

2009 - Track & Field Season - Fixture List

League / Event	Dates / Venues
<u>National Young Athletes League</u> (Boys & Girls U13, U15 & U17)	3rd May (St Albans) 17th May (Epsom) 31st May (Welwyn-Gosling) 21st June (St Albans) 19th July (Bexley)
<u>Eastern Young Athletes League</u> (Boys & Girls U13, U15 & U17)	19 th April (St Albans) 7 th June (Hemel Hempstead) 28 th June (Sandy) 12 th July (Bedford) 16 th August (Cambridge) 13 th September (Finals)-Qualification & Venue tbc
<u>National Junior League (with Team NWC Herts)</u> (Men & Women under 20)	26 th April (Reading) 24 th May (Milton Keynes) 14 th June (Watford) 26 th July (High Wycombe) 13 th September (Final)-Qualification & Venue tbc
<u>Southern Men's League (with Watford)</u> (Men over 17)	2 nd May (Havering) 16 th May (Lee Valley) 6 th June (Sandy) 11 th July (Watford) 2 nd August (Ipswich)
<u>Other Events</u>	
St Albans District Schools Champs	6 th May (St Albans) - U20s 18 th June (Watford) - Yrs 7 - 10
Hertfordshire AAA County Champs	4 th May (Stevenage) - 1500m, Relays & Vets 10 th May (Watford) - Track & Field except above
South of England U15/U17 Champs	23 rd / 24 th May (Ashford)
Hertfordshire County U13 Challenge	10 th June (Watford)
Hertfordshire County Schools Champs	13 th June (Watford)
South of England U20/Senior Champs	20 th / 21 st June (Watford)
AAA U20/U23 Champs	27 th / 28 th June (Bedford)
British Masters – Track & Field Champs	4 th & 5 th July (Birmingham)
English Schools Champs	10 th / 11th July (Sheffield)
AAA U15/U17 Champs	8 th / 9 th August (Bedford)
Club Champs	Juniors & Seniors – 20th September (Hemel) Colts – 4 th October (St Albans)
Watford Open Graded Meetings	6 th May – 23 rd September (fortnightly @ Watford)

Team selections for league matches will be posted on the club website a week in advance of fixture.

Fixture venues may change, check the club website for alterations and transport arrangements

Costs: Away matches £5.00 (coach transport and match fee). Home matches £1.50 (match fee).

League rules require competing athletes to be fully paid up club members and to wear a club vest whilst competing. For further information logon to the club website @ www.stalbans-athletics.org.uk