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Southern 1 East Perivale Park

T32 U17M 100m 'A'

	Perf	Wind	Records	Grades
1	23 Andre Wright	Medway & Maidstone AC	11.7	G3*
2	31 Jordan Archer	Thames Valley H	11.9	G4
3	25 Alvin Bombo	Orion Harriers	12.1	G4
4	29 Ben Parry	St Albans AC	13.9	

T8 U17M 200m 'A'

	Perf	Wind	Records	Grades
1	23 Andre Wright	Medway & Maidstone AC	23.6	G3*
2	31 Jordan Archer	Thames Valley H	23.6	G3*
3	25 Ben Studham	Orion Harriers	24.1	G4

T25 U17M 400m 'A'

	Perf	Wind	Records	Grades
1	25 Nathan Mukuna	Orion Harriers	54.1	G3
2	23 Anthony Pinol	Medway & Maidstone AC	54.4	G4
3	29 Steven Ng	St Albans AC	55.8	G4
4	31 Seb Wheeler	Thames Valley H	67.1	

T14 U17M 800m 'A'

	Perf	Wind	Records	Grades
1	23 Anthony Pinol	Medway & Maidstone AC	02:08.6	G4
2	25 Dan Penfold	Orion Harriers	02:10.7	G4
3	29 Jonathon Oxley	St Albans AC	02:12.5	
4	31 Seb Wheeler	Thames Valley H	02:39.9	

T37 U17M 1500m 'A'

	Perf	Wind	Records	Grades
1	25 Gavin Lewis	Orion Harriers	04:36.0	G4
2	23 Joe Smith	Medway & Maidstone AC	04:36.6	G4
3	31 Tom Pullan	Thames Valley H	04:40.4	

T16 U17M 3000m 'A'

	Perf	Wind	Records	Grades
1	25 Gavin Lewis	Orion Harriers	09:13.5	G2*
2	23 Josh Elderfield	Medway & Maidstone AC	10:10.6	

Sunday, May 20 2007

U17M 100m 'B'

	Perf	Wind	Records	Grades
1	32 Lloyd King	Thames Valley H	11.8	G3
2	26 Ben Studham	Orion Harriers	11.8	G3
3	24 Sean Hannant-Smith	Medway & Maidstone AC	12.7	

U17M 200m 'B'

	Perf	Wind	Records	Grades
1	24 Craig Milgate	Medway & Maidstone AC	25.8	
2	26 Damien Green	Orion Harriers	26.6	
3	32 Gotti Boetang	Thames Valley H	27.4	

U17M 400m 'B'

	Perf	Wind	Records	Grades
1	24 Craig Milgate	Medway & Maidstone AC	56.1	G4
2	30 Jonathon Oxley	St Albans AC	57.9	
3	26 Weston West	Orion Harriers	62.1	

U17M 800m 'B'

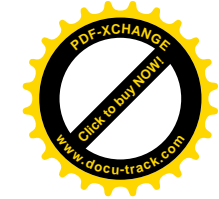
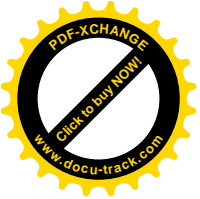
	Perf	Wind	Records	Grades
1	24 Joe Smith	Medway & Maidstone AC	02:10.7	G4
2	30 Ben Parry	St Albans AC	02:20.8	

U17M 1500m 'B'

	Perf	Wind	Records	Grades
1	24 Josh Elderfield	Medway & Maidstone AC	04:53.6	
2	26 Dan Penfold	Orion Harriers	05:07.0	

U17M 3000m 'B'

	Perf	Wind	Records	Grades
1	26 Charles Da Costa	Orion Harriers	10:48.8	
2	24 John Salter	Medway & Maidstone AC	12:04.5	



T2 U17M 400m Hurdles 'A'

1	23 Alex Wharfe	Medway & Maidstone AC	60.5	G3*
2	29 Steven Ng	St Albans AC	63.0	G4
3	24 Robert Hackney	Medway & Maidstone AC	65.1	
4	31 Ardi Ali Jalal	Thames Valley H	65.9	

U17M 400m Hurdles 'B'

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T23 U17M 100m Hurdles 'A'

1	23 Alex Wharfe	Medway & Maidstone AC	14.7	G3*
2	31 Robert Odia	Thames Valley H	17.2	
3	25 Damien Green	Orion Harriers	21.5	

Wind=

U17M 100m Hurdles 'B'

1	24 Robert Hackney	Medway & Maidstone AC	16.0	G4
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Wind=

T44 U17M 1500m S/Chase 'A'

1	23 James Haselby	Medway & Maidstone AC	05:45.1	
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U17M 1500m S/Chase 'B'

1	24 Jon Salter	Medway & Maidstone AC	06:40.4	
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F2 U17M Hammer (5k) 'A'

1	29 Ashley Ralph	St Albans AC	45.21	G3*
2	25 Gary Symonds	Orion Harriers	17.46	
3	23 John Salter	Medway & Maidstone AC	16.01	

U17M Hammer (5k) 'B'

1	24 Anthony Pinol	Medway & Maidstone AC	13.39	
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F9 U17M Discus (1.5k) 'A'

1	29 Ashley Ralph	St Albans AC	32.08	G3
2	23 Dean Oakes	Medway & Maidstone AC	21.27	
3	26 Charles Da Costa	Orion Harriers	20.24	

U17M Discus (1.5k) 'B'

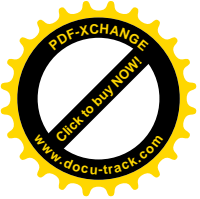
1	25 Nial Trotman	Orion Harriers	17.03	
2	24 John Salter	Medway & Maidstone AC	9.70	

F21 U17M Shot Putt (5k) 'A'

1	29 Ashley Ralph	St Albans AC	12.71	G2*
2	25 Gary Symonds	Orion Harriers	9.97	G4

U17M Shot Putt (5k) 'B'

1	30 Jonathon Constantnou	St Albans AC	11.68	G3
2	26 Nial Trotman	Orion Harriers	6.74	



3	23	Fergus Carty	Medway & Maidstone AC	7.83	
4	31	Tom Pullan	Thames Valley H	6.90	

3	24	Robert Hackney	Medway & Maidstone AC	6.61	
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F31 U17M Javelin (700g) 'A'

1	23	Dean Oakes	Medway & Maidstone AC	42.94	G3
2	29	Jonathon Constantnou	St Albans AC	42.14	G3
3	25	Damien Green	Orion Harriers	21.83	

U17M Javelin (700g) 'B'

1	24	Nick Simpson	Medway & Maidstone AC	33.95	G4
2	26	Charles Da Costa	Orion Harriers	14.30	

F12 U17M Pole Vault 'A'

1	23	Alex Wharfe	Medway & Maidstone AC	2.80	G4
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U17M Pole Vault 'B'

1	24	James Haselby	Medway & Maidstone AC	2.40	
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F28 U17M High Jump 'A'

1	31	Robert Odia	Thames Valley H	1.74	G3
2	24	Fergus Carty	Medway & Maidstone AC	1.60	G4
3	25	Nathan Mukuna	Orion Harriers	1.60	G4

U17M High Jump 'B'

1	23	Nick Simpson	Medway & Maidstone AC	1.60	G4
2	26	Gavin Lewis	Orion Harriers	1.55	

F16 U17M Long Jump 'A'

1	32	Robert Odia	Thames Valley H	5.66	G3
2	25	Alvin Bombo	Orion Harriers	5.44	G4
3	23	Andre Wright	Medway & Maidstone AC	5.41	G4
4	29	Ben Parry	St Albans AC	4.29	

U17M Long Jump 'B'

1	32	Jordan Archer	Thames Valley H	5.48	G4
2	24	Sean Hannant-Smith	Medway & Maidstone AC	5.24	G4

F33 U17M Triple Jump 'A'

1	23	Fergus Carty	Medway & Maidstone AC	11.73	G4
2	29	Steven Ng	St Albans AC	11.31	G4
3	31	Ardi Ali Jalal	Thames Valley H	11.00	G4
4	25	Nathan Mukuna	Orion Harriers	9.69	

U17M Triple Jump 'B'

1	24	Nick Simpson	Medway & Maidstone AC	10.61	
2	32	Gotti Boetang	Thames Valley H	10.60	
3	30	Jonathon Oxley	St Albans AC	10.18	

T30 U15B 100m 'A'

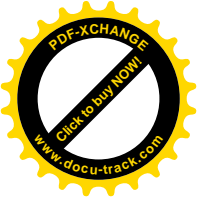
1	31	Laurence Owen	Thames Valley H	11.6	G1*
2	25	Luke Bryan	Orion Harriers	13.9	
3	23	Dan Gill	Medway & Maidstone AC	14.5	

Wind=

U15B 100m 'B'

1	32	Dylan Demarge	Thames Valley H	12.6	G4*
2	24	Liam Smith	Medway & Maidstone AC	13.4	*
3	26	Shannan Taylor	Orion Harriers	14.3	

Wind=



T6 U15B 200m 'A'

1	31	Laurence Owen	Thames Valley H	23.2	G1*
2	23	Alex Caine	Medway & Maidstone AC	25.2	G3*
3	29	Chris Giles	St Albans AC	26.6	G4
4	26	Rohan Dolphy	Orion Harriers	26.9	G4

Wind=

U15B 200m 'B'

1	32	Peter Ahende	Thames Valley H	25.6	G3
2	25	Andre Fullwood	Orion Harriers	28.2	
3	24	Dan Gill	Medway & Maidstone AC	28.6	

Wind=

T24 U15B 400m 'A'

1	25	Craig Scott	Orion Harriers	59.5	G4
2	31	Adrian Assigner	Thames Valley H	60.0	G4
3	24	Bradley Cox	Medway & Maidstone AC	60.8	G4
4	29	Chris Giles	St Albans AC	61.9	

U15B 400m 'B'

1	23	Mark Cryer	Medway & Maidstone AC	60.8	G4
2	30	Khalid Al Abaidy	St Albans AC	64.3	
3	32	Gem Tuna	Thames Valley H	64.6	
4	26	Alex Gordon	Orion Harriers	69.3	

T12 U15B 800m 'A'

1	29	Khalid Al Abaidy	St Albans AC	02:17.3	G4
2	24	Mark Cryer	Medway & Maidstone AC	02:19.8	G4
3	25	Ellis Ball	Orion Harriers	02:29.0	
4	31	George Pullan	Thames Valley H	02:30.1	

U15B 800m 'B'

1	23	Bradley Cox	Medway & Maidstone AC	02:25.5	
2	32	Gem Tuna	Thames Valley H	02:35.0	
3	26	Tommy Penfold	Orion Harriers	02:39.1	

T35 U15B 1500m 'A'

1	29	Elliott Poulain	St Albans AC	04:40.6	G3
2	25	Alex Gordon	Orion Harriers	05:10.7	

U15B 1500m 'B'

1	30	Lee Coates	St Albans AC	05:39.0	
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T21 U15B 80m Hurdles 'A'

1	31	Dylan Demarge	Thames Valley H	12.5	G2*
2	25	Craig Carter	Orion Harriers	13.7	G4
3	23	Jordan Jivanda	Medway & Maidstone AC	14.1	G4

Wind=

U15B 80m Hurdles 'B'

1	32	Paul Ahende	Thames Valley H	14.3	G4
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Wind=

F1 U15B Hammer (4k) 'A'

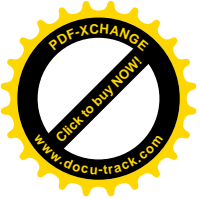
1	23	Alex Caine	Medway & Maidstone AC	27.50	G4
2	29	Nick Robinson	St Albans AC	17.69	

U15B Hammer (4k) 'B'

1	24	Liam Smith	Medway & Maidstone AC	17.94	
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F8 U15B Discus (1.25k) 'A'

U15B Discus (1.25k) 'B'



1	29 Elliott Poulain	St Albans AC	22.21	G4	1	24 Daniel McCourt	Medway & Maidstone AC	19.64
2	23 Liam Smith	Medway & Maidstone AC	20.02	G4	2	31 George Pullan	Thames Valley H	17.88
3	32 Danny Hermon	Thames Valley H	19.25		3	26 Tommy Black	Orion Harriers	15.04
4	25 Luke Bryan	Orion Harriers	18.07		4	30 Lee Coates	St Albans AC	9.12

F22 U15B Shot Putt (4k) 'A'

1	23 Alex Caine	Medway & Maidstone AC	11.05	G3*
2	26 Andre Fullwood	Orion Harriers	9.55	G4
3	30 Elliott Poulain	St Albans AC	8.11	
4	31 George Pullan	Thames Valley H	7.57	

U15B Shot Putt (4k) 'B'

1	25 Craig Scott	Orion Harriers	7.61	
2	24 Liam Smith	Medway & Maidstone AC	7.41	
3	29 Nick Robinson	St Albans AC	7.01	
4	32 Danny Hermon	Thames Valley H	7.00	

F32 U15B Javelin (600g) 'A'

1	23 Chris Organ	Medway & Maidstone AC	32.96	G4
2	29 Nick Robinson	St Albans AC	26.25	
3	25 Shannan Taylor	Orion Harriers	19.01	
4	32 Danny Hermon	Thames Valley H	10.25	

U15B Javelin (600g) 'B'

1	24 Aaron Plant	Medway & Maidstone AC	27.70	G4
2	30 Khalid Al Abaidy	St Albans AC	11.99	
3	26 Ellis Ball	Orion Harriers	11.96	

F15 U15B Long Jump 'A'

1	32 Dylan Demarge	Thames Valley H	5.22	G3
2	25 Craig Scott	Orion Harriers	5.06	G4
3	29 Chris Giles	St Albans AC	4.84	G4
4	23 Jordan Jivanda	Medway & Maidstone AC	4.70	G4

U15B Long Jump 'B'

1	31 Adrian Assigner	Thames Valley H	4.92	G4
2	26 Shannan Taylor	Orion Harriers	4.69	
3	30 Lee Coates	St Albans AC	3.74	

F27 U15B High Jump 'A'

1	31 Peter Ahende	Thames Valley H	1.56	G3
2	24 Chris White	Medway & Maidstone AC	1.53	G4
3	25 Tommy Black	Orion Harriers	1.45	G4

U15B High Jump 'B'

1	32 Adrian Assigner	Thames Valley H	1.45	G4
2	26 Kadeen Morgan	Orion Harriers	1.30	

F10 U15B Pole Vault 'A'

1	23 Chris White	Medway & Maidstone AC	1.70	
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U15B Pole Vault 'B'

T28 U13B 100m 'A'

1	31 Reece Mitchell	Thames Valley H	Wind=	14.5	G4
2	25 Paul Inkpen	Orion Harriers		15.0	

U13B 100m 'B'

1	30 Henry Draine	St Albans AC	Wind=	15.7	
2	26 Andrew Adams	Orion Harriers		15.9	



3	29 Ben Blight	St Albans AC	16.0		3	24 Ross Hyland	Medway & Maidstone AC	16.0
4	23 Alex King	Medway & Maidstone AC	16.2					
T4	U13B 200m 'A'		Wind=			U13B 200m 'B'		Wind=
1	29 James McMurray	St Albans AC	28.5	G3	1	31 Jack Pullan	Thames Valley H	31.7
2	32 Andrew Adams	Thames Valley H	31.6		2	30 Ben Brewer	St Albans AC	32.9
3	23 Ross Hyland	Medway & Maidstone AC	31.7		3	25 George Hoy	Orion Harriers	34.7
4	26 Andrew Adams	Orion Harriers	33.9					
T10	U13B 800m 'A'					U13B 800m 'B'		
1	29 James McMurray	St Albans AC	02:26.6	G2*	1	25 Ben Lawrence	Orion Harriers	02:45.4
2	26 Ben Silverstone	Orion Harriers	02:44.2		2	23 Thomas Howlett	Medway & Maidstone AC	02:50.5
3	24 Ross Hyland	Medway & Maidstone AC	02:45.4		3	30 Kieran Wilde	St Albans AC	02:59.5
4	31 Ben Lawrence	Thames Valley H	02:51.0					
T33	U13B 1500m 'A'					U13B 1500m 'B'		
1	29 Oliver Poulain	St Albans AC	05:14.5	G4	1	32 Coslee Serlgi	Thames Valley H	05:30.4
2	31 Oliver Berg	Thames Valley H	05:27.9		2	26 Rowan Mahon	Orion Harriers	06:06.1
3	25 George Hoy	Orion Harriers	05:47.4		3	30 Ben Brewer	St Albans AC	06:21.9
4	23 Christian El Shamma	Medway & Maidstone AC	06:09.3					
T17	U13B 75m Hurdles 'A'		Wind=			U13B 75m Hurdles 'B'		Wind=
1	25 Paul Inkpen	Orion Harriers	15.8	G4	1	26 Rowan Mahon	Orion Harriers	17.2
2	23 Alex King	Medway & Maidstone AC	17.0		2	29 Ben Blight	St Albans AC	19.2
3	30 Henry Draine	St Albans AC	18.5					
F14	U13B Shot Putt (3.25k) 'A'					U13B Shot Putt (3.25k) 'B'		
1	29 Sassoon Moskofian	St Albans AC	7.50	G3	1	26 Carl Young	Orion Harriers	6.62 G4
2	25 Cameron Robbins	Orion Harriers	7.00	G4	2	30 Ben Brewer	St Albans AC	5.90 G4
3	23 Thomas Howlett	Medway & Maidstone AC	6.97	G4				
4	31 Jack Pullan	Thames Valley H	4.49					
F24	U13B Long Jump 'A'					U13B Long Jump 'B'		
1	29 James McMurray	St Albans AC	4.07	G4	1	30 Ben Blight	St Albans AC	3.82 G4
2	25 Ben Silverstone	Orion Harriers	3.77	G4	2	31 Jack Pullan	Thames Valley H	3.41
3	23 Thomas Howlett	Medway & Maidstone AC	3.73		3	24 Christian El Shamma	Medway & Maidstone AC	3.31
4	32 Oliver Berg	Thames Valley H	3.59		4	26 Carl Young	Orion Harriers	3.16



F6 U13B High Jump 'A'

1	29	Henry Draine	St Albans AC	1.30	G3
2	32	Reece Mitchell	Thames Valley H	1.25	G4
3	25	Paul Inkpen	Orion Harriers	1.25	G4
	0		0.00		

U13B High Jump 'B'

1	31	Jamie Edwards	Thames Valley H	1.15	MR
2	30	Oliver Poulain	St Albans AC	1.15	
3	26	Ben Lawrence	Orion Harriers	1.15	
	0		0.00		

T31 U17W 100m 'A'

			<i>Wind=</i>		
1	25	Dheema Rose	Orion Harriers	13.2	G4
2	23	Charlotte Mackie	Medway & Maidstone AC	13.3	G4
3	29	Ayesha Connaughton	St Albans AC	14.0	
4	31	Onyeka Onyeama	Thames Valley H	14.3	

U17W 100m 'B'

			<i>Wind=</i>		
1	26	Corinne Humpreys	Orion Harriers	12.6	G2*
2	30	Alice Bushell	St Albans AC	14.0	
3	32	Imen Bendjazia	Thames Valley H	14.2	

T7 U17W 200m 'A'

			<i>Wind=</i>		
1	24	Yasmyn Joseph	Medway & Maidstone AC	26.6	G3*
2	29	Molly Cutler	St Albans AC	27.2	G4
3	31	Mercedes McPherson	Thames Valley H	29.2	
4	25	Rebecca Kipps	Orion Harriers	29.4	

U17W 200m 'B'

			<i>Wind=</i>		
1	23	Charlotte Mackie	Medway & Maidstone AC	27.2	G4
2	30	Ayesha Connaughton	St Albans AC	28.0	

T26 U17W 300m 'A'

1	23	Yasmyn Joseph	Medway & Maidstone AC	43.0	G3*
2	29	Molly Cutler	St Albans AC	44.7	G4*
3	31	Imen Bendjazia	Thames Valley H	46.3	
4	25	Rebecca Kipps	Orion Harriers	47.0	

U17W 300m 'B'

1	24	Carys Hartley	Medway & Maidstone AC	46.6	
2	30	Ayesha Connaughton	St Albans AC	48.6	
3	32	Laetitia Bassler	Thames Valley H	49.6	

T13 U17W 800m 'A'

1	31	Michaela Shaw	Thames Valley H	02:48.1	
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U17W 800m 'B'

1	32	Georgia Clark	Thames Valley H	02:50.6	
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T36 U17W 1500m 'A'

1	31	Georgia Clark	Thames Valley H	05:46.2	
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U17W 1500m 'B'

T19 U17W 3000m 'A'

U17W 3000m 'B'



1 31 Mel Newbery Thames Valley H 11:05.6 G3

T20 U17W 80m Hurdles 'A'

1 23 Rachel Parkes Medway & Maidstone AC
 2 29 Carina Ng St Albans AC

Wind=

14.6
16.6

U17W 80m Hurdles 'B'

Wind=

T1 U17W 300m Hurdles 'A'

1 29 Carina Ng St Albans AC
 2 23 Danielle Reeves Medway & Maidstone AC

53.3
60.1

U17W 300m Hurdles 'B'

F3 U17W Hammer (4k) 'A'

1 31 Abigail Moronkeji Thames Valley H

26.32

MR

G3

U17W Hammer (4k) 'B'

1 32 Shanai Bogle Thames Valley H

21.91 G4

MR

F19 U17W Discus (1.0k) 'A'

1 25 Cassandra Robbins Orion Harriers 16.56
 2 31 Shanai Bogle Thames Valley H 16.51
 3 23 Danielle Reeves Medway & Maidstone AC 15.56
 4 30 Alice Bushell St Albans AC 14.10

U17W Discus (1.0k) 'B'

1 26 Rebecca Kipps Orion Harriers 14.76
 2 29 Molly Cutler St Albans AC 12.46

F30 U17W Shot Putt (4k) 'A'

1 31 Abigail Moronkeji Thames Valley H 10.72
 2 25 Cassandra Robbins Orion Harriers 6.38
 3 24 Rachel Parkes Medway & Maidstone AC 5.65
 4 29 Martha Jones St Albans AC 5.60

G1*

U17W Shot Putt (4k) 'B'

1 32 Shanai Bogle Thames Valley H 6.38
 2 23 Carys Hartley Medway & Maidstone AC 4.80

F25 U17W Javelin (600g) 'A'

1 31 Michaela Shaw Thames Valley H 18.35
 2 23 Danielle Reeves Medway & Maidstone AC 13.90

U17W Javelin (600g) 'B'

1 32 Kizzi Barazetti Thames Valley H 16.08
 2 24 Alesha Jivanda Medway & Maidstone AC 10.73



3 25 Cassandra Robbins Orion Harriers 10.48

F5 U17W Long Jump 'A'

1	26	Corinne Humpreys	Orion Harriers	5.17	G2*
2	30	Alice Bushell	St Albans AC	4.55	G4
3	31	Laetitia Bassler	Thames Valley H	3.60	
4	23	Carys Hartley	Medway & Maidstone AC	3.46	

U17W Long Jump 'B'

1	29	Martha Jones	St Albans AC	4.41	G4
2	25	Dheema Rose	Orion Harriers	4.28	

F34 U17W Triple Jump 'A'

1	30	Ayesha Connaughton	St Albans AC	9.47	G4*
2	31	Michaela Shaw	Thames Valley H	8.91	

U17W Triple Jump 'B'

1	29	Martha Jones	St Albans AC	8.75	
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F18 U17W High Jump 'A'

1	31	Mercedes McPherson	Thames Valley H	1.55	G3*
2	23	Charlotte Mackie	Medway & Maidstone AC	1.45	G4
3	25	Dheema Rose	Orion Harriers	1.35	

U17W High Jump 'B'

1	24	Alesha Jivanda	Medway & Maidstone AC	1.35	
2	32	Abigail Moronkeji	Thames Valley H	1.35	

F11 U17W Pole Vault 'A'

1 96 No Competitors Declared

U17W Pole Vault 'B'

T29 U15G 100m 'A'

				Wind=	
1	29	Abigail Holman	St Albans AC	13.6	G4
2	31	Christina Okenla	Thames Valley H	13.7	G4
3	23	Annie Waghorn	Medway & Maidstone AC	13.9	G4
4	25	Carina Stroud	Orion Harriers	14.5	

U15G 100m 'B'

				Wind=	
1	24	Nicola Keegan	Medway & Maidstone AC	13.6	G4
2	26	Roseanne Ampofo	Orion Harriers	14.0	G4
3	30	Racheal Evans	St Albans AC	14.3	
4	32	Deanna Edwards-Osbourne	Thames Valley H	14.5	

T5 U15G 200m 'A'

				Wind=	
1	29	Abigail Holman	St Albans AC	27.5	G3*
2	31	Christina Okenla	Thames Valley H	27.7	G3
3	24	Katie Dix	Medway & Maidstone AC	28.3	G4
4	25	Jessica Kipps	Orion Harriers	29.5	

U15G 200m 'B'

				Wind=	
1	23	Ashleigh Horton	Medway & Maidstone AC	28.3	G4
2	30	Racheal Evans	St Albans AC	29.0	
3	26	Melissa Timpson	Orion Harriers	31.2	
4	32	Phoebe Norton	Thames Valley H	31.7	



T11 U15G 800m 'A'

1	25	Lauren Macgregor	Orion Harriers	02:30.8	G3
2	24	Nicola Keegan	Medway & Maidstone AC	02:33.1	G4
3	29	Daisy Yeomans	St Albans AC	02:33.7	G4
4	31	Julia Tory	Thames Valley H	02:41.5	

U15G 800m 'B'

1	30	Alice Marshall	St Albans AC	02:37.6	G4
2	23	Holly Tapsell	Medway & Maidstone AC	02:43.9	
3	26	Jessica Kipps	Orion Harriers	02:56.6	

T34 U15G 1500m 'A'

1	29	Laura Farrar	St Albans AC	05:07.0	G3*
2	31	Joanna Mobed	Thames Valley H	05:25.9	G4
3	25	Laura O'Conner	Orion Harriers	05:43.8	

U15G 1500m 'B'

1	30	Emily Huxley	St Albans AC	05:41.0	
2	32	Indira de Graff	Thames Valley H	06:07.3	
3	26	Melissa Timpson	Orion Harriers	06:18.4	

T18 U15G 75m Hurdles 'A'

Wind=

1	23	Annie Waghorn	Medway & Maidstone AC	12.7	G3*
2	25	Carina Stroud	Orion Harriers	12.9	G3
3	29	Rhiannon Chapman	St Albans AC	13.4	G4

U15G 75m Hurdles 'B'

Wind=

1	26	Roseanne Ampofo	Orion Harriers	13.6	G4
2	24	Lucy Constable	Medway & Maidstone AC	14.7	
3	30	Ailis Tully	St Albans AC	15.2	

F4 U15G Long Jump 'A'

1	29	Abigail Holman	St Albans AC	4.89	G2*
2	24	Nicola Keegan	Medway & Maidstone AC	4.15	
3	25	Roseanne Ampofo	Orion Harriers	3.81	
4	31	Christina Okenla	Thames Valley H	3.70	

U15G Long Jump 'B'

1	23	Lucy Constable	Medway & Maidstone AC	3.97	
2	30	Rhiannon Chapman	St Albans AC	3.87	
3	32	Rosie McBurney	Thames Valley H	3.62	
4	26	Melissa Timpson	Orion Harriers	3.24	

F17 U15G High Jump 'A'

1	23	Francesca Baylis	Medway & Maidstone AC	1.40	G4
2	25	Carina Stroud	Orion Harriers	1.35	
3	31	Phoebe Norton	Thames Valley H	1.30	
4	29	Amelia Sweeney	St Albans AC	1.25	

U15G High Jump 'B'

1	24	Lucy Constable	Medway & Maidstone AC	1.30	
2	30	Alice Marshall	St Albans AC	1.25	
3	32	Julia Tory	Thames Valley H	1.15	

F20 U15G Discus (1.0k) 'A'

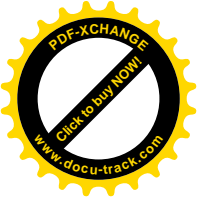
1	23	Francesca Baylis	Medway & Maidstone AC	18.40	G4
2	30	Emily Huxley	St Albans AC	16.29	G4
3	32	Deanna Edwards-Osbourne	Thames Valley H	15.59	G4
4	26	Raziya Vidale	Orion Harriers	14.46	

U15G Discus (1.0k) 'B'

1	29	Laura Whickham	St Albans AC	15.67	G4
2	31	Jade Bogle	Thames Valley H	15.41	G4
3	25	Jessica Kipps	Orion Harriers	13.30	
4	24	Holly Tapsell	Medway & Maidstone AC	11.07	

F26 U15G Javelin (600g) 'A'

U15G Javelin (600g) 'B'



1	29	Laura Whickham	St Albans AC	19.51	G4	1	30	Alex Rukin	St Albans AC	14.95
2	24	Holly Tapsell	Medway & Maidstone AC	16.77	G4	2	23	Ashleigh Horton	Medway & Maidstone AC	14.55
3	31	Jade Bogle	Thames Valley H	14.37		3	26	Lauren Macgregor	Orion Harriers	9.03
4	25	Laura O'Conner	Orion Harriers	11.21		4	32	Indira de Graff	Thames Valley H	8.41

F29 U15G Shot Putt (3.25k) 'A'

1	23	Annie Waghorn	Medway & Maidstone AC	7.57	G4
2	31	Jade Bogle	Thames Valley H	7.53	G4
3	29	Laura Whickham	St Albans AC	7.34	
4	26	Raziya Vidale	Orion Harriers	6.91	

U15G Shot Putt (3.25k) 'B'

1	32	Deanna Edwards-Osbourne	Thames Valley H	7.09
2	24	Katie Dix	Medway & Maidstone AC	6.03
3	30	Alex Rukin	St Albans AC	5.73

T27 U13G 75m 'A'

1	23	Sophie Ayre	Medway & Maidstone AC	10.8	G3*
2	29	Rhianna Parke	St Albans AC	11.0	G3*
3	31	Grace Andam	Thames Valley H	11.0	G3*
4	25	Evie Padmore	Orion Harriers	11.4	G4

Wind=

U13G 75m 'B'

1	30	Rowen Seglah	St Albans AC	11.7
2	24	Sasha Pay	Medway & Maidstone AC	11.8
3	26	Georgia Gill	Orion Harriers	12.3
4	32	Elizabeth Gilmartin	Thames Valley H	12.5

Wind=

T3 U13G 150m 'A'

1	29	Rhianna Parke	St Albans AC	21.5	G3*
2	31	Liza Empson	Thames Valley H	21.6	G3*
3	24	Alyce Cooper	Medway & Maidstone AC	21.6	G3*
4	25	Nikkita Sartori-Sigris	Orion Harriers	22.7	G4

Wind=

U13G 150m 'B'

1	32	Grace Andam	Thames Valley H	22.1	G4
2	30	Rowen Seglah	St Albans AC	22.3	G4
3	23	Kelly Millgate	Medway & Maidstone AC	22.5	G4
4	26	Georgia Gill	Orion Harriers	24.5	

Wind=

T9 U13G 800m 'A'

1	31	Sasha Tory	Thames Valley H	02:38.2	G3*
2	29	Meghan Steer	St Albans AC	02:44.0	G4
3	25	Amy Cooper	Orion Harriers	02:46.1	G4
4	23	Sophie Ayre	Medway & Maidstone AC	02:54.7	

U13G 800m 'B'

1	30	Lauren Dee	St Albans AC	02:47.8	G4
2	26	Alice Buckmaster	Orion Harriers	02:49.2	G4
3	32	Ella Julien	Thames Valley H	03:00.3	
4	24	Kelly Millgate	Medway & Maidstone AC	03:05.1	

T22 U13G 1200m 'A'

1	23	Georgia Salisbury	Medway & Maidstone AC	04:36.9
2	29	Anna Mackensie	St Albans AC	04:39.2
3	32	Elizabeth Gilmartin	Thames Valley H	04:55.9
4	25	Nikkita Sartori-Sigris	Orion Harriers	05:05.2

U13G 1200m 'B'

1	30	Sabina Messent	St Albans AC	05:01.8
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T15 U13G 70m Hurdles 'A'

1	31	Liza Empson	Thames Valley H	
2	23	Alyce Cooper	Medway & Maidstone AC	

Wind=

U13G 70m Hurdles 'B'

1	29	Hannah Hull	St Albans AC	
2	24	Kelly Millgate	Medway & Maidstone AC	

Wind=



3 30 Kate Jones
4 25 Nikkita Sartori-Sigrist

St Albans AC
Orion Harriers

3 26 India Wellings

Orion Harriers

F7 U13G High Jump 'A'

1 31 Ella Julien
2 29 Kate Jones
3 26 Imogen Welsford

Thames Valley H
St Albans AC
Orion Harriers

1.25 G3
1.20 G4
1.20 G4

U13G High Jump 'B'

1= 25 Amy Cooper
1= 30 Anna Mackensie

Orion Harriers
St Albans AC

1.10
1.10

F23 U13G Long Jump 'A'

1 29 Rhianna Parke
2 24 Alyce Cooper
3 25 Amy Cooper
4 31 Liza Empson

St Albans AC
Medway & Maidstone AC
Orion Harriers
Thames Valley H

4.27 G2*
3.65 G4
3.64 G4
3.58 G4

U13G Long Jump 'B'

1 30 Hannah Hull
2 26 Alice Buckmaster
3 23 Sasha Pay

St Albans AC
Orion Harriers
Medway & Maidstone AC

3.41
3.26
3.18

F13 U13G Shot Putt (2.72k) 'A'

1 26 India Wellings
2 31 Sasha Tory
3 29 Hannah Hull
4 23 Sasha Pay

Orion Harriers
Thames Valley H
St Albans AC
Medway & Maidstone AC

5.30
5.25
5.22
4.82

U13G Shot Putt (2.72k) 'B'

1 25 Evie Padmore
2 30 Rowen Seglah
3 32 Ella Julien
4 24 Georgia Salisbury

Orion Harriers
St Albans AC
Thames Valley H
Medway & Maidstone AC

4.73
4.65
4.53
3.61

T47 U17M 4 x 400m Relay

1 23 Medway & Maidstone AC
2 29 St Albans AC
3 31 Thames Valley H
4 25 Orion Harriers

Anthony Pinal
Jonathon Oxley
-
Charles Da Costa

Craig Milgate
Jonathon Constantnou
-
Weston West

Alex Wharfe
Ben Parry
-
Daniel Penfold

Ryan Worsley
Steven Ng
-
Gavin Lewis

03:50.4 *
03:51.9 *
03:52.1 *
04:01.2

T41 U15B 4 x 100m Relay

1 31 Thames Valley H
2 23 Medway & Maidstone AC

-
Alex Caine

-
Daniel McCourt

-
Dan Gill

-
Jordan Jivanda

50.0 *
53.6

T46 U15B 4 x 400m Relay

1 32 Thames Valley H
2 23 Medway & Maidstone AC
3 29 St Albans AC

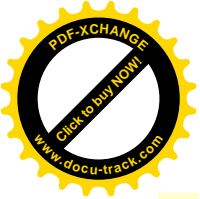
0
Mark Cryer
Khalid Al Abaidy

0
Aaron Plant
Nick Robinson

0
Jordan Jivanda
Elliott Poulain

Liam Smith
Chris Giles

0 04:11.5
04:12.2
04:22.4



4	25 Orion Harriers	<i>Craig Scott</i>	<i>Ellis Ball</i>	<i>Alex Gordon</i>	<i>Tommy Penfold</i>	04:32.6
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T39 U13B 4 x 100m Relay

1	29 St Albans AC	<i>Henry Draine</i>	<i>James McMurray</i>	<i>Kieran Wilde</i>	<i>Ben Blight</i>	60.4
2	31 Thames Valley H	-	-	-	-	61.5
3	23 Medway & Maidstone AC	<i>Thomas Howlett</i>	<i>Alex King</i>	<i>Ross Hyland</i>	<i>Christian El Shamma</i>	62.5
4	25 Orion Harriers	-	-	-	-	63.7

T42 U17W 4 x 100m Relay

1	32 Thames Valley H	0	0	0	0	54.3
2	23 Medway & Maidstone AC	<i>Carys Hartley</i>	0	<i>Yasmyn Joseph</i>	<i>Charlotte Mackie</i>	54.5
3	30 St Albans AC	0	0	0	0	55.2
4	26 Orion Harriers	0	0	0	0	58.3

T45 U17W 4 x 300m Relay

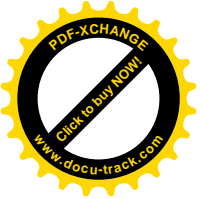
1	31 Thames Valley H	<i>Michaela Shaw</i>	<i>Imen Bendjazia</i>	<i>Laetitia Bassler</i>	<i>Georgia Clark</i>	03:51.9
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T40 U15G 4 x 100m Relay

1	29 St Albans AC	<i>Rhiannon Chapman</i>	<i>Alice Marshall</i>	<i>Racheal Evans</i>	<i>Abigail Holman</i>	54.2
2	25 Orion Harriers	<i>Jessica Kipps</i>	<i>Alice Marshall</i>	<i>Lauren Macgregor</i>	<i>Carina Stroud</i>	55.3
3	23 Medway & Maidstone AC	<i>Ashleigh Horton</i>	<i>Nicola Keegan</i>	<i>Katie Dix</i>	<i>Annie Waghorn</i>	55.8
4	32 Thames Valley H	0	0	0	0	57.9

T38 U13G 4 x 100m Relay

1	30 St Albans AC	0	0	0	0	59.0
2	24 Medway & Maidstone AC	0	0	0	0	60.3
3	31 Thames Valley H	<i>Grace Andam</i>	<i>Elizabeth Gilmartin</i>	<i>Ella Julien</i>	<i>Liza Empson</i>	60.7
4	25 Orion Harriers	<i>Nikkita Sartori-Sigrist</i>	<i>Amy Cooper</i>	<i>Georgia Gill</i>	<i>Evie Padmore</i>	61.8



FINAL MATCH SCORES AND POSITIONS

Points Summary	<u>TVH</u>	<u>St Alba</u>	<u>Orion</u>	<u>M&M</u>
Boys	144	140	164	215
Girls	144	168.5	107	143
Officials	25	25	10	25
Total	313	333.5	281	383
Position	3	2	4	1

	Name	Club	Group/E	Performance
MALE TRACK	Lawrence Owen	TVH	15B 100	23.2sec
MALE FIELD	Ashley Ralph	St. Albans	J17B Sho	12.71m
FEMALE TRACK	Corinne Humpreys	Orion	17G 100	12.6sec
FEMALE FIELD	Abigail Moronkeji	TVH	J17G Sho	10.72m