

UKA: National Young Athletes League 2007

<http://www.natyal.co.uk>



Southern 1 East Westminster Lodge

				Perf	Wind	Records	Grades					Perf	Grades
								Sunday, May 06 2007					
T32 U17 Men's 100m 'A'				<i>Wind=</i>				U17 Men's 100m 'B'				<i>Wind=</i>	
1	11	Mike Tadirade	Hercules Wimbledon	12.5				1	12	Ismael Lawrence	Hercules Wimbledon	13.0	
2								2					
3								3					
4								4					
T8 U17 Men's 200m 'A'				<i>Wind=</i>				U17 Men's 200m 'B'				<i>Wind=</i>	
1	11	Jon Dwonga	Hercules Wimbledon	24.6		G4		1	12	Richard Agyapong	Hercules Wimbledon	25.0	
2								2					
3								3					
4								4					
T25 U17 Men's 400m 'A'								U17 Men's 400m 'B'					
1	29	Steven Ng	St Albans AC	57.2				1	30	Jonathon Oxley	St Albans AC	57.9	
2	11	Richard Agyapong	Hercules Wimbledon	64.8				2	12	Charles Mukambina	Hercules Wimbledon	58.6	
3		#N/A						3					
4								4					
T14 U17 Men's 800m 'A'								U17 Men's 800m 'B'					
1	19	Andy Cope	Invicta East Kent AC	02:12.8				1					
2	29	Jonathon Oxley	St Albans AC	02:14.6				2					
3	27	Kyle Aldridge	Southend on Sea AC	02:29.6				3					
4	11	Will Spooner	Hercules Wimbledon	02:33.3				4					
T37 U17 Men's 1500m 'A'								U17 Men's 1500m 'B'					
1	19	Andy Cope	Invicta East Kent AC	04:40.2				1					
2	11	Will Spooner	Hercules Wimbledon	05:23.6				2					
3								3					
4								4					
T16 U17 Men's 3000m 'A'								U17 Men's 3000m 'B'					
1	96	No Competitors Declared						1					
2								2					
3								3					
4								4					
T2 U17 Men's 400m Hurdles 'A'								U17 Men's 400m Hurdles 'B'					
1	27	Adam Mccarthy	Southend on Sea AC	61.3		G3		1					
2	29	Steven Ng	St Albans AC	63.7		G4		2					
3	11	-	Hercules Wimbledon	89.1				3					
4								4					
T23 U17 Men's 100m Hurdles 'A'				<i>Wind=</i>				U17 Men's 100m Hurdles 'B'				<i>Wind=</i>	
1	11	Derek Frempong	Hercules Wimbledon	15.7		G4		1	12	Clarence Orenzo	Hercules Wimbledon	20.3	
2	27	Dan Cassidy	Southend on Sea AC	15.8		G4		2					
3								3					
4								4					
T44 U17 Men's 1500m S/Chase 'A'								U17 Men's 1500m S/Chase 'B'					
1	27	Kyle Aldridge	Southend on Sea AC	06:02.7				1					
2								2					
3								3					
4								4					
F2 U17 Men's Hammer (5k) 'A'								U17 Men's Hammer (5k) 'B'					
1	19	Visar Baquiri	Invicta East Kent AC	43.97		G3*		1					
2	29	Jonathon Contantinou	St Albans AC	31.67		G4		2					
3	11	Ismael Lawrence	Hercules Wimbledon	16.04				3					
4								4					

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				Perf	Wind	Records	Grades	Sunday, May 06 2007				Perf	Grades
F9 U17 Men's Discus (1.5k) 'A'								U17 Men's Discus (1.5k) 'B'					
1	19	Visar Baquiri	Invicta East Kent AC	30.08		G3		1	11	Jon Dwonga	Hercules Wimbledon	21.80	
2	29	Jonathon Contantinou	St Albans AC	26.02		G4		2					
3	12	Derek Frempong	Hercules Wimbledon	24.40		G4		3					
4								4					
F21 U17 Men's Shot Putt (5k) 'A'								U17 Men's Shot Putt (5k) 'B'					
1	19	Visar Baquiri	Invicta East Kent AC	10.08		G4		1	12	Ismael Lawrence	Hercules Wimbledon	6.82	
2	11	Mike Tadirade	Hercules Wimbledon	8.73				2	28	Kyle Aldridge	Southend on Sea AC	6.70	
3	27	Dan Cassidy	Southend on Sea AC	7.95				3					
4								4					
F31 U17 Men's Javelin (700g) 'A'								U17 Men's Javelin (700g) 'B'					
1	29	Jonathon Contantinou	St Albans AC	44.83		G2		1	12	Clarence Orenzo	Hercules Wimbledon	20.57	
2	11	Derek Frempong	Hercules Wimbledon	30.17				2					
3	27	-	Southend on Sea AC	21.78				3					
4								4					
F12 U17 Men's Pole Vault 'A'								U17 Men's Pole Vault 'B'					
1	96	No Competitors Declared											
F28 U17 Men's High Jump 'A'								U17 Men's High Jump 'B'					
1	27	Dan Cassidy	Southend on Sea AC	1.75		G3*		1	12	Charles Mukambina	Hercules Wimbledon	1.45	
2	19	Callum Barling-Jeffery	Invicta East Kent AC	1.70		G3							
3	11	Richard Agyapong	Hercules Wimbledon	1.60		G4							
F16 U17 Men's Long Jump 'A'								U17 Men's Long Jump 'B'					
1	11	Mike Tadirade	Hercules Wimbledon	5.89		G2		1	12	Jon Dwonga	Hercules Wimbledon	5.11	
2	29	Anthony Hadgill	St Albans AC	5.59		G3		2					
3	19	Callum Barling-Jeffery	Invicta East Kent AC	5.53		G4		3					
4	27	Adam Mccarthy	Southend on Sea AC	5.34		G4		4					
F33 U17 Men's Triple Jump 'A'								U17 Men's Triple Jump 'B'					
1	19	Callum Barling-Jeffery	Invicta East Kent AC	12.07		G3		1	29	Anthony Hadgill	St Albans AC	10.99	G4
2	30	Steven Ng	St Albans AC	11.03		G4		2					
3								3					
4								4					

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<u>Southern 1 East Westminster Lodge</u>			Perf	Wind	Records	Grades	<u>Sunday, May 06 2007</u>			Perf	Grades
T30 U15 Boy's 100m 'A'			<i>Wind=</i>				U15 Boy's 100m 'B'			<i>Wind=</i>	
1	11	Kyran Mitchell Nanton	Hercules Wimbledon	13.2	*		1	12	Jose Costa	Hercules Wimbledon	13.5 *
2	29	Daniel Malwhinney	St Albans AC	13.3	*		2	30	Ethan Lau	St Albans AC	14.9
3							3				
4							4				
T6 U15 Boy's 200m 'A'			<i>Wind=</i>				U15 Boy's 200m 'B'			<i>Wind=</i>	
1	11	Kyran Mitchell Nanton	Hercules Wimbledon	26.2	G4		1	30	Jamie Spurway	St Albans AC	26.7 G4
2	29	Daniel Malwhinney	St Albans AC	26.3	G4		2	12	Jose Costa	Hercules Wimbledon	26.8 G4
3							3				
4							4				
T24 U15 Boy's 400m 'A'							U15 Boy's 400m 'B'				
1	29	Jamie Spurway	St Albans AC	59.4	G4		1	28	Alec Stapleton	Southend on Sea AC	59.8 G4
2	27	Henry Howard	Southend on Sea AC	60.2	G4		2	30	Chris Giles	St Albans AC	63.7
3	11	Joe Toomay	Hercules Wimbledon	61.3	G4		3	12	Tommy Village	Hercules Wimbledon	65.7
4							4				
T12 U15 Boy's 800m 'A'							U15 Boy's 800m 'B'				
1	27	Henry Howard	Southend on Sea AC	02:15.1	G3		1	28	Alec Stapleton	Southend on Sea AC	02:21.8 G4
2	19	Sam Hudson	Invicta East Kent AC	02:19.3	G4		2	12	Geordie Logan	Hercules Wimbledon	02:28.5
3	11	Ed Saywell	Hercules Wimbledon	02:24.1			3	20	Robert Whiskin	Invicta East Kent AC	02:44.4
4	29	Khalid Al Ababy	St Albans AC	02:25.9			4	30	David Fernie	St Albans AC	dnf
T35 U15 Boy's 1500m 'A'							U15 Boy's 1500m 'B'				
1	11	Joe Toomay	Hercules Wimbledon	04:35.5	G2		1	12	Liam White	Hercules Wimbledon	04:45.5 G4
2	29	Elliot Poulain	St Albans AC	04:40.2	G3		2				
3	19	Chris Thomas	Invicta East Kent AC	04:44.3	G4		3				
4	27	Rhys Gillard	Southend on Sea AC	05:22.6			4				
T21 U15 Boy's 80m Hurdles 'A'			<i>Wind=</i>				U15 Boy's 80m Hurdles 'B'			<i>Wind=</i>	
1	29	Daniel Malwhinney	St Albans AC	14.7			1	12	Luis Costa	Hercules Wimbledon	15.9
2	19	Dan Walker	Invicta East Kent AC	15.9			2	30	Jonathan Howarth	St Albans AC	16.3
3	11	Geordie Logan	Hercules Wimbledon	17.0			3				
4							4				
F1 U15 Boy's Hammer (4k) 'A'							U15 Boy's Hammer (4k) 'B'				
1	29	Nicholas Robinson	St Albans AC	17.92			1				
2							2				
3							3				
4							4				
F8 U15 Boy's Discus (1.25k) 'A'							U15 Boy's Discus (1.25k) 'B'				
1	30	Chris Giles	St Albans AC	23.13	G4		1	29	Elliot Poulain	St Albans AC	16.83
2	11	Joe Toomay	Hercules Wimbledon	19.48			2	12	Ed Saywell	Hercules Wimbledon	13.32
3							3				
4							4				
F22 U15 Boy's Shot Putt (4k) 'A'							U15 Boy's Shot Putt (4k) 'B'				
1	29	Nicholas Robinson	St Albans AC	8.16			1	30	David Fernie	St Albans AC	6.88
2	11	Ed Saywell	Hercules Wimbledon	6.40			2	20	-	Invicta East Kent AC	5.32
3	19	Sam Hudson	Invicta East Kent AC	5.93			3	12	Liam White	Hercules Wimbledon	5.05
4							4				
F32 U15 Boy's Javelin (600g) 'A'							U15 Boy's Javelin (600g) 'B'				
1	12	Luis Costa	Hercules Wimbledon	33.16	G4		1	11	Jose Costa	Hercules Wimbledon	32.32 G4
2	29	Nicholas Robinson	St Albans AC	26.27			2	20	Chris Thomas	Invicta East Kent AC	1.87
3	19	Sam Hudson	Invicta East Kent AC	9.32			3				
4							4				

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F15 U15 Boy's Long Jump 'A'

1	29	Chris Giles	St Albans AC	4.83	G4
2	11	Luis Costa	Hercules Wimbledon	4.71	G4
3	19	Dan Walker	Invicta East Kent AC	4.50	
4					

U15 Boy's Long Jump 'B'

1	30	Ethan Lau	St Albans AC	4.21
2	12	Lawrence Fraser	Hercules Wimbledon	3.56
3				
4				

F27 U15 Boy's High Jump 'A'

1	27	Henry Howard	Southend on Sea AC	1.65	G2*
2	11	Kyran Mitchell Nanton	Hercules Wimbledon	1.35	
3=	19	Dan Walker	Invicta East Kent AC	1.30	
3=	30	David Fernie	St Albans AC	1.30	

U15 Boy's High Jump 'B'

1	12	Liam White	Hercules Wimbledon	1.30
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F10 U15 Boy's Pole Vault 'A'

1	96	No Competitors Declared			
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U15 Boy's Pole Vault 'B'

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			Perf	Wind	Records	Grades				Perf	Grades	
						Sunday, May 06 2007						
T28	U13 Boy's 100m 'A'			<i>Wind=</i>			U13 Boy's 100m 'B'			<i>Wind=</i>		
1	29 Frankie Smith	St Albans AC	14.6		G4		1	20 Louis Duprez	Invicta East Kent AC	15.1		
2	19 Jack Balsdon	Invicta East Kent AC	14.9				2	30 Ben Blight	St Albans AC	15.3		
3	11 Hugo Dawson	Hercules Wimbledon	15.2				3	12 Charlie Willams	Hercules Wimbledon	15.5		
4	27 Kyle Marshall	Southend on Sea AC	15.4				4	28 Oliver Woodhouse	Southend on Sea AC	15.7		
T4	U13 Boy's 200m 'A'			<i>Wind=</i>			U13 Boy's 200m 'B'			<i>Wind=</i>		
1	11 Hugo Dawson	Hercules Wimbledon	28.9		G3		1	30 Jack Smith	St Albans AC	31.5		
2	27 Kyle Marshall	Southend on Sea AC	29.1		G4		2	12 Jonathan Dench	Hercules Wimbledon	35.0		
3	29 Toby Sweeney	St Albans AC	29.5		G4		3					
4	19 Louis Duprez	Invicta East Kent AC	31.0				4					
T10	U13 Boy's 800m 'A'						U13 Boy's 800m 'B'					
1	19 Jack Balsdon	Invicta East Kent AC	02:24.8		G2*		1	30 Andrew Wheatcroft	St Albans AC	02:59.9		
2	11 Charlie Willams	Hercules Wimbledon	02:40.5		G4		2					
3	29 James Lumley Smith	St Albans AC	02:40.8		G4		3					
4							4					
T33	U13 Boy's 1500m 'A'						U13 Boy's 1500m 'B'					
1	29 Oliver Poulian	St Albans AC	05:23.6		G4		1	30 Ben Brewer	St Albans AC	06:15.8		
2	27 Oliver Woodhouse	Southend on Sea AC	05:59.1				2					
3							3					
4							4					
T17	U13 Boy's 75m Hurdles 'A'			<i>Wind=</i>			U13 Boy's 75m Hurdles 'B'			<i>Wind=</i>		
1	11 -	Hercules Wimbledon	15.8		G4		1	30 Toby Sweeney	St Albans AC	16.0	G4	
2	29 Frankie Smith	St Albans AC	16.5				2					
3	27 George Cassidy	Southend on Sea AC	17.3				3					
4							4					
F14	U13 Boy's Shot Putt (3.25k) 'A'						U13 Boy's Shot Putt (3.25k) 'B'					
1	29 Sasoon Moskofain	St Albans AC	7.72		G3		1	30 Ben Brewer	St Albans AC	6.30	G4	
2	27 George Cassidy	Southend on Sea AC	7.70		G3		2	28 Jake Inwood	Southend on Sea AC	4.27		
3	19 Louis Duprez	Invicta East Kent AC	3.66				3					
4							4					
F24	U13 Boy's Long Jump 'A'						U13 Boy's Long Jump 'B'					
1	30 Ben Blight	St Albans AC	4.34		G3		1	29 Jack Smith	St Albans AC	4.00	G4	
2	19 Jack Balsdon	Invicta East Kent AC	4.29		G3		2	27 Oliver Woodhouse	Southend on Sea AC	3.27		
3	28 Jake Inwood	Southend on Sea AC	3.75		G4		3	12 Charlie Willams	Hercules Wimbledon	2.90		
4	11 Jonathan Dench	Hercules Wimbledon	3.72				4					
F6	U13 Boy's High Jump 'A'				MR		U13 Boy's High Jump 'B'				MR	
1	29 Frankie Smith	St Albans AC	1.27		G4		1	30 Oliver Poulian	St Albans AC	1.20	G4	
2	27 George Cassidy	Southend on Sea AC	1.20		G4							

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T31 U17 Women's 100m 'A'				<i>Wind=</i>				U17 Women's 100m 'B'				<i>Wind=</i>	
1	29	Ayesha Connaughton	St Albans AC	13.6				1	30	Alice Bushall	St Albans AC	13.9	
2	11	Jennifer Fernando	Hercules Wimbledon	14.9				2	20	Emmaline Rendell	Invicta East Kent AC	14.7	
3	19	Katie Bowell	Invicta East Kent AC	16.0				3	12	Coroline Hicks	Hercules Wimbledon	15.0	
4								4					
T7 U17 Women's 200m 'A'				<i>Wind=</i>				U17 Women's 200m 'B'				<i>Wind=</i>	
1	29	Molly Cutler	St Albans AC	27.8				1	30	Ayesha Connaughton	St Albans AC	27.9	
2	19	Katie Bowell	Invicta East Kent AC	33.1				2					
3								3					
4								4					
T26 U17 Women's 300m 'A'								U17 Women's 300m 'B'					
1	29	Molly Cutler	St Albans AC	45.7		G4		1	30	Corinna Ng	St Albans AC	48.8	
2	11	Jennifer Fernando	Hercules Wimbledon	46.7				2	12	Rosemary Fernando	Hercules Wimbledon	48.9	
3								3					
4								4					
T13 U17 Women's 800m 'A'								U17 Women's 800m 'B'					
1	11	Jennifer Fernando	Hercules Wimbledon	02:28.7		G4		1	12	Coroline Hicks	Hercules Wimbledon	02:45.5	
2	19	Amy Hill-Turner	Invicta East Kent AC	02:43.9				2	20	Danica Rendell	Invicta East Kent AC	03:08.8	
3	27	Hannah Inwood	Southend on Sea AC	03:21.7				3					
4								4					
T36 U17 Women's 1500m 'A'								U17 Women's 1500m 'B'					
1	11	Rosemary Fernando	Hercules Wimbledon	05:21.7				1	28	Danielle Hurley	Southend on Sea AC	07:08.0	
2	27	Hannah Inwood	Southend on Sea AC	05:22.8				2					
3	19	Amy Hill-Turner	Invicta East Kent AC	05:36.6				3					
4								4					
T19 U17 Women's 3000m 'A'								U17 Women's 3000m 'B'					
1	27	Danielle Hurley	Southend on Sea AC	11:18.6		G4		1					
2								2					
3								3					
4								4					
T20 U17 Women's 80m Hurdles 'A'				<i>Wind=</i>				U17 Women's 80m Hurdles 'B'				<i>Wind=</i>	
1	29	Corinna Ng	St Albans AC	16.9				1					
2								2					
3								3					
4								4					
T1 U17 Women's 300m Hurdles 'A'								U17 Women's 300m Hurdles 'B'					
1	96	No Competitors Declared						1					
2								2					
3								3					
4								4					
F3 U17 Women's Hammer (4k) 'A'								U17 Women's Hammer (4k) 'B'				=M	
1	96	No Competitors Declared						1					
2								2					
3								3					
4								4					
F20 U17 Women's Discus (1.0k) 'A'								U17 Women's Discus (1.0k) 'B'					
1	19	Charlotte Burnett	Invicta East Kent AC	14.98				1					
2	27	Hannah Inwood	Southend on Sea AC	13.19				2					
3	29	Corinna Ng	St Albans AC	11.64				3					
4								4					

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F30 U17 Women's Shot Putt (4k) 'A'

1	19 Amy Hill-Turner	Invicta East Kent AC	6.11	
2	27 Jordon Coker	Southend on Sea AC	5.53	
3				
4				

U17 Women's Shot Putt (4k) 'B'

1	20 -	Invicta East Kent AC	5.22	
2				
3				
4				

F25 U17 Women's Javelin (600g) 'A'

1	19 Charlotte Burnett	Invicta East Kent AC	14.40	
2	29 Gemma Davis	St Albans AC	11.87	
3	11 Rosemary Fernando	Hercules Wimbledon	11.03	
4	27 Jordon Coker	Southend on Sea AC	7.72	

U17 Women's Javelin (600g) 'B'

1	30 Meghan Chapple	St Albans AC	10.18	
2				
3				
4				

F5 U17 Women's Long Jump 'A'

1	29 Martha Jones	St Albans AC	4.50	G4
2	11 Coroline Hicks	Hercules Wimbledon	4.09	
3				
4				

U17 Women's Long Jump 'B'

1	30 Alice Bushall	St Albans AC	4.46	G4
2				
3				
4				

F34 U17 Women's Triple Jump 'A'

1	29 Ayesha Connaughton	St Albans AC	9.73	G4*
2				
3				
4				

U17 Women's Triple Jump 'B'

1				
2				
3				
4				

F18 U17 Women's High Jump 'A'

1	29 Gemma Davis	St Albans AC	1.50	G4
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U17 Women's High Jump 'B'

F11 U17 Women's Pole Vault 'A'

1	19 Emmaline Rendell	Invicta East Kent AC	2.80	G3*
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U17 Women's Pole Vault 'B'

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T29 U15 Girls' 100m 'A'			<i>Wind=</i>				U15 Girls' 100m 'B'			<i>Wind=</i>	
1	29	Abigail Holman	St Albans AC	13.9		G4	1	30	Rachael Evans	St Albans AC	14.4
2	19	Molly Ratenbury	Invicta East Kent AC	14.3			2	28	Lucy Moore	Southend on Sea AC	14.7
3	27	Leanne McCrory	Southend on Sea AC	14.3			3	20	Charlotte Griffen	Invicta East Kent AC	15.0
4							4				
T5 U15 Girls' 200m 'A'			<i>Wind=</i>				U15 Girls' 200m 'B'			<i>Wind=</i>	
1	29	Abigail Holman	St Albans AC	28.1		G4	1	20	Molly Ratenbury	Invicta East Kent AC	29.0
2	27	Sian McCrory	Southend on Sea AC	29.2			2	28	Leanne McCrory	Southend on Sea AC	29.3
3	19	Charlotte Griffen	Invicta East Kent AC	30.1			3	30	Rachael Evans	St Albans AC	29.4
4	11	Jade Brooks	Hercules Wimbledon	30.9			4				
T11 U15 Girls' 800m 'A'							U15 Girls' 800m 'B'				
1	19	Rebecca Weston	Invicta East Kent AC	02:21.6		G2*	1	30	Daisy Yeomans	St Albans AC	02:35.8 G4
2	29	Abbie Smith	St Albans AC	02:33.8		G4	2	20	Charlotte Feasey	Invicta East Kent AC	02:44.4
3	27	Natalie Woodhouse	Southend on Sea AC	02:38.0		G4	3	28	Bianca Ashbrook	Southend on Sea AC	02:56.5
4	11	Jade Brooks	Hercules Wimbledon	02:56.9			4				
T34 U15 Girls' 1500m 'A'							U15 Girls' 1500m 'B'				
1	19	Emily Hosker	Invicta East Kent AC	04:59.2		G2*	1	20	Bethany Burnett	Invicta East Kent AC	05:43.8
2	29	Laura Farrah	St Albans AC	05:17.2		G4	2	30	Emily Huxley	St Albans AC	06:01.5
3	27	Holly Gillard	Southend on Sea AC	05:51.5			3				
4							4				
T18 U15 Girls' 75m Hurdles 'A'			<i>Wind=</i>				U15 Girls' 75m Hurdles 'B'			<i>Wind=</i>	
1	27	Georgia Atkins	Southend on Sea AC	12.4		G2*	1	28	-	Southend on Sea AC	13.5 G4
2	19	Hannah Ridge	Invicta East Kent AC	13.6		G4	2	20	Faye Gilman	Invicta East Kent AC	14.8
3	29	Rhianon Chapman	St Albans AC	14.0		G4	3	30	Ailis Tulley	St Albans AC	15.3
4							4				
F4 U15 Girls' Long Jump 'A'							U15 Girls' Long Jump 'B'				
1	29	Abigail Holman	St Albans AC	5.04		G2*	1	30	Rhianon Chapman	St Albans AC	4.10
2	27	Georgia Atkins	Southend on Sea AC	5.03		G2*	2	28	Hannah Collard	Southend on Sea AC	3.91
3	20	Grace Balsdon	Invicta East Kent AC	3.81			3				
4							4				
F17 U15 Girls' High Jump 'A'							U15 Girls' High Jump 'B'				
1	19	Hannah Ridge	Invicta East Kent AC	1.25			1=	20	Faye Gilman	Invicta East Kent AC	1.20
2	29	Amelia Sweeny	St Albans AC	1.25			1=	30	Alice Marshall	St Albans AC	1.20
3	27	Natalie Woodhouse	Southend on Sea AC	1.20							
F19 U15 Girls' Discus (1.0k) 'A'							U15 Girls' Discus (1.0k) 'B'				
1	27	Chelsea Coker	Southend on Sea AC	23.44		G2*	1	30	Emily Huxley	St Albans AC	15.90 G4
2	19	Grace Balsdon	Invicta East Kent AC	19.24		G3	2	20	Rebecca Weston	Invicta East Kent AC	13.12
3	29	Laura Whickham	St Albans AC	17.09		G4	3	28	Hannah Collard	Southend on Sea AC	11.50
4							4				
F26 U15 Girls' Javelin (600g) 'A'							U15 Girls' Javelin (600g) 'B'				
1	19	Hannah Ridge	Invicta East Kent AC	20.69		G3	1	29	Laura Whickham	St Albans AC	15.49
2	30	Alix Smith	St Albans AC	18.01		G4	2	28	Bianca Ashbrook	Southend on Sea AC	7.81
3	27	Chelsea Coker	Southend on Sea AC	16.71		G4	3				
4	11	Jade Brooks	Hercules Wimbledon	9.40			4				
F29 U15 Girls' Shot Putt (3.25k) 'A'							U15 Girls' Shot Putt (3.25k) 'B'				
1	27	Chelsea Coker	Southend on Sea AC	10.12		G2*	1	30	Alex Rukin	St Albans AC	6.10
2	19	Grace Balsdon	Invicta East Kent AC	9.02		G3*	2	20	Charlotte Feasey	Invicta East Kent AC	5.04
3	29	Alix Smith	St Albans AC	6.83			3				
4							4				

* = AW Standards

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Southern 1 East Westminster Lodge

			Perf	Wind	Records	Grades				Perf	Grades	
							Sunday, May 06 2007					
T27 U13 Girls' 75m 'A'			<i>Wind=</i>				U13 Girls' 75m 'B'			<i>Wind=</i>		
1	29	Stephanie Rukin	St Albans AC	10.9	G3*	1	30	Anshula Bain	St Albans AC	11.1	G4*	
2	27	Suzanne Maynard	Southend on Sea AC	11.4	G4	2	20	Saskia Barnard	Invicta East Kent AC	12.1		
3	19	Annabel Carter	Invicta East Kent AC	11.5	G4	3	28	Olivia Moore	Southend on Sea AC	12.6		
4						4						
T3 U13 Girls' 150m 'A'			<i>Wind=</i>				U13 Girls' 150m 'B'			<i>Wind=</i>		
1	29	Rhianna Parke	St Albans AC	21.7	G3*	1	30	Rowen Seglah	St Albans AC	23.0	G4	
2	27	Suzanne Maynard	Southend on Sea AC	22.2	G4	2	28	Olivia Moore	Southend on Sea AC	23.4		
3	11	Eleanor Smith-Hahn	Hercules Wimbledon	22.4	G4	3						
4	19	Natasha Rendell	Invicta East Kent AC	25.5		4						
T9 U13 Girls' 800m 'A'							U13 Girls' 800m 'B'					
1	19	Annabel Carter	Invicta East Kent AC	02:42.4	G4	1	30	Lauren Dee	St Albans AC	02:48.1	G4	
2	29	Meghan Steer	St Albans AC	02:46.2	G4	2						
3	27	Kerry McCrory	Southend on Sea AC	03:17.4		3						
4						4						
T22 U13 Girls' 1200m 'A'							U13 Girls' 1200m 'B'					
1	11	Eleanor Smith-Hahn	Hercules Wimbledon	04:22.7	G4	1	30	Sabina Messent	St Albans AC	04:44.1		
2	19	Saskia Barnard	Invicta East Kent AC	04:27.6	G4	2						
3	27	Jordan Lacey	Southend on Sea AC	04:30.9	G4	3						
4	29	Anna Mackenzie	St Albans AC	04:42.8		4						
T15 U13 Girls' 70m Hurdles 'A'			<i>Wind=</i>				U13 Girls' 70m Hurdles 'B'			<i>Wind=</i>		
1	29	Stephanie Rukin	St Albans AC	12.8	G2*	1	30	Hannah Hull	St Albans AC	16.0		
2	19	Anna Alvarez	Invicta East Kent AC	12.9	G3*	2						
3						3						
4						4						
F7 U13 Girls' High Jump 'A'							U13 Girls' High Jump 'B'					
1	29	Sinead Reading	St Albans AC	1.25	G3	1	30	Anna Mackenzie	St Albans AC	1.15		
2	11	Eleanor Smith-Hahn	Hercules Wimbledon	1.05								
F23 U13 Girls' Long Jump 'A'							U13 Girls' Long Jump 'B'					
1	30	Stephanie Rukin	St Albans AC	4.06	G3	1	29	Rhianna Parke	St Albans AC	4.06	G3	
2	19	Anna Alvarez	Invicta East Kent AC	3.67	G4	2	20	Natasha Rendell	Invicta East Kent AC	2.67		
3	28	-	Southend on Sea AC	2.71		3						
4						4						
F13 U13 Girls' Shot Putt (2.72k) 'A'							U13 Girls' Shot Putt (2.72k) 'B'					
1	19	Anna Alvarez	Invicta East Kent AC	7.23	G3	1	20	Annabel Carter	Invicta East Kent AC	5.42		
2	29	Hannah Hull	St Albans AC	5.38		2	30	Rowen Seglah	St Albans AC	4.92		
3	28	Emma Bennett	Southend on Sea AC	3.78		3	27	Jordan Lacey	Southend on Sea AC	2.74		
4						4						

*= AW Standards