

## JUNIOR CLUB CHAMPIONSHIPS 2008

Will be held at Westminster Lodge from 6.30 -7.30 on the following Thursdays.

### Events will include:

600 Metres  
Long Jump  
80 Metre Sprint  
Shot  
55 Metre Hurdles  
Javelin Ball

**24<sup>th</sup> July**

**600 metres  
Long Jump**

**31<sup>st</sup> July**

**80 metres  
Shot**

**7<sup>th</sup> August**

**55 metre  
Hurdles  
Javelin Ball**

**14<sup>th</sup> August**

**600 metres  
Long Jump**

**21<sup>st</sup> August**

**80 metres  
Shot**

**28<sup>th</sup> August**

**55 metres  
Javelin Bar**

**ALL MEMBERS WELCOME**