

[HOME](#)

EVENT and string	1ST		2ND		3RD		4TH		5TH		6TH		Q	D	C	X	J	T	waste							
	7 points		6 points		5 points		4 points		3 points		2 points															
	Name	Record	Name	Record	Name	Record	Name	Record	Name	Record	Name	Record														
75mH 11.7/13.0	A	C	Csepi Asztalos	12.30	Q	Helena Copley	13.10	D	Courtney Williams	13.30	J	Rachael Arbon	14.00	T	Megan Glennon	19.10		0		6	5	7	0	4	3	3
	B	Q	Stephanie Rukin	12.90	D	Sophie Woods	13.80	C	Laura Millichap	14.50	J	Ieysha Brown	14.70			0		0		7	6	5	0	4	0	6
100m 12.6/13.5	A	X	Sian Donovan	13.20	D	Danni Town	13.30	Q	Stephanie Rukin	13.60	C	Martha George	13.90	J	Emmily Rogers	13.90		0		5	6	4	7	3	0	3
	B	D	Pippa Mills	13.40	Q	Rhiannia Park	14.20	J	Charlotte Benson	14.40	C	Sumin Baxter	14.90	X	Lucy Parker	16.20		0		6	7	4	3	5	0	3
200m 26.0/28.0	A	D	Danni Town	27.40	Q	Megan Steer	27.60	J	Bethany Yapp	28.30	C	Martha George	29.40			0		0		6	7	4	0	5	0	6
	B	D	Pippa Mills	28.30	C	Laura Millichap	31.30	Q	Rowen Seglah	31.90	J	Lizzie Hannaford	33.40			0		0		5	7	6	0	4	0	6
300m	A	Q	Megan Steer	44.20	J	Grace Waters	46.50	D	Siobhan Ibrahim	49.00	C	Milli Turner	49.40	T	Rosie O'Donnell	55.20		0		7	5	4	0	6	3	3
	B	Q	Stephanie Rukin	46.60	C	Sumin Baxter	52.60			0			0			0		0		7	0	6	0	0	0	15
800m 2.19/2.30	A	Q	Megan Steer	2:31.1	D	Sophie Owhi	2:35.7	C	Milli Turner	2:50.5	T	Caitlin Glennon	2:55.5	J	Abbi Harrington	3:02.6		0		7	6	5	0	3	4	3
	B	D	Sophie Morris	2:37.7	Q	Hannan Hull	2:45.4	J	Ieysha Brown	3:05.1	T	Megan Glennon	3:20.0			0		0		6	7	0	0	5	4	6
1500m 4.50/5.10	A	Q	Laura Farrar	5:02.6	D	Alex Eykelboscu	5:20.3	C	Abigail Dow	5:25.4	J	Justine Anthony	5:27.0			0		0		7	6	5	0	4	0	6
	B	D	Sarah Grover	5:26.2	Q	Catherine Macintosh	5:26.2			0			0			0		0		6	7	0	0	0	0	15
High Jump 1.57/1.45	A	d	Sarah Grover	1.45	j	Bethany Yapp	1.45	q	Helana Copley	1.40	C	Racheal Davidson	1.20			0		0		5	7	4	0	6	0	6
	B	J	Abbi Harrington	1.40	Q	Catherine Macintosh	1.35	C	Lucy Gillies	1.10	D	Siobhan Ibrahim	1.10			0		0		6	4	5	0	7	0	6
Long Jump 5.15/4.60	A	Q	Rhiannia Park	4.58	J	Emmily Rogers	4.52	D	Pippa Mills	4.37	C	Abigail Dow	4.00	T	Megan Glennon	2.36		0		7	5	4	0	6	3	3
	B	D	Danni Town	4.21	J	Charlotte Benson	3.90	C	Milli Turner	3.45	Q	Jessica Smith	3.07			0		0		4	7	5	0	6	0	6
Pole Volt	A	Q	Rowen Seglah	1.70			0			0			0			0		0		7	0	0	0	0	0	21
	B			0			0			0			0			0		0		0	0	0	0	0	0	28
Shot 10.40/9.00	A	D	Megan Edwards	8.73	J	Grace Waters	7.47	X	Sian Donovan	7.02	Q	Alex Rukin	6.48	C	Sumin Baxter	4.32		0		4	7	3	5	6	0	3
	B	J	Beth Wade	5.73	Q	Hannan Hull	5.64	D	Shannon Rance	5.63			0			0		0		6	5	0	0	7	0	10
Discus 29.00/23.00	A	D	Megan Edwards	18.88	J	Beth Wade	16.93	Q	Abi Wilde	16.37	C	Lucy Gillies	14.68	T	Caitlin Glennon	12.22	X	Lucy Parker	9.78	5	7	4	2	6	3	1
	B	C	Racheal Davidson	13.32	Q	Jessica Smith	12.83	J	Hanna Castle	12.01			0			0		0		6	0	7	0	5	0	10
Javelin 31.00/23.00	A	Q	Abi Wilde	27.16	C	Laura Millichap	18.76	J	Ieysha Brown	15.61	D	Megan Edwards	10.62	T	Caitlin Glennon	10.53	X	Lucy Parker	8.54	7	4	6	2	5	3	1
	B	Q	Alex Rukin	12.74	C	Racheal Davidson	10.50	T	Tabitha Bryant	8.01			0			0		0		7	0	6	0	0	5	10
Hammer	A	Q	Alex Rukin	16.83			0			0			0			0		0		7	0	0	0	0	0	21
	A			0			0			0			0			0		0		0	0	0	0	0	0	28
Relay 51.5/54.0	1	D	Pippa Mills	55.10	Q	Megan Steer	55.40	C	Martha George	58.00	J	Grace Waters	62.40			0		0		6	7	5	0	4	0	6
	2		Danni Town			Rhiannia Park			Lucy Gillies			Charlotte Benson				0		0								
	3					Stephanie Rukin			Laura Millichap			Emmily Rogers				0		0								
	4					-			Sumin Baxter			Bethany Yapp				0		0								
												total should be 756 carry to summary sheet		756	152	122	99	19	101	28	235					