3								3					
4								4					
T14 U17M 800m 'A'								U17M 800m 'B'					
1	26	Frankie Conway	Orion	02:06.7		G4		1	25	Daniel Penfold	Orion	02:10.7	G4
2	13	Charlie Booth	Ealing & Southall	02:09.7		G4		2	28	Elliot Poulain	St Albans AC	02:15.2	
3	27	Khalid Al Abaidy	St Albans AC	02:13.2				3					
4								4					
T37 U17M 1500m 'A'								U17M 1500m 'B'					
1	25	Frankie Conway	Orion	04:32.0		G4		1	26	Daniel Penfold	Orion	04:44.3	
2	27	Khalid Al Abaidy	St Albans AC	04:37.9				2					
3	13	Charlie Booth	Ealing & Southall	04:45.6				3					
4								4					
T16 U17M 3000m 'A'								U17M 3000m 'B'					
1	26	Ellis Ball	Orion	10:35.6				1	25	Auberon Hall	Orion	10:35.8	
2								2					
3								3					
4								4					
T2 U17M 400m Hurdles 'A'								U17M 400m Hurdles 'B'					
1	13	Mathew Clampin	Ealing & Southall	58.5		G2*		1					
2	29	Adrian Assinor	Thames Valley H	62.4		G4		2					
3								3					
4								4					
T23 U17M 100m Hurdles 'A'				<i>Wind=</i>				U17M 100m Hurdles 'B'				<i>Wind=</i>	
1	13	Mathew Clampin	Ealing & Southall	15.2		G4		1					
2	25	Huy Vu	Orion	15.7		G4		2					
3								3					
4								4					
T44 U17M 1500m S/Chase 'A'								U17M 1500m S/Chase 'B'					
1	25	Auberon Hall	Orion	06:32.1				1	26	Ellis Ball	Orion	06:33.6	
2								2					
3								3					
4								4					
F2 U17M Hammer (5k) 'A'								U17M Hammer (5k) 'B'					
1	13	Dempsey Mc Gugan	Ealing & Southall	43.22		G3*		1					
2	27	Elliot Poulain	St Albans AC	8.74				2					
3								3					
4								4					
F9 U17M Discus (1.5k) 'A'								U17M Discus (1.5k) 'B'					
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1	13	Dewayne Simms	Ealing & Southall	26.47		G4	1	14	Dempsey Mc Gugan	Ealing & Southall	16.88		
2	27	Elliot Poulain	St Albans AC	22.09			2	30	Gotti Boateng	Thames Valley H	13.26		
3	29	Terry Scott	Thames Valley H	20.66			3						
4	25	Calam Wellings	Orion	13.86			4						
F21 U17M Shot Putt (5k) 'A'							U17M Shot Putt (5k) 'B'						
1	29	Laurence Owen	Thames Valley H	10.12		G4	1	14	Charlie Booth	Ealing & Southall	6.92		
2	27	Sam Breeze	St Albans AC	8.08			2	30	Gotti Boateng	Thames Valley H	5.68		
3	13	Tarric Lewis	Ealing & Southall	7.18			3	25	Calam Wellings	Orion	4.46		
4	26	Frankie Conway	Orion	5.98			4	28	Alex Balmer	St Albans AC	4.12		
F31 U17M Javelin (700g) 'A'							U17M Javelin (700g) 'B'						
1	25	Huy Vu	Orion	45.03		G2*	1	14	Jovan Watty	Ealing & Southall	18.29		
2	13	Dempsey Mc Gugan	Ealing & Southall	23.67			2	28	Sam Breeze	St Albans AC	16.11		
3	27	Khalid Al Abaidy	St Albans AC	21.12			3	26	Ellis Ball	Orion	14.59		
4							4						
F12 U17M Pole Vault 'A'							U17M Pole Vault 'B'						
1	25	Calam Wellings	Orion	2.10									
F28 U17M High Jump 'A'							U17M High Jump 'B'						
1	29	Adrian Assinor	Thames Valley H	1.65		G4	1	14	Mckinzie Zangata	Ealing & Southall	1.45		
2	13	Mathew Clampin	Ealing & Southall	1.60		G4	2	30	Dylan Demange	Thames Valley H	1.40		
3	25	Ashely Alexis	Orion	1.50									
F16 U17M Long Jump 'A'							U17M Long Jump 'B'						
1	29	Daniel Mahendrarajan	Thames Valley H	5.62		G3	1	26	Mark Atkinson	Orion	4.86		
2	27	Kieran Moss	St Albans AC	5.24		G4	2	13	Mckinzie Zangata	Ealing & Southall	4.80		
3	14	Jovan Watty	Ealing & Southall	5.07			3	30	Laurence Owen	Thames Valley H	4.68		
4	25	Alvin Bombo	Orion	4.92			4	28	Alex Balmer	St Albans AC	3.93		
F33 U17M Triple Jump 'A'							U17M Triple Jump 'B'						
1	29	Adrian Assinor	Thames Valley H	13.03		G1*	1	30	Gotti Boateng	Thames Valley H	12.53	G2*	
2	25	Huy Vu	Orion	12.30		G2	2	14	Tarric Lewis	Ealing & Southall	10.21		
3	27	Kieran Moss	St Albans AC	11.71		G4	3						
4	13	Mckinzie Zangata	Ealing & Southall	10.77			4						

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T30 U15B 100m 'A'				<i>Wind=</i>				U15B 100m 'B'				<i>Wind=</i>	
1	13	Michael Ojo	Ealing & Southall	12.1		G2*	1	14	Andre Wizard	Ealing & Southall	12.5	G3*	
2	25	Rohan Dolphy	Orion	12.4		G3*	2	28	TomChurch	St Albans AC	13.4	*	
3	27	Jake Awe	St Albans AC	12.5		G3*	3	26	Bix Hall	Orion	16.4		
4							4						
T6 U15B 200m 'A'				<i>Wind=</i>				U15B 200m 'B'				<i>Wind=</i>	
1	13	Latif Yusef	Ealing & Southall	25.2		G3*	1	14	Arron Saunders	Ealing & Southall	24.8	G2*	
2	27	Jake Awe	St Albans AC	25.5		G3	2	28	Luke Yaxley	St Albans AC	27.9		
3	25	Rohan Dolphy	Orion	26.3		G4	3	26	Olufhmi Adeseeya	Orion	28.8		
4							4						
T24 U15B 400m 'A'								U15B 400m 'B'					
1	13	Mali Lewis	Ealing & Southall	55.4		G2*	1	14	Enam Akpa-Mask	Ealing & Southall	61.6	G4	
2	27	Carl Palin	St Albans AC	56.8		G3*	2	26	Olufhmi Adeseeya	Orion	61.8		
3	25	Craig Scott	Orion	60.2		G4	3	28	Jonathan Howarth	St Albans AC	63.0		
4	29	Kyle Kenrick	Thames Valley H	61.0		G4	4						
T12 U15B 800m 'A'								U15B 800m 'B'					
1	27	Chris Hilton	St Albans AC	02:17.1		G4	1	28	David Fernie	St Albans AC	02:19.7	G4	
2	14	Conner Hearn	Ealing & Southall	02:22.1		G4	2	13	Archie Allen	Ealing & Southall	02:23.3	G4	
3	26	Joseph Glynn	Orion	02:30.0			3	25	Nathaniel Glynn	Orion	02:49.0		
4	29	Nabil Tourni	Thames Valley H	02:55.2			4						
T35 U15B 1500m 'A'								U15B 1500m 'B'					
1	25	Ben Silverstone	Orion	05:01.2			1	27	Wilkie Hollens	St Albans AC	05:07.8		
2	28	Oliver Poulain	St Albans AC	05:02.1			2	14	Anthony Haynes	Ealing & Southall	05:12.7		
3	13	Dalton Mc Guigan	Ealing & Southall	05:03.2			3	26	Bix Hall	Orion	05:36.7		
4	29	Kyle Kenrick	Thames Valley H	05:46.1			4	30	Coslee Searles	Thames Valley H	05:54.5		
T21 U15B 80m Hurdles 'A'				<i>Wind=</i>				U15B 80m Hurdles 'B'				<i>Wind=</i>	
1	27	Christian Gaddes	St Albans AC	12.8		G3*	1	26	Olufhmi Adeseeya	Orion	14.6		
2	13	Latif Yusef	Ealing & Southall	13.0		G3*	2	28	Luke Yaxley	St Albans AC	14.6		
3	25	Tommy Black	Orion	15.3			3	14	Demaro Woodruffe	Ealing & Southall	17.3		
4							4						
F1 U15B Hammer (4k) 'A'								U15B Hammer (4k) 'B'					
1	13	Dalton Mc Guigan	Ealing & Southall	21.99		G4	1	27	Stefan Maile	St Albans AC	20.75	G4	
2	28	Sasson Moskofian	St Albans AC	21.92		G4	2	14	Anthony Haynes	Ealing & Southall	14.77		
3	25	Rohan Dolphy	Orion	17.66			3	26	Nathaniel Glynn	Orion	7.37		
4	29	Kyle Kenrick	Thames Valley H	11.99			4						
F8 U15B Discus (1.25k) 'A'								U15B Discus (1.25k) 'B'					
1	28	Sasson Moskofian	St Albans AC	23.43		G4	1	27	Nick Robinson	St Albans AC	22.30	G4	
2	13	Joshua Moses-Obah	Ealing & Southall	15.62			2	14	Christopher Charles	Ealing & Southall	13.06		
3	25	Tommy Penfold	Orion	14.59			3	26	Bix Hall	Orion	11.80		
4							4						
F22 U15B Shot Putt (4k) 'A'								U15B Shot Putt (4k) 'B'					
1	13	Andre Wizard	Ealing & Southall	10.34		G4	1	28	Sasson Moskofian	St Albans AC	9.59	G4	
2	25	Craig Scott	Orion	10.11		G4	2	26	Tommy Penfold	Orion	5.62		
3	27	Nick Robinson	St Albans AC	9.64		G4	3	14	Joshua Moses-Obah	Ealing & Southall	5.37		
4	29	Nabil Tourni	Thames Valley H	4.27			4						
F32 U15B Javelin (600g) 'A'								U15B Javelin (600g) 'B'					
1	27	Nick Robinson	St Albans AC	31.46		G4	1	28	Jonathan Howarth	St Albans AC	27.66	G4	
2	29	Elliot Harley	Thames Valley H	20.79			2	30	Coslee Searles	Thames Valley H	12.82		
3	13	Christopher Charles	Ealing & Southall	17.76			3	25	Nathaniel Glynn	Orion	12.42		
4	26	Joseph Glynn	Orion	15.45			4						
F15 U15B Long Jump 'A'								U15B Long Jump 'B'					
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			Perf	Wind	Records	<u>Sunday, May 18 2008</u>			Perf	Grades		
1	14	Caaran Moses-Holmes	Ealing & Southall	5.94		G1*	1	13	Latif Yusef	Ealing & Southall	5.40	G2
2	28	Christian Gaddes	St Albans AC	4.79		G4	2	26	Ben Silverstone	Orion	4.12	
3	25	Craig Scott	Orion	4.69			3	27	Jake Awe	St Albans AC	4.02	
4	29	Nabil Tourni	Thames Valley H	3.81			4	30	Coslee Searles	Thames Valley H	3.46	
F27 U15B High Jump 'A'						U15B High Jump 'B'						
1	25	Tommy Black	Orion	1.70		G2*	1	14	Mali Lewis	Ealing & Southall	1.45	G4
2	13	Caaran Moses-Holmes	Ealing & Southall	1.70		G2*						
3	27	Stefan Maile	St Albans AC	1.60		G3*						
F10 U15B Pole Vault 'A'						U15B Pole Vault 'B'						
1	27	Oliver Poulain	St Albans AC	1.70								

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T28 U13B 100m 'A'				<i>Wind=</i>				U13B 100m 'B'				<i>Wind=</i>	
1	29	Reece Mitchell	Thames Valley H	13.6		G3	1	30	Nathanial Wade	Thames Valley H	15.1		
2	27	Jack Downes	St Albans AC	14.6		G4	2	26	Kieran Sargent	Orion	15.2		
3	13	Kevin Ofosu-amaah	Ealing & Southall	14.9			3	14	David Green	Ealing & Southall	16.0		
4	25	Gregory Thompson	Orion	15.0			4	28	James juster	St Albans AC	17.1		
T4 U13B 200m 'A'				<i>Wind=</i>				U13B 200m 'B'				<i>Wind=</i>	
1	29	Reece Mitchell	Thames Valley H	27.9		G2*	1	28	Matthew Cloke	St Albans AC	29.3	G4	
2	27	Jack Downes	St Albans AC	29.6		G4	2	30	Emilio Smith	Thames Valley H	30.7		
3	25	Jack Waller	Orion	30.3		G4	3	26	Kieran Sargent	Orion	31.4		
4	13	Kevin Ofosu-amaah	Ealing & Southall	31.0			4	14	Bobby Baily	Ealing & Southall	36.1		
T10 U13B 800m 'A'								U13B 800m 'B'					
1	13	Fellan McGuigan	Ealing & Southall	02:39.6		G4	1	25	Andrew Adams	Orion	02:44.9		
2	26	Paul Inkpen	Orion	02:43.0			2	27	George Williams	St Albans AC	02:52.3		
3	28	Andrew Wheatcroft	St Albans AC	02:46.6			3						
4	29	Refaya Davis	Thames Valley H	03:06.2			4						
T33 U13B 1500m 'A'								U13B 1500m 'B'					
1	14	Sam Schindler-Gloss	Ealing & Southall	05:14.9		G4	1	13	Ducan Pinder	Ealing & Southall	05:15.4	G4	
2	27	Matthew Cloke	St Albans AC	05:17.3		G4	2	28	Shaw Allen	St Albans AC	05:22.9	G4	
3	25	George Hoy	Orion	05:22.9		G4	3	26	Tom Hutchinson	Orion	05:32.4		
4	29	Oliver Berg	Thames Valley H	05:27.4			4	30	Archie St Aubyn	Thames Valley H	05:37.6		
T17 U13B 75m Hurdles 'A'				<i>Wind=</i>				U13B 75m Hurdles 'B'				<i>Wind=</i>	
1	25	Paul Inkpen	Orion	14.0		G3	1	26	Gregory Thompson	Orion	16.6		
2	29	Oliver Berg	Thames Valley H	15.6		G4	2	14	Bradley Pinder	Ealing & Southall	17.0		
3	27	Shaw Allen	St Albans AC	15.9		G4	3	30	Auszamen Searles	Thames Valley H	17.4		
4	13	Bobby Baily	Ealing & Southall	17.5			4	28	James juster	St Albans AC	18.1		
F14 U13B Shot Putt (3.25k) 'A'								U13B Shot Putt (3.25k) 'B'					
1	25	Jason Onyeche	Orion	8.20		G2	1	30	Nathanial Wade	Thames Valley H	7.06	G4	
2	29	Reece Mitchell	Thames Valley H	7.08		G4	2	26	George Hoy	Orion	4.70		
3	13	Kevin Ofosu-amaah	Ealing & Southall	5.98		G4	3	14	Bradley Pinder	Ealing & Southall	4.07		
4	28	James juster	St Albans AC	4.29			4	27	Andrew Wheatcroft	St Albans AC	3.17		
F24 U13B Long Jump 'A'								U13B Long Jump 'B'					
1	26	Andrew Adams	Orion	4.19		G3	1	27	Jack Downes	St Albans AC	3.89	G4	
2	28	Matthew Cloke	St Albans AC	4.02		G4	2	25	Jack Waller	Orion	3.78	G4	
3	30	Archie St Aubyn	Thames Valley H	3.45			3	29	Auszamen Searles	Thames Valley H	3.29		
4	14	Ducan Pinder	Ealing & Southall	3.38			4	13	Fellan McGuigan	Ealing & Southall	3.05		
F6 U13B High Jump 'A'								U13B High Jump 'B'				MR	
1	25	Paul Inkpen	Orion	1.30		G3	1	27	George Williams	St Albans AC	1.15		
2	14	Bradley Pinder	Ealing & Southall	1.25		G4	2	13	Fellan McGuigan	Ealing & Southall	1.15		
3	28	Shaw Allen	St Albans AC	1.25		G4	3	26	Ben Lawrence	Orion	1.05		
4	29	Oliver Berg	Thames Valley H	1.05									

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T31 U17W 100m 'A'			<i>Wind=</i>			U17W 100m 'B'			<i>Wind=</i>	
1	13 Daniella Dalton	Ealing & Southall	13.3		G4	1	30 Anne Tagoe	Thames Valley H	13.1	G3
2	27 Abigail Holman	St Albans AC	13.4		G4	2	28 Rachael Evans	St Albans AC	14.0	
3	29 Krystina Francis	Thames Valley H	13.6			3	14 Riannah Nicholas	Ealing & Southall	14.1	
4	25 Carina Stroud	Orion	14.6			4				
T7 U17W 200m 'A'			<i>Wind=</i>			U17W 200m 'B'			<i>Wind=</i>	
1	13 Emma Davis	Ealing & Southall	27.4		G4	1	30 Anne Tagoe	Thames Valley H	27.1	G4
2	29 Krystina Francis	Thames Valley H	28.3			2	28 Alice Marshall	St Albans AC	29.5	
3	27 Rachael Evans	St Albans AC	28.5			3	26 Amy Jung	Orion	32.1	
4	25 Jess Kipps	Orion	30.1			4				
T26 U17W 300m 'A'						U17W 300m 'B'				
1	13 Emma Davis	Ealing & Southall	43.2		G3*	1	14 Nichola Shelly	Ealing & Southall	46.9	
2	27 Alice Marshall	St Albans AC	45.6		G4	2	28 Daisy Yeomans	St Albans AC	49.6	
3	25 Laura Oconner	Orion	48.8			3				
4						4				
T13 U17W 800m 'A'						U17W 800m 'B'				
1	14 Nichola Shelly	Ealing & Southall	02:37.0			1	28 Jessica Montgomery	St Albans AC	02:42.1	
2	27 Daisy Yeomans	St Albans AC	02:39.6			2	13 Helena French	Ealing & Southall	02:47.0	
3						3				
4						4				
T36 U17W 1500m 'A'						U17W 1500m 'B'				
1	27 Jessica Montgomery	St Albans AC	05:37.7			1	28 Emily Huxley	St Albans AC	06:09.5	
2	13 Helena French	Ealing & Southall	05:42.4			2				
3						3				
4						4				
T19 U17W 3000m 'A'						U17W 3000m 'B'				
1	13 Lisa O'Keefe	Ealing & Southall	13:40.6			1	14 Lucy Chesson	Ealing & Southall	15:15.9	
2						2				
3						3				
4						4				
T20 U17W 80m Hurdles 'A'			<i>Wind=</i>			U17W 80m Hurdles 'B'			<i>Wind=</i>	
1	29 Krystina Francis	Thames Valley H	12.9		G4*	1				
2	25 Carina Stroud	Orion	14.6			2				
3	13 Riannah Nicholas	Ealing & Southall	17.2			3				
4						4				
T1 U17W 300m Hurdles 'A'						U17W 300m Hurdles 'B'				
1						1				
2						2				
3						3				
4						4				
F3 U17W Hammer (4k) 'A'						U17W Hammer (4k) 'B'			=M	
1	13 Amy Clements	Ealing & Southall	36.33		G2*	1				
2						2				
3						3				
4						4				
F19 U17W Discus (1.0k) 'A'						U17W Discus (1.0k) 'B'				
1	27 Emily Huxley	St Albans AC	15.96			1	28 Daisy Yeomans	St Albans AC	15.13	
2	13 Nichola Shelly	Ealing & Southall	15.80			2	14 Helena French	Ealing & Southall	11.08	
3	25 Jess Kipps	Orion	14.71			3				
4						4				
F30 U17W Shot Putt (4k) 'A'						U17W Shot Putt (4k) 'B'				
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1	25	Laura Oconner	Orion	5.58			1	26	Amy Jung	Orion	5.25
2	13	Lucy Chesson	Ealing & Southall	5.31			2	14	Laura Cammeron	Ealing & Southall	3.36
3							3				
4							4				
F25 U17W Javelin (600g) 'A'							U17W Javelin (600g) 'B'				
1	29	Juchinar Searles	Thames Valley H	15.84			1	14	Lisa O'Keefe	Ealing & Southall	8.39
2	13	Lucy Chesson	Ealing & Southall	13.09			2				
3	25	Laura Oconner	Orion	12.61			3				
4							4				
F5 U17W Long Jump 'A'							U17W Long Jump 'B'				
1	13	Daniella Dalton	Ealing & Southall	4.67		G4	1	26	Jess Kipps	Orion	3.77
2	25	Amy Jung	Orion	3.84			2	14	Laura Cammeron	Ealing & Southall	2.59
3							3				
4							4				
F34 U17W Triple Jump 'A'							U17W Triple Jump 'B'				
1	13	Amy Clements	Ealing & Southall	8.91			1	14	Lisa O'Keefe	Ealing & Southall	8.26
2							2				
3							3				
4							4				
F18 U17W High Jump 'A'							U17W High Jump 'B'				
1	25	Carina Stroud	Orion	1.40							
2	13	Amy Clements	Ealing & Southall	1.35							
F11 U17W Pole Vault 'A'							U17W Pole Vault 'B'				
1											
2											

\*= AW Standards

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<u>Southern 1 East Westminster Lodge, St Albans</u>				Perf	Wind	Records	Grades	<u>Sunday, May 18 2008</u>				Perf	Grades
T29 U15G 100m 'A'				<i>Wind=</i>				U15G 100m 'B'				<i>Wind=</i>	
1	13	Nadi Mills	Ealing & Southall	13.0		G2*		1	30	Summer Foster Duhaney	Thames Valley H	13.8	G4
2	29	Roushell Campbell	Thames Valley H	13.6		G4		2	28	Rhianna Parke	St Albans AC	14.2	
3	25	Roseanne Ampofo	Orion	13.8		G4		3	26	Nikkita Satori-Sigris	Orion	14.5	
4	27	Stephanie Rukin	St Albans AC	14.0		G4		4	14	Ellis Redmond	Ealing & Southall	14.6	
T5 U15G 200m 'A'				<i>Wind=</i>				U15G 200m 'B'				<i>Wind=</i>	
1	29	Roushell Campbell	Thames Valley H	26.7		G2*		1	30	Summer Foster Duhaney	Thames Valley H	28.1	G4
2	13	Nadi Mills	Ealing & Southall	27.1		G2*		2	28	Megan Steer	St Albans AC	28.7	G4
3	27	Stephanie Rukin	St Albans AC	28.8		G4		3	14	Ellis Redmond	Ealing & Southall	30.5	
4	25	Mellisa Timpson	Orion	32.9				4	26	Hayley Gouch	Orion	31.8	
T11 U15G 800m 'A'								U15G 800m 'B'					
1	25	Lauren Mac Gregor	Orion	02:27.9		G3*		1	28	Hannah Hull	St Albans AC	02:49.6	
2	27	Bille Allison	St Albans AC	02:29.3		G3		2					
3	13	Jade Dalton	Ealing & Southall	03:23.6				3					
4								4					
T34 U15G 1500m 'A'								U15G 1500m 'B'					
1	27	Laura Farrar	St Albans AC	05:04.2		G3*		1	28	Megan Steer	St Albans AC	05:15.5	G4
2	25	Jay Andrews	Orion	05:19.9		G4		2					
3								3					
4								4					
T18 U15G 75m Hurdles 'A'				<i>Wind=</i>				U15G 75m Hurdles 'B'				<i>Wind=</i>	
1	27	Helena Copley	St Albans AC	12.8		G3*		1	28	Stephanie Rukin	St Albans AC	12.8	G3*
2	25	Roseanne Ampofo	Orion	13.1		G4		2	26	Nikkita Satori-Sigris	Orion	13.3	G4
3	13	Genevieve Crean	Ealing & Southall	17.7				3					
4								4					
F4 U15G Long Jump 'A'								U15G Long Jump 'B'					
1	29	Roushell Campbell	Thames Valley H	4.54		G3		1	28	Anna Marner	St Albans AC	3.89	
2	27	Rhianna Parke	St Albans AC	4.32		G4		2	26	Nikkita Satori-Sigris	Orion	3.86	
3	25	Roseanne Ampofo	Orion	3.98				3	30	Ellie O'donnell	Thames Valley H	3.22	
4	13	Genevieve Crean	Ealing & Southall	2.97				4					
F17 U15G High Jump 'A'								U15G High Jump 'B'					
1	29	Pheobe Norton	Thames Valley H	1.43		G4		1	28	Megan Steer	St Albans AC	1.25	
2	27	Helena Copley	St Albans AC	1.40		G4		2	30	Ellie O'donnell	Thames Valley H	1.15	
F20 U15G Discus (1.0k) 'A'								U15G Discus (1.0k) 'B'					
1	29	Rebecca Power Ross	Thames Valley H	16.09		G4		1	28	Abi Wilde	St Albans AC	14.67	
2	27	Alix Smith	St Albans AC	15.07				2	25	Mellisa Timpson	Orion	11.42	
3	26	Jay Andrews	Orion	13.68				3					
4								4					
F26 U15G Javelin (600g) 'A'								U15G Javelin (600g) 'B'					
1	27	Abi Wilde	St Albans AC	25.01		G2*		1	28	Alix Smith	St Albans AC	17.29	G4
2	13	Jade Dalton	Ealing & Southall	17.39		G4		2	30	Ellie O'donnell	Thames Valley H	8.60	
3	29	Pheobe Norton	Thames Valley H	15.49				3	26	Lauren Mac Gregor	Orion	7.29	
4	25	Hayley Gouch	Orion	8.19				4					
F29 U15G Shot Putt (3.25k) 'A'								U15G Shot Putt (3.25k) 'B'					
1	27	Alix Smith	St Albans AC	8.22		G3		1	28	Alex Rukin	St Albans AC	6.85	G4
2	29	Pheobe Norton	Thames Valley H	6.38				2	26	Mellisa Timpson	Orion	4.41	
3	13	Ellis Redmond	Ealing & Southall	5.19				3					
4	25	India Wellings	Orion	5.08				4					

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<b>Southern 1 East Westminster Lodge, St Albans</b>				Perf	Wind	Records Grades	<b>Sunday, May 18 2008</b>				Perf	Grades	
T27 U13G 75m 'A'				<i>Wind=</i>				U13G 75m 'B'				<i>Wind=</i>	
1	13	Grace Ogwell	Ealing & Southall	10.5		G2*	1	30	Otti Hart	Thames Valley H	12.2		
2	25	Evie Padmore	Orion	11.1		G4*	2	26	Georgiana Gouch	Orion	12.6		
3	29	Monae Minors-Gibbs	Thames Valley H	11.2		G4*	3	28	Alice Townsend	St Albans AC	12.7		
4	27	Holly Seglah	St Albans AC	11.7			4	14	Kia Lee	Ealing & Southall	13.2		
T3 U13G 150m 'A'				<i>Wind=</i>				U13G 150m 'B'				<i>Wind=</i>	
1	13	Grace Ogwell	Ealing & Southall	21.2		G2*	1	30	Grace Andam	Thames Valley H	22.6	G4	
2	29	Jhane Ormsby	Thames Valley H	21.7		G3*	2	28	Emma Clarke	St Albans AC	23.2		
3	27	Alicia Tymon McEwan	St Albans AC	21.7		G3*	3	26	Sienna Blake	Orion	23.8		
4	25	Evie Padmore	Orion	22.5		G4	4	14	Ashley Gould	Ealing & Southall	24.4		
T9 U13G 800m 'A'							U13G 800m 'B'						
1	26	Georgia Tuckfield	Orion	02:41.6		G3	1	25	Chole Ahmet	Orion	02:52.3		
2	13	Evie King	Ealing & Southall	02:45.6		G4	2	28	Sophie Bull	St Albans AC	02:56.4		
3	27	Naomi Hodson	St Albans AC	02:46.3		G4	3	30	Otti Hart	Thames Valley H	03:16.3		
4	29	Claire Morgan	Thames Valley H	02:54.7			4						
T22 U13G 1200m 'A'							U13G 1200m 'B'						
1	13	Kerry Baily	Ealing & Southall	04:34.5		G4	1	26	Emily June	Orion	05:09.2		
2	25	Sydney Taylor	Orion	04:36.2			2	28	Kimberley Hall	St Albans AC	05:09.2		
3	27	Megan Hobbs	St Albans AC	04:54.9			3						
4							4						
T15 U13G 70m Hurdles 'A'				<i>Wind=</i>				U13G 70m Hurdles 'B'				<i>Wind=</i>	
1	27	Alicia Tymon McEwan	St Albans AC	11.7		G1*	1	14	Evie King	Ealing & Southall	13.8	G3	
2	25	Chiara Marquis	Orion	14.4		G4	2	28	Holly Seglah	St Albans AC	15.6		
3	13	Kerry Baily	Ealing & Southall	14.8		G4	3	26	Eliana Rodwell	Orion	26.6		
4							4						
F7 U13G High Jump 'A'							U13G High Jump 'B'						
1	14	Evie King	Ealing & Southall	1.20		G4	1	13	Kerry Baily	Ealing & Southall	1.15		
2	28	Holly Seglah	St Albans AC	1.15			2	27	Alice Townsend	St Albans AC	1.10		
3	29	Monae Minors-Gibbs	Thames Valley H	1.15			3	30	Otti Hart	Thames Valley H	1.05		
4	25	Chole Ahmet	Orion	1.05									
F23 U13G Long Jump 'A'							U13G Long Jump 'B'						
1	27	Alicia Tymon McEwan	St Albans AC	4.10		G2	1	26	Sienna Blake	Orion	3.46		
2	25	Georgiana Gouch	Orion	3.78		G4	2	28	Emma Clarke	St Albans AC	3.15		
3	29	Jhane Ormsby	Thames Valley H	3.50			3	30	Grace Andam	Thames Valley H	3.05		
4	13	Charlotte Gould	Ealing & Southall	2.97			4	14	Kia Lee	Ealing & Southall	2.32		
F13 U13G Shot Putt (2.72k) 'A'							U13G Shot Putt (2.72k) 'B'						
1	29	Jhane Ormsby	Thames Valley H	6.56		G3	1	26	Chioma Onyecke	Orion	5.96	G4	
2	27	Alice Townsend	St Albans AC	6.19		G4	2	30	Monae Minors-Gibbs	Thames Valley H	5.77	G4	
3	25	Chiara Marquis	Orion	6.10		G4	3	14	Ashley Gould	Ealing & Southall	5.47		
4	13	Charlotte Gould	Ealing & Southall	5.67		G4	4	28	Niomi Hodson	St Albans AC	3.10		

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